

ಸಂತ ಅಲೋಶಿಯಸ್ ಕಾಲೇಜು (ಸ್ವಾಯತ್ತ)

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ST ALOYSIUS COLLEGE (AUTONOMOUS)

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Re-accredited by NAAC with 'A' Grade with CGPA 3.67/4
Recognised by UGC as "College with Potential for Excellence"
Conferred "College with "STAR STATUS" by DBT, Government of India.
Centre for Research Capacity Building under UGC-STRIDE

REPORT OF SAHAAYA

St Aloysius College boasts a comprehensive array of extension programs, including Sahaaya for undergraduate students, Rural Immersion for postgraduate students and Community Programmes in Adopted Villages under the UBA project, and Professional Listening (Counselling) services for students, staff, and parents. At the heart of our extension efforts are two pivotal centres – the Centre for Social Concern and Centre for Environmental Concern – each orchestrating a spectrum of programs within the college premises and beyond. Simultaneously, the Department of Counselling, staffed with six dedicated counsellors, attends to the psychological and emotional needs of students across the various blocks of the college

SAHAAYA Exposure Activities are conducted through 4 Concerns that is Centre for Social Concern, Centre for Environment Concern, Centre for Cultural Concern and Centre for Civic Concern and they are as follows: A. Activities conducted by Centre for Social Concern:

1. On 5th August 2023, 52 students of Commerce Association Participated in "Input Session on Larve Destruction" at St Aloysius College, Mangaluru.
2. On 6th August 2023, 52 students of Commerce Association Participated in Larve Destruction and Campus Cleaning at St Aloysius College, Mangaluru.
3. On 13th August 2023, 52 students of Hindi Sangha, Wikipedia Association and Kannada Sangha Participated in SAC Campus Cleaning.
4. On 15th August 2023, 53 students of AL-LURE Association Visited and worked at Snehalaya Psycho Social Rehabilitation Centre, Manjeshwara.
5. On 15th August 2023, 41 students of AL-LURE Association visited and worked at Prashanth Nivas, Jeppu.
6. On 20th August 2023, 12 students of Hopkins Literary Club Visited Riya Foundation, Kulshekar and Participated in SAC Campus Cleaning.

7. On 3rd September 2023, 63 students of Tulu Koota visited Pilikula Heritage Village and Work at Botanical Garden,Vamanjoor.
8. On 28th September 2023, 87 students of Konkani Sangha visited Care and Support Centre Snehasadan and Jeevadhan,Gurupura.
9. On 02nd October 2023, 37 students of Management Association Visited “DE MERCEDE”Orphanage,Paneer
10. On 02nd October 2023, 47 students of Management Association Visited Bejai Kapikad Government Residential School.
11. On 18th February 2024, 54 Students of Rotaract Club Visited Snehalaya Psycho Socio Rehabilitation Centre,Manjeshwara.
12. On 18th February 2024, 54 Students of Rotaract Club Visited ST.Antony Poor Home,Jeppu.
13. SAHAAYA Intellectual Activity – “Hang On” Drama – Suicide Prevention and Analysis on 26th, 27th February and 02nd March 2024. Around 720 First year UG students Participated in this activity. In Association with Ranga Adhyayana Kendra, the Drama was put up for the Students.
14. On 25th February 2024, 126 Students of Management and Potencia Club Visited Seon Ashram,Ujire.
15. On 03rd March 2024, 83 Students of Commerce Association Visited ST.Antony Poor Home,Jeppu.
16. On 08th March 2024, 103 Students of Konkani Association Visited Seon Ashram,Ujire.
17. On 10th March 2024, 52 Students of AL-LURE Association Visited Snehalaya Psycho Socio Rehabilitation Centre,Manjeshwara.
18. On 10th March 2024, 56 Students of AL-LURE Association Visited Sri SaiNikethan,Daigo li,Manjeshwara.
19. On 10th March 2024, 89 Students of TULU KOOTA Visited and Worked at Farm House,Gurupura.
20. On 17th March 2024, 53 Students of HINDI Association Visited Bharath Sevashram,Kanyana

