International Conference on Sustainable Business Practice



Department of Commerce in collaboration with KVC Academy and ISDC hosted the one-day International Conference on "Sustainable Business Practices: Issues, Challenges and Prospects" on March 19, 2024, at the Fr L.F. Rasquinha Hall.

Rev Fr. Dilan Perera S.J, Director, Jesuit Juniorate, Srilanka, was the keynote speaker. Mr R S Rajan, cofounder and director Livpure Pvt Ltd, CEO- Privi groups, Mumbai and CA Hastha Narayan (F.C.A) founder Hastha and co., Chartered Accountants, Mangalore shared their expertise in sustainability. The conference drew approximately 550 attendees from various universities and institutes. Mr Jeeth Milan Roche, remarkable environmentalist was the Chief guest and deliberated on sustainability to be practiced in the society. Dr Abubakker Siddiq, Professor Mangalore University was the guest of honour who mentioned the role of industries in sustainability. Ms Zeena Flavia Dsouza was the convenor and Ms. Shobha was the Co-convenor.

Guest Talk- UG Commerce

Department of Commerce organized a Guest Talk on Workplace and Social Etiquettes: Self Improvement

Training on March 22, 2024. The Speaker Dr Shilpi Saha, Academic and Research Co-ordinator, MSNIM, trained the students on self-improvement in different formal settings. The group in-



cluded 150 students from III B.com E and F batches. Ms. Dipti Padhi and Ms. Ashel Rebello coordinated the programme.

International Guest Talks

Department of Commerce and Business Administration in association with International Collaboration Cell orga-

nized an International Guest Talks on Social Media Marketing for Business and Entrepreneurship & Innovation on March 20, 2024 at 2:30 pm.

The Speaker Prof. Craig Leith, Principal Lecturer,

Robert Gordon University, enriched the participants on leveraging social media and social networking platforms for marketing. And Dr. Simon Fraser, Principal Lecturer in Entrepreneurship and International Engagement Lead, Robert Gordon University, provided his insights on the entrepreneurial opportunities and importance of innovation in entrepreneurship. About 200 students participated. Mr. Arjun Prakash and Mr. Ayush G Kottary coordinated the programme.

Guest talk on HR management

The Department of Commerce organised a guest talk on the topic Challenges and opportunities in HR on March 16, 2024 in Sanidhy Hall. The resource person was Ms. Haniya Rhea D'Souza, alumna, who is currently working as HR manager in one of the prominent Construction company UAE. Welcome note was given by Ms. Janvi

Student of III BCom.
The resource person
provided insights into
the role and significance of HR management in modern organizations, emphasizing its crucial function in driving organizational success. The



Guest talk concluded with vote of thanks by Mr Ayaz, III year B.com student. Nearly 71 students from III B.com were the participants for the guest Talk .Ms Poojari Nisha Gopal was the staff Coordinator for the guest talk organised.

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A guest talk on "Career opportunities for Finance students"

A guest talk was organized by the Department of Commerce on 27th February 2023 on the topic "Career opportunities for Finance students" at 10.00 am in AR 803. The resource persons are Mr Shashidhar Roy Senior Manager, London Stock Exchange Group And Mr Ganesh Prasad M Exchange Content Specialist, London Stock Exchange Group.



The session began with a welcome note by Ms Reona, student of II B.com B. The resource person explained how the different career opportunities are available which are not explored by many. How to plan for career opportunities was explained. 210 students from B.com second year and final year were the participants. The session ended with a vote of thanks by Ms Lineeta, student of II B.com. The convenor of the program were Mr Arjun, Ms Nisha and Ms sharol, Assistant Professors of department of Commerce.

Master Class on Digital Marketing

Department of Commerce and Business Administration in collaboration with International Collaboration cell organized II series of Master class on Digital Marketing -

Conducting a Social Media Audit of your Business on 21 February 2024.

The speaker Prof. Craig Leith, Principal Lecturer,





Robert Gordon University enriched the participants on the leveraging social media and networking platforms for marketing. About 60 participants were present. Mr Arjun Prakash and Mr Ayush Kottary coordinated the program.

