

Report

Workshop on Case History Taking

Date: November 2023

Organized by: The Department of Psychology

Resource Person: Nikita Rebello

Report:

Addressing the critical component of case history taking, the Department of Psychology recently held a Workshop on Case History Taking, as part of the academic programme. Seventy-three students attended the workshop in total and gained significant insights and knowledge.

The workshop featured a lecture by Ms. Nikita Rebello, a Research scholar, who skillfully navigated the intricate details of Case History Taking (NIMHANS FORMAT), covering clinical procedures, ethical considerations, and the systematic approach to be followed during this process. The speaker's lecture on the NIMHANS format for obtaining case histories covered various essential components such as Socio-Demographic Details, Informants Information, referral information, Presenting chief complaints, History of presenting illness, Negative history, Past history, family and personal history, Premorbid personality, and The Mental Status Examination. Throughout the session, Ms. Rebello effectively engaged the students with real-life examples drawn from her own experiences.

To summarize, the workshop successfully met its objectives by providing students with a thorough understanding of case history. This informative event not only enhanced our comprehension of Case History Taking but also underscored its significant role in the field.