B. Activities conducted by Centre for Environment Concern

1. On 13th August 2023, 25 students of Ecology Club Participated in Plantation and Awareness on Snakes at Didupe.
2. On 02nd September 2023, 38 students of, Bio Science, Ecology Club and Nature Club participated in Campus Cleaning.
3. On 3rd September 2023, 63 students of Quiz Association Visited and Worked at Anjali Farm on Organic Farming.
4. On 9th September 2023, 75 students of Computer Animation and IT Club Participated in Placcard making on Suicide Prevention at SAC Campus. 5. On 10th September 2023, 75 students of Computer Animation and IT Club Participated in Walkathon on Occasion of World Suicide Prevention Day in Town Hall,Mangaluru

6. On 10th September 2023, 48 students of Astro and Electronics Club Participated in Plantation,Clean up and Awareness on Shola Forest at Kantavara Reserve Forest Moodbidre
7. On 10th September 2023, 39 students of Harmony Association and Humanities Association Visited and Worked at Paper seed, Pakshikere.
8. On 13th September 2023, 25 students of Ecology, Nature club Participated in Book Making at SAC Campus.
9. On 16th September 2023, 51 students of Ecology, Nature club Worked at Vermi Compost Unit SAC Campus.
10. On 17th September 2023, 04 students of Ecology Club Participated in Beach Cleaning at Tannirbavi and Adyar Hills Clean up.
11. On 24th September 2023, 46 students of different association under CEC took part in Plantation and Clean up at Kantava Reserve Forest Moodbidre.
12. On 24th September 2023, 108 students Visited and Worked at Pilikula Botanical Garden and Heritage Village,Vamanjoor.
13. On 28th September 2023, 26 students of different association under CEC took part in SAC Campus Cleaning.
14. From 26th September to 6th October 2023,30 Students of different association under CEC Worked in Wermi Compost Unit , SAC Campus.
15. On 14th October 2023, 42 students of different association under CEC Worked in Kantava Reserve Forest Moodbidre.
16. On 26th January 2024, 15 students Participated in Bagging and Manuaring the Saplings at Karkala.
17. On 02nd February 2024 organized Radio Sarang Programme on “HEJJE” Collection of Old and Unused Footwear.
18. From 1stFebruary to 31st March 2024 organized “HEJJE” collection of old and unused footwear.
19. On 17th February 2024, 25 students visited Paschim Rehab Centre,Ullal.
20. On 18th February 2024, 38 students participated in watering the plants at pacchanady and visited link de-addiction centre at bajal.
21. On 18th February 2024, 35 students participated in watering the plants and awareness on environment conservation at Kantavara, Moodbedri.
22. On 24th February 2024, 26 students visited and worked at Government forest nursery Padil.
23. On 25th February 2024, 40 students participated in River clean up,check dam cleaning and awareness onenvironment conservation at Karkala.
24. On 25th February 2024, 40 students participated in watering the plants and awareness on environment conservation at Kantavara, Moodbedri.
25. SAHAAYA Intellectual Activity – “Hang On” Drama – Suicide Prevention and Analysis on 26th, 27th February and 02nd March 2024. Around 720 First year UG students Participated in this activity. In Association with Ranga Adhyayana Kendra, the Drama was put up for the Students

26. On 03rd March 2024, 40 students participated in Narahari hills clean up, awareness on snakes and visit to Government forest nursery Shamboor.

27. On 08th March 2024, 40 students attended awareness session on substance abuse at Centre for Health and Development and Household survey of food habits of Mangloreans at Bajal.

28. On 09th March 2024, 38 students attended awareness session on substance abuse and Road Safety at Centre for Health and Development at Bajal.

29. On 10th March 2024, 38 students visited Alvas Punarjanma De-addiction centre at Moodbidre and participated in "HEJJE" footwear segregation in SAU Campus.

30. On 16th March 2024, 36 students were involved in SAU campus cleaning.

31. On 16th March 2024, 39 students visited Link De-addiction centre at Bajal.

32. On 17th March 2024, 39 students visited Paschim Rehabilitation centre, Ullal and "HEJJE" footwear segregation in SAU Campus.