Guest Talk - Fundamentals of HR Operations

A talk on Fundamentals of HR Operations and HR Analytics' was held on 31st of January 2024 at 2.30 p.m. in Eric Mathias hall by the Department of Commerce, 165 students of 1st year B.Com. participated in this talk. Mr G Vaman Prabhu, HR Professional was the Resources Person. Who focused on fundamentals of HR operations and Analytics. Mr Avinash N and Dr Paul D'Souza were the Convenor of the program.







A Guest lecture on the topic, 'Fundamentals of GST', was organised on 25th th November, 2023, by the Department of Commerce, at Eric Mathias Hall, attended by 120 Final year B.com students. CA Nireeksha N, the Resource Person, focused on basic concepts and terms in GST, GST rates applicable, framework of GST.

The Department of Commerce (Professional) organized a guest talk on "Gen Z's Financial Journey" on 20th October 2023, Eric Mathias Hall, attended by 200 students. Mr. Kishore



B.N, spoke about financial planning, retirement, investment avenues.

The Department of Commerce (Professional) organized a guest talk on "Being Effective Executive" on 17th October, 2023 at 11 AM in Eric Mathias Hall. The resource person of the



day was Fr. Vishwas Joy Misquith, SJ, Treasurer of MJES, spoke about time management, effectiveness, concentration, taking right decisions. Around 250 students were present for the talk. The programme was attended by Dr. Zeena D'Souza, Head of the Department, Ms. Daphney Sequeira (Convenor), Ms.Sanjana (Co-Convenor), Dr Swathi Bhat, Ms Vinita, Ms Joyce and Mr. Arjun Prakash.

A guest talk on "Own the Place You Stand" to enhance interpersonal skills was organized by Department of Commerce on 3 October 2023, Eric Mathias hall. Ms



Pooja Rao, Lecturer at Swastika National School, Zone trainer, JCI India addressed 150 students from BCom final year. Detailed Report of the Guest talk.

St Aloysius College (Autonomous), Mangaluru in association with Rajiv Gandhi National Institute of Intellectual Property Management (RGNIIPM), Government of India, Nagpur, Under National Intellectual Property Awareness Mission, Organised National Level Online Workshop on "Intellectual Property Rights (IPR) & Patents and Designs filing" on October 3rd 2023, through hybrid Mode at 11:00 p.m. About 240 participants took part in this workshop. Dr Bharat N Suryawanshi, Assistant, Controller of patents and designs, RGNIIPM Nagpur, was the resource person for the day. Dr Bharat N Suryawanshi, spoke about what Intellectual Property Rights (IPR), Patent, Inventions and Designing meant. He talked about how an individual can invent his\her own product and how the designing of the product must be done. He encouraged the participants to use their creativity to invent or design something and that you don't have to have a particular degree to invent or design something.



REPORT ON GUEST TALK - EMPOWER YOUR CHOICES: DRUGS FREE LIVING

The Department of Commerce (Professional) in collaboration with Department of Economics organised a guest talk on the Topic "Empower Your Choices: Drugs Free Living" on 21st September, 2023 at AR AV Room. Mrs. Usha M Pereira, Counsellor was the resource Person. 158 BCOM students benefited from this talk. Mrs. Carrel Sharel Pereira and Dr Swathi Bhat were the conveners. The program was compered by Ms. Carrel Sharel Pereira.





REPORT ON THE GUEST TALK – RIGHT TO INFORMATION ACT

The Department of Commerce (Professional) organized a guest talk on "Right to Information Act" on 16th September, 2023 at 11 AM in L.F. Rasquinha Hall. The resource person of the day was Mr. Benedict Fernandes, Ex. Commissioner of Commercial Taxes and RTI activist, spoke about the different sections of the Act. Students were given practical exposure as to how to write a RTI application. Around 300 students were present for the talk. The programme was attended by Dr. Zeena D'souza, Head of the Department, Ms. Vinita, Ms. Joyce (Convenor) Ms.Sanjana, and Ms. Daphney. The programme was compered by Ms. Teena of II B. Com G batch.