33. On 23rd March 2024, 40 students visited and worked at Government forest nursery Padil.

34. On 24th March 2024, 40 students involved in "HEJJE" footwear segregation in SAU Campus.

C. Activities conducted by Centre for Cultural Concern (CCC 1)

1. On 5th August 2023, 50 students of Commerce Association Participated in "Input Session on Larve Destruction" at St Aloysius College, Mangaluru

2. On 6th August 2023, 46 students of Commerce Association Participated in Larve Destruction and Campus Cleaning at St Aloysius College, Mangaluru.

3. On 6th August 2023, 46 students of Dance Association visited and Worked at "DE MERCED E" Orphanage, Paneer.

4. On 6th August 2023, 37 students of Dance Association visited and Worked at Bejai Kapikad Government Residential School.

5. On 12th August 2023, 50 students of AL Fine Arts were Involved in Painting at Al Schema Dhama, SAC Campus

6. On 20th August 2023, 63 students of students of Al Care Association and CLC visited and worked at St Antony Ashram Jeppu.

7. On 2nd September 2023, 42 students of AL Fine Arts were Involved in Painting at Al Schema Dhama, SAC Campus.

8. On 3rd September 2023, 20 students of Dramatics Association Visited and Worked at Pilikula Heritage Village and Work at Botanical Garden, Vamanjoor.

9. On 9th September 2023, 11 students of Heritage Club Participated in Placard making on Suicide Prevention at SAC Campus.

10. On 10th September 2023, 11 students of Heritage Club Participated in Walkathon on Occasion of World Suicide Prevention Day in Town Hall, Mangaluru.

11. On 17th September 2023, 39 students of Al- Madhyam Association and Dramatics association participated in SAC Campus Cleaning .

12. On 2nd October 2023, 40 students of Heritage Club visited and worked at Prashanth Nivas, Jeppu.
13. . On 14th October 2023, 45 students of Forum the Speakers Club and Heritage Club visited and worked at “DE MERCEDE”Orphanage,Paneer.
14. On 17th February 2024, 15 students of AL-FINE Arts were involved in Painting in Al-Vana.
15. On 18th February 2024, 16 students of AL-FINE Arts were involved in Painting in Al-Vana.
16. On 18th February 2024, 39 students of Music Association visited and worked at “DE MERCE DE”Orphanage,Paneer.
17. On 24th February 2024, 14 students of AL-FINE Arts were involved in Painting in Al-Vana.
18. On 25th February 2024, 106 students of Dance Association visited and worked at St Antony Poor Home,Jeppu.
19. SAHAAYA Intellectual Activity – “Hang On” Drama – Suicide Prevention and Analysis on 26th, 27th February and 02nd March 2024. Around 720 First year UG students Participated in this activity. In Association with Ranga Adhyayana Kendra, the Drama was put up for the Students
20. On 03rd March 2024, 14 students of AL-FINE Arts were involved in Painting in Al-Vana.
21. On 09th March 2024, 25 students of Al-Care,World Youth Parliament and Human Rights Association were involved in SAU Campus Cleaning.
22. On 10th March 2024, 26 students of Forum the Speakers Club and Human Rights Association visited and worked at St Antony Poor Home, Jeppu.
23. On 16th March 2024, 25 students of Al-Care,World Youth Parliament and Human Rights Association were involved in SAU Campus Cleaning.
24. On 17th March 2024, 36 students of Al-Care Association visited and worked at Bharath Sevashrama,Kanyana

D. Activities conducted by Centre for Civic Concern (CCC 2)

1. On 21st June 2023, 50 students of NCC Navy Association Participated in “Yoga Awareness Programme” at St Aloysius (Deemed to be University), Mangalore.
2. On 8th July 2023, 47 students of NCC Navy Association Participated in “International Plastic Free Day” at St Aloysius (Deemed to be University), Mangalore.
3. On 16th July 2023, 24 students of NSS Association Participated in “Animal Husbandary Programme” at St Aloysius (Deemed to be University), Mangalore.
4. 1st to 5thAugust 2023, 27 students of NSSAssociation Participated in “Harvesting Knowledge” at Krishi Vigyana Kendra, Mangaluru.
5. On 14th August 2023, 50 students of NCC Navy Association Participated in “Blood Donation Camp” at St Aloysius (Deemed to be University), Mangalore.
6. On 15th August 2023, 50 students of NCC Air Wing Association Participated in “Swatch Bharath” at St Aloysius (Deemed to be University), Mangalore.
7. On 18th August 2023, 33 students of NSS Association Participated in “Blood Donation Camp” at Tagore Park, Mangalore.