St Aloysius College (Autonomous), Mangaluru

	Department of commerce			
Department/Cell				
	1	2	3	4
Theme /Title	Unlocking Opportunities in Digital Marketing: A Path to Career Success*		14	ż
Type (Seminar/ Webinar / Workshop / Guest Lectures / Other(please specify))	GUEST LECTURE			3
Date	9/18/2023	48	32	9
Name of Resource Person and Photograph (attach photograph)	Mr.Prathik Jayaprakash			3
Designation of Resource Person	Free Lancer	9		
Contact details of the Resource Person (Phone number / email id)	8073466172		<u> </u>	*
Coordinator of the Event	Mrs Suchitra ,Dr Smitha DK	es .	32	1
Level (International/National/State/University/College)	College level			8
Number of Participants	130 students	,		
Remarks	Student interaction and discussion on digital n	narketing and career opportunities in dig	gital marketing	







Department's Record of workshops, seminars, guest lectures conducted by the department			
Department/Cell	Department of Commerce		
Theme /Title	Entrepreneurial journey in the Tech Accessories industry		
Type (Seminar/ Webinar / Workshop / Guest Lectures / Other(please specify))	Guest lecture		
Area of Title (Gender, Environment, Career, Entrepreneurship)	Entrepreneurship		
Date	12th September 2023		
Name of Resource Person and Photograph (attach photograph)	Ibrahim Elhar Gafoor https://drive.google.com/drive/folders/10kQIP_R2GpeTWUqPYkiw6QdrupdGsHAL?usp=shar		
Coordinator of the Event	Dr. Caroleena Janefer and Dr. Bharathi R		
Number of Participants	210		
Remarks	The talk was very well organised and the guest speaker gave a few insights as to how an average student can also achieve in life and become successful. Even after having failed in the beginning of his journey he chose not to give up and worked even harder. One should never lose faith and confidence in himself. He stated an inspiring quote which changed his entrepreneurship journey. "If you don't build your dream someone else will hire you to help build theirs"		





Guest talk Career Opportunities in Business Law

A guest Talk on 'Career Opportunities in Business Law' was organized by Department of Commerce for the final year B.Com Students on 6th October 2022, at 1.00 PM.

Advocate Roshan Melwyn Lobo, Alumni of the college was the resource person for the talk. He is currently working as an Adjunct Professor at St. Josephs College of Law, Bengaluru and as an advocate at Joseph Anil associates at

Bengaluru

Ms. Shradha of 3rd Bcom E batch introduced and welcomed the guest speaker. Mr. Melwyn put forward all the opportunities for the Bcom students to opt their career in the field of law and also he highlighted some of the top colleges in Law.

Some of the students clarified their doubts in the concerned area. Ms. Shradha proposed the vote of thanks. About 150 students were present for the talk. The guest talk was organised by Ms. Sharoon Dsouza, Assistant Professor, Department of Commerce.

Reported by Ms Sharoon Cheril D Souza



REPORT ON THE GUEST TALK – IMPACT OF CLIMATE CHANGE

The Department of Commerce (Professional) in association with Al-Lure Association organized a guest talk on the "Impact of Climate Change" on 14th September, 2023 at 11 AM in L.F. Rasquinha Hall. The resource person of the day was Mr. Jeeth Milan Roche, Environmentalist and Founder of Vana Charitable Trust, Mangaluru, spoke about the issues and ways to reduce the climate change. Around 500 students were present for the talk. The programme was attended by Dr. Zeena D'Souza, Head of the Department, Dr. Swathi Bhat, Ms. Vinita (Convenor), Ms. Joyce, Ms. Vidya, Ms. Sanjana, and Ms. Daphney. The programme was compered by Mr. Ashen of II B. Com F batch.





Guest talk by Ms. Flona Soans

A guest talk was organized by Department of Commerce on March 1, 2024 on the topic "Career Opportunities" at 11.45 am in Arrupe AV Room. Ms Flona Soans, the Dean

of Training, Placement and Careers was the guest speaker. Welcome note was given by Ms Risa, student of III B com B.

81 students from B com final year were



the participants. The session ended with a vote of thanks by Mr Leon, student of III Bcom D. The convenors of the program were Ms Rishal Disha D'Souza and Ms Anisha A Kulal, Assistant Professors of Department of Com-

Session on Audit and Assurance

The International Skill Development Corporation (ISDC)

organized an extensive 30hour coaching sessions on Audit and Assurance, overseen by ACCA coordinator Dr Swathi Bhat Mr Kausthubh and Ms Hrithvika served as the resource per-



sons for these sessions. The coaching sessions were conducted in February 5-20, 2024. The sessions were tailored for ACCA students, providing valuable insights and benefiting approximately 75 participants.

Cat/ mat orientation report 2023

T. I.M.E seminar program on 'career opportunities available after graduation "CAT (MBA entrance Exam)

Dept of commerce organized a day workshop , on competitive exams for the second and third year Bcom students of st Aloysius college mangalore on $3^{\rm rd}$ august 2023 from 11.30 pm onwords. this workshop is all about CAT (common admission test0 MBA entrance exam , here we discussed the importance of competitive exam , why CAT , why MBA and the top colleges parameter entries etc. the program was basically about higher studies and to need to pursue MBA , added option after degree . the program was handled by MR GANESH HEBBAR, DIRECTOR TIME INSTITUTE MANGALORE

.



A workshop on "Any Body Can Trade" was organized by the Department of Commerce in Association with VD on 3rd October 202, Robert Sequria Hall. Mr Vinith D'Costa, Founder & Director of VD and Associates addressed 100 students from BCom were the participants.

"Own the Place you Stand"-A session on enhancement of Interpersonal Skills

Department of Commerce Organised a Guest Talk on "Own the Place you stand"- A session on enhancement of interpersonal skills on October 3rd 2023, through offline Mode at 9:55 a.m. About 147 participants took part in this guest talk. Ms. Pooja Rao, Lecturer, Swastika National School, Zone Trainer, JCI, India was the resource person for the day. She spoke about four main interpersonal skills-'CAPP' which stands for communication skills, active listening, problem solving and positive thinking. She encouraged the participants to use their skills effectively to become more productive and successful in their lives.





E- Filing of Income Tax Returns'

A talk on 'E- Filing of Income Tax Returns' was held on 29th November 2022 at 1:00 p.m. by the Department of Commerce, St Aloysius College, (Autonomous) Mangalore. 159 students of Final year B.com participated in this talk. Mr Adithya N Rao, Vice president of SICASA (2021-22) was the Resource Person. The resource person focused on types of ITR, filing of returns and types of Returns, also gave demo on Filing of Returns. Ms Nisha Poojari and Ms Renita Aranha, Assistant Professors were the Convener of the program.



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cluded 150 students from III B.com E and F batches. Ms. Dipti Padhi and Ms. Ashel Rebello coordinated the programme.

Entrepreneur opportunities in stock broking business

The Commerce department of the college organised a guest talk on" Entrepreneurial Opportunities in stock Market" on 29th April 2023 - Aruppe Block, AV Room The seminar focused on the various stock trading options that can be opted for in Stock Market in current date.

Mr Rohith Karkada, the resource person, was a great pick as he himself was in financial advisory and stock trading from the past 15 years. He discussed about the opportunities an individual can explore in the corporate world by amalgamating it with the stock market. It included topics such as Franchisee of a Reputed Broking firm, Financial Education and Training Institute, Its pros and cons. He also discussed the services that are high in demand and the different ways by which an indi-



vidual can achieve certain goals.

He briefly explained the process of buying and selling of shares and the different types of marketing strategies. A guest talk was organized by Department of Commerce on 3rd May 2023 on the topic "Investment Management- A practical approach" at 11am in AR 803. Mr Naveen Julian Rego, SEBI Registered Investment Advi-



sor was the guest speaker. The session began with a welcome note by Ms Riya Albuquerque, student of III B.Com B.

160 students from Bcom final year were the participants. The session ended with a vote of thanks by Ms Rischika, student of III Bcom A. The convenors of the program were Ms Rishal D'Souza and Ms Sharoon D'Souza, Assistant Professors of Department of Commerce.

Reported by Ms Rishal Disha DSouza

A guest talk on "Transition phase - Campus to Corporate"

A guest talk on "Transition phase – Campus to Corporate" was organised by the faculty of commerce, on 8th March 2023. Around 75 students of final B.Com, along with two faculty members, Dr Zeena D'souza and Dr Swathi Bhat, attended the guest talk from 11.00 AM to



12.15 PM, which was held in the Audio Visual Room of Arrupe Block.

The session began with a prayer song by Mr. Jackson and Ms. Sindhu. The resource person, Mr. Sumith S. Rao, Proprietor of Olympus gave his insights on how the employees are required to blend themselves in the work environment. He demonstrated various ways in which a person will deal with his or her juniors and seniors in the corporate world. He insisted that ethics in work place play a major role in shaping a person's career.