8. On 20th August 2023, 58 students of NSS Association Participated in "Cleaning Drive" at Chinnara Thangudhana, Mangalore.
9. On 25th August 2023, 20 students of Human Rights Association Participated in "Awareness on Traffic" at St Aloysius (Deemed to be University), Mangalore.
10. On 2nd September 2023, 100 students of NSS Association Participated in "Cleaning Drive" at Government School, Kuthur.
11. On 8th September 2023, 100 students of NSS Association Participated in "International Literacy Day" at Government School, Kuthur.
12. On 16th September 2023, 100 students of NSS Association Participated in "Beach Cleaning" at Tannirbhavi, Mangalore.
13. On 17th September 2023, 55 students of NCC Air Wing Association Participated in "Cleaning Drive" at Tannirbhavi, Mangalore.
14. On 24th September 2023, 80 students of NSS Association Participated in "Beach Cleaning Drive" at Tannirbhavi Beach, Mangalore.
15. On 24th September 2023, 22 students of Sports Association Participated in "Alvana Visit" at St Aloysius (Deemed to be University), Mangalore.
16. On 29th September 2023, 20 students of Human Rights Association Participated in "Issues and Challenges of Immigrants" at St Aloysius (Deemed to be University), Mangalore.
17. On 30th September 2023, 70 students of NSS Association Participated in "Animal Breeding Drive" at Animal Care Trust, Shakthinagar.
18. On 30th September 2023, students of NSS Association Participated in "Bamboo Awareness Programme" at St Aloysius (Deemed to be University), Mangalore.
19. On 13th October 2023, 40 students of Human Rights Association Participated in "Awareness on Gender Issues" at St Aloysius (Deemed to be University), Mangalore.
20. On 19th October 2023, 61 students of NSS Association Participated in "Orphanage Visit" at St Anthonys Ashram, Mangalore.
21. On 19th November 2023, 50 students of NCC Navy Association Participated in "Orphanage Visit" at St Anthony Ashram, Mangalore.
22. On 24th November 2023, 50 students of NCC Air Wing Association Participated in "Tree Plantation Drive".
23. On 6th January 2024, 50 students of NCC Navy Association Participated in "Anti-Drug Campaign" at St Aloysius (Deemed to be University), Mangalore.
24. On 9th January 2024, 100 students of SAHODAYA Association Participated in "Awareness on Sign Language" at St Aloysius (Deemed to be University), Mangalore.
25. On 11th January 2024, 89 students of NSS Association Participated in "Road Safety Programme" at St Aloysius (Deemed to be University), Mangalore.
26. On 13th January 2024, 32 students of NSS Association Participated in "National Youth Day" at Mangalore City Corporation, Mangalore.

27. On 17th January 2024, 45 students of SAHODAYA Association Participated in "Orphanage Visit" at Olavina Halli Old Age Home.

28. On 24th January 2024, 25 students of NCC Army Association Participated in "Blood Donation Camp" at St Aloysius (Deemed to be University), Mangalore.

29. On 16th February 2024, 10 students of NSS Association Participated in "Stem Cell Donation Campaign" at St Aloysius (Deemed to be University), Mangalore.

30. On 1st March 2024, 180 students of NSS Association Participated in "Awareness programme on AIDS" at St Aloysius (Deemed to be University), Mangalore.