There was an overall positive feedback on the talk, benefiting the students who would be part of the corporate world in poor future.

Report on the Students Visit to Palliative Care Center

Day and Date of the Visit: Saturday, 20/05/2023 Place: Father Mullers Palliative Care Center, Deralakatte

Program: Practical Session and Exposure to Palliative Care for Students of Online Geriatric Course.

Objectives of the Visit:

To understand how palliative care is provided at an institutional setting. To understand the needs and issues of



palliative care patients through exposure and interaction.

Description

The UG Department of Social Work took 25 students of its online geriatric course to a visit to Father Mullers Palliative Care Center at Devalakatte on Saturday, 20th May 2023 from 12.30 pm to 4.30pm. Ms. Kavya, faculty of the department accompanied the students for the visit. The visit included a one-hour theory session on Palliative Care and a visit to the patient's ward. The theory class covered topics like Geriatric Care, Introduction to Palliative Care Importance of Palliative Care, and Palliative Care Services at Father Mullers Palliative Care Center. The students were then taken to the ward by Dr. Nishal who showed how patients were taken care by the nurses and staff, how their day-to-day needs were taken care and



how various problems faced by them were addressed by the hospital staff.

The students were asked to note down their observations and submit a report of the visit to the department by the second week of June 2023.



ST ALOYSIUS COLLEGE (AUTONOMOUS) MANGALURU

Re-accredited by NAAC with "A++" Grade with CGPA 3.67/4
Ranked 80 in College Category-2023 under NIRF, Ministry of Education, Government of India
Recognised as Centre for Research Capacity Building under UGC-STRIDE Scheme
Recognised under the DBT-BUILDER Scheme, Government of India
College with "STAR STATUS" conferred by DBT, Government of India
Recognised by UGC as "College with Patential for Excellence"

Department of Social Work

Organises guest talk on

CHALLENGES AND PROSPECTS OF FIELD WORK PRACTICUM IN SOCIAL WORK EDUCATION

Resource person

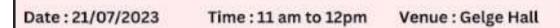
Dr Gerald D'Silva

Assistant Professor

Department of Post Graduate Studies

and Research in Social Work

St Aloysius College (Autonomous), Mangaluru



Rev. Dr Praveen Martis SJ Principal Dr Charles Furtado Director, Admin Block Ms Savitha Dsouza HOD , UG Social Work

Focus Group Discussions for Community Organisation

Guest Talk on "Focus Group Discussions for Community Organisation" by UG Department of Social Work on 03 August 2023 at Gelge Hall, St Aloysius College. The session was moderated by Ms. Coral Jean Rego, II yearr BA (SW) student, Ms. Savitha D'Souza, Head of UG Department of Social Work accompanied Mr. Kishore Attavara on to the dais. Sr. Lynda led the prayer. Mr. Kishore Attavara began the session by introducing himself. he spoke about his vast experience organizing communities in North Karnataka when he was working with the Azim Premji Foundation. He spoke about the emancipatory potential of group work for empowering communities. Issues of oppression, including caste and religion, were explored during the talk. He spoke about how social workers need to work around caste and religion while organizing focus group discussions. He gave examples of how surnames can be used to identify castes and power centers in communities. He asked the students for their surnames and identified their caste, clan and domicile. Through this, he showed the students that it was possible to know the caste location of people through their surnames. He also said that most of the social work interventions like group work and community organization take place within the bureaucratic parameters and the support of government officials and local politicians is crucial for this. He gave examples for this of his work in the Ullal CMC.



The second half of the session was interactive, wherein he took questions from the students. Several II year students shared their

ST ALOYSIUS COLLEGE (AUTONOMOUS)

Post Box No. 720, Mangaluru 575003, Karnataka

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UG DEPARTMENT OF SOCIAL WORK ORGANISES

AN EXPOSURE PROGRAM ON PROGRESSIVE AGRICULTURAL PRACTICES IN LOCAL COMMUNITIES

14th September 2023 Venue: Uliya, Ullal

Time: 3.00 PM to 5.00 PM



Resource Person: Vijay Kunder

Rev Dr Praveen Martis SJ PRINCIPAL Kishore Attavar FIELD WORK INSTRUCTOR

STAFF and STUDENTS of UG SOCIAL WORK

















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Recognised by UGC as "College with Potential for Excellence"

UG Department of Social Work

Organises guest talk on

"FOCUS GROUP DISCUSSIONS FOR COMMUNITY ORGANIZATION"



Resource person

KISHORE ATTAVAR

HON. FIELD INSTRUCTOR, SSW ROSHNI NILAYA & CMC ULLAL

Date: 03/08/2023 Time: 2.30 PM TO 3.30PM Venue: Gelge Hall

Rev. Dr Praveen Martis SJ Principal Dr Charles Furtado Director, Admin Block Ms Savitha Dsouza HOD , UG Social Work















Demonstrative Session

On 24 January, 2024, II year BA Social Work students took part in a demonstrative session, "Using Old Fridges as Planters to set up Community Gardens," by Vijay Kundar along with the ward councilor and members at Adamya Chethana in Ullal, About 20 students were part of this program. Ms. Kavya accompanied the students for this program.







On 31/1/2024, the UG department of Social Work organised an interaction program for the Ilyr BA (SW) students with Shivaji Jeeva Rakshaka Dala, an award winning group of sea rescuers at Mogaveerapatna, Ullal. The first president & the founding member of the group, Mr Yashwanth Amin spoke about the 61 member team, their efforts in saving thousands of lives & how the members organised themselves. About 20 students attended the program with the faculty members Ms Savitha D'Souza & Ms Kavya M.







BA Social Work Field Visit

On 6 October 2023, the final year BA (Social Work) students visited Paper Seed, Pakshikere and had a interactive session with Mr Nitin Vas on the topic of social entrepreneurship. They also visited Talipady Weaver's Society, Kinnigoli on the same day to view the handloom weaving & dyeing of GI tagged Udupi sarees. Ms. Savitha D'Souza & Ms. Kavya accompanied the students.



Gendering Public Places

A guest talk on "Gendering Public Places," was organised by the Women's Forum on 11th September 2023, 2,30 pm at MAGIS, Admin block. Dr. Parinitha, Professor, Department of English, Mangalore University was the resource person. Nearly 70 students were present for the programme.









Hogos





TOPICS DISCUSSED:

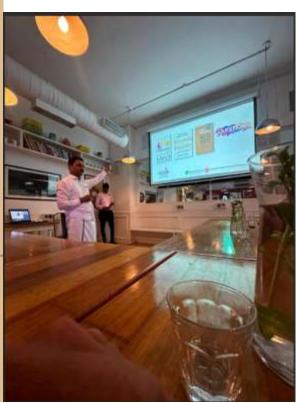
WHY AND HOW BRANDING WORKS?
POWER OF WORDS, THE MINDSET & MORE.

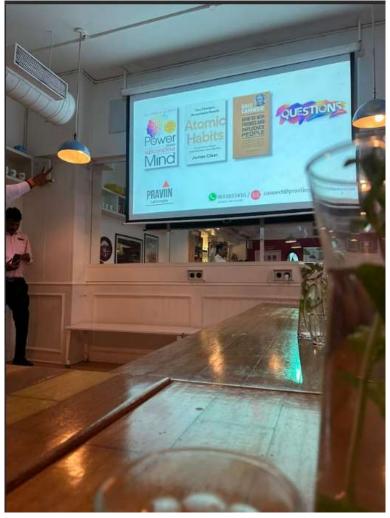
25th Jan 5.30 PM Onwards

PRAVIN S BHANDARY
FOUNDER - HTTPS://WWW.ORRIGEHHUB.COM



Diesel Cafe Balmatta, Mangalore





National Seminar - METANOIA 2024

The Department of Social Work organized the one-day National Level Seminar METANOIA 2024 on 'Social Work Response to Child Trafficking' – on February 29, 2024 at Eric Mathias Hall. Rev. Fr Edward Thomas, Founder-Director-Board Member, Dream India Network, was the Chief Guest. Rev. Dr Praveen Martis, SJ, Vice Chancellor in-charge presided over the programme. Dr Alwyn D'Sa, Registrar & CoE, Ms Savitha DSouza, Head of the Department of Social Work, Ms Kavya M, Staff Convenor and Dickson M. Jose, Student Coordinator graced the occasion.