31. On 3rd March 2024, 12 students of NSS Association Participated in "Pulse Polio Drope Drive" at various malls of Mangalore

REPORT OF COMMUNITY RADIO SARANG

RADIO SARANG 107.8 FM • Radio Sarang, the only community radio station in Mangalore City, commenced broadcasting from SAC in 2009. • It operates with a team of eight staff members including a director. • Throughout the academic year 2023-24, Radio Sarang maintained its diverse broadcasting programs and outreach activities in four languages: Kannada, Tulu, Konkani, and Beary.

Programs Undertaken and Aired: • In September 2022, Radio Sarang initiated the 'Say No to Violence' project in collaboration with NGO SMART and supported by USAID & MOMENTUM, aimed at raising awareness about violence against women. The project continued until June 2023, marking Radio Sarang as the sole community radio in South India awarded this project. • It regularly hosted expert speakers to enrich dialogue and foster greater community awareness. • 'Factshala,' aimed at combating the spread of fake news, facilitated informative discussions by inviting expert speakers, enhancing dialogue and deepening community awareness on the issue. • Radio Sarang received recognition from the Ministry of Ayush, Government of India. • The project "International Yoga Day 2023" was initiated to promote yoga practices among local communities through Common Yoga. • Radio Sarang actively participated in broadcasting the Ministry of Culture campaign, supported by the Community Radio Association (CRA). The campaign titled "Har Ghar Tiranga" and "Meri Mati Mera Desh" featured radio episodes

Flagship Programs: • "Hallo Wenlock," a weekly interaction with a doctor from Wenlock District Hospital, has completed 175 episodes, engaging listeners in discussions on various health issues. • "Kala Sarang," a fortnightly series launched in 2023, features presentations by literature and cultural practitioners, including bi-weekly dialogues with Bhaskar Rai Kukkuvali, the radio program adviser, and special segments showcasing interviews with distinguished artists, retired chancellors, literature experts, educationists, and theatre designers. • "Sutta Mutta," a bi-weekly series started in 2022, has aired 50 episodes highlighting individuals or organizations making unique contributions to society, focusing on showcasing talent and exemplary service, and gaining a substantial and loyal listenership. • "Genada Nade," a feature program anchored by Dr. Ganesh Amin, aired series of programs emphasizing Tulu culture and local cultures of Dakshina Kannada during the year.

Distinguished Guests Who Visited Radio Sarang in 2023-24: • Mr. U T Khadar, Speaker of the Karnataka Legislative Assembly and Member of the Legislative Assembly representing Mangalore, visited Radio Sarang on July 31, 2023. • Capt. Brijesh Chauta, Ex-serviceman from the Indian Army and chairman of the Mangaluru Kambala Committee, interacted on Radio Sarang in the Radio Sanje

program hosted by Mr. Abhishek Shetty on December 06, 2023. • Mr. Sunil Siddhi, a renowned Actor and Drama Artist, visited the studio and shared his experiences in acting in theater and films like "Asmitay" on August 26, 2023. • Mr. Dinesh Holla, an environmental activist, spoke on drought concerns of Dakshina Kannada in November 2023. • Mr. Tamma Lakshmana, Theatre Creative Head, spoke on challenges in theater on September 14, 2023. • Dr. Jacintha Dsouza, the regional Superintendent of District Wenlock Hospital, visited Radio Sarang on February 16, 2024, as the new facilitator of the flagship program "Hello Wenlock." • Mr. Manjuanth D Shetty Ira, an expert in Tulu Culture, spoke on Tulu language and culture on June 8, 2023.

LISTENING & LEARNING CENTER REPORT

The objective is to enhance the well-being and help people deal with issues in their lives by providing tools and insights through assessments, a space to disclose and therapy. Through counselling and therapy children, parents, adolescents, and adults have been helped to lead more fulfilling lives. The activities undertaken during the year are • Assessments • Aptitude testing and guidance for students of 10th and preuniversity • Teacher training in Behavior management, techniques to handle children with special • needs. • Parent education programs to enhance parenting skills and make the challenges of parenting easier and enjoyable. • Counselling and Psychotherapy • Practice lab for students: Prepared personality profiles, trained in storytelling and Puppetry, Basic skills training in counselling, Mini research projects to experience theory in action.