Two sessions were held during the programme. Rev. Fr Edward Thomas, for I session, addressed on 'Prevention of Child Trafficking - Rejuvenating Existing Mechanism and Searching Alternatives'. Prof. D. Kiran Jeevan, PRO, St Joseph's University, Bengaluru, for II session, talked on 'Social Work Strategies in Preventing and Combating Child Trafficking'. The seminar concluded with valedictory with Dr Loveena Lobo, Director, Maffei Block as the Chief Guest. Dr Charles V. Furtado, Director of Administrative Block presided over the programme. Coral Jean Rego & Varsha Varghese compered the programme. Ms Kavya M. welcomed the gathering. Dickson M. Jose proposed the vote of thanks.

Department of
B u s i n e s s
Administration had
conducted a Guest
Talk on Organic
Marketing - 101 on
26-10-2023 at
Robert Sequiera
Hall and on 27-102023 at Eric
Mathias Hall. Mr.
Ashwin Calen
D'Silva, Copywriter
& Marketer and an

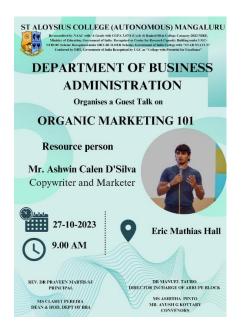


Alumnus of the department was the resource person for the same. He covered various aspects of Organic Marketing and provided a framework to the students and emphasized the process of Organic Marketing. A total of 240+ students benefited from the talk.









WORKSHOP ON "PYTHON FOR FINANCE"

Department of B u s i n e s s Administration has organised a Hands-on Workshop titled "Python for Finance" for BBA Data A n a l y t i c s Specialisation students on 25 October 2023. Mr. Praveen N, Assistant Professor from the Department of Computer Science,



Applications and Animation was the resource person for the same. A total of 48 students benefited from the workshop. The workshop covered various aspects of Financial Data Analysis using Python, including basic Python programming, data types & structures, data preparation for time series analysis, time series graphs in Python, Stationary & Non-Stationary data, etc.







Investor Awareness Programme

The Department
of Business
Administration
organised a OneDay Investor
Awareness
Programme on 31
October 2023. The
programme was
inaugurated by the
Chief Guest Dr.
Sukanya Rao. The
programme was
conducted in three
sessions and a total



of 235 students benefited from the same. Mr. Ayush G Kottary was the Convenor of the programme.

Session 1: Mr. Naveen Rego, CFP and a SEBI Registered Investment Advisor was the resource person for the session. He addressed the students on the topic "Financial Literacy" and explained the fundamental concepts of Finance.

Session 2: Mr. Leo Amal, Senior Branch Manager, Franklin Templeton Asset Management (India) Pvt Ltd., was the resource person. He enlightened the students on "Back to Basics", wherein he explained the concepts of Mutual Funds.

Session 3: Mr. Yvonil D'Souza, Investment Services Professional was the resource person for the third session. He spoke on the topic "Personal Investment Planning".





Guest talk on Mapping Narratives with Self Brand Connections

Department of Business Administration has organised a guest talk on Mapping Narratives with Self Brand Connections on 27 July, 2023 from 10:45 am to 11:45 am in Sanidhya Hall, Admin Block. Dr. Shubha A, Professor and Dean at Faculty of Commerce, Management studies and Reva business school, Reva University Bangalore was the resource person. A total of 85 students participated and benefited from the program.





DEPARTMENT OF BUSINESS ADMINISTRATION

organises guest talk on

Mapping Narratives with SBC (Self Brand Connections)



REPORT ON WORKSHOP ON CRAFTING AN EFFECTIVE B- PLAN

Date Of Event: February 26,2024

Location Of the Event: Arrupe AV Room

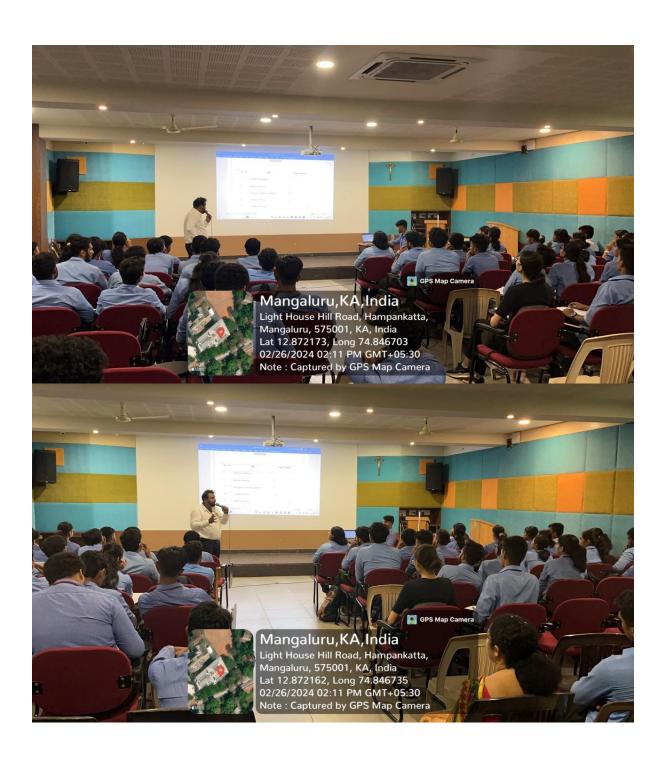
Staff Convenor: Ms Ashitha Pinto

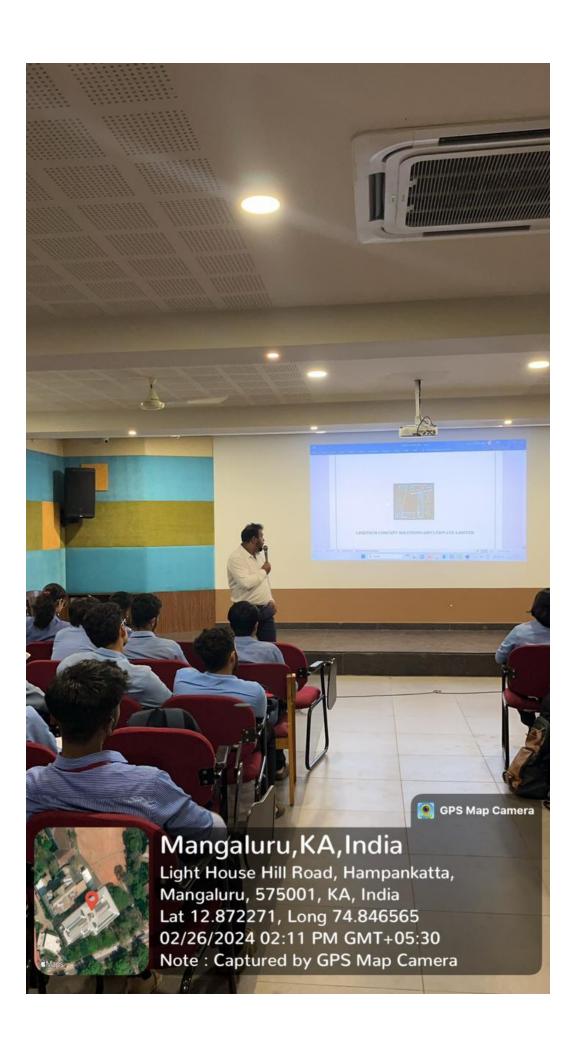
On February 26,2024 the BBA Department, St Aloysius Deemed to be University, organized a guest talk on the Workshop on crafting an effective B-plan. The resource person was Mr.Sujin Oommen Philip. The students from BBA, Bcom and BCA were present for the session.

The resource person explained about the two purpose of business plans. The resource person shared his experience and strategies. Important things what were highlighted-culture of the state, social democratic analysis, politics and legal regulations/ analysis, location analysis, financial analysis etc.

The resource person even gave an analysis over industries. The resource person gave a brief projection over the financial projection on how we can utilize our assets. According to him the most important move in the business plan is man power recruitment, revenue generation and financial prediction.

The programme then came to an end with a Q&A where the students and the resource person had a good conversation with each other, where the students clarified the doubts on the topic and had a brief knowledge about it.





The Department of Business Administration organised an Alumni talk on 18th January, 2024. We had the privilege of hosting an esteemed resource person, Ms.Karen Annette Dsouza, who is a Senior talent acquisition specialist in Bottomline, Bengaluru. Ms. Karen shared her profound insights and extensive knowledge on the subject "My Journey into the Recruitment world". The talk took place in the L.F. Rasquinha Hall, LCRI at 1.30 PM. The presence of Ms Preema Tauro, the staff incharge and the students of the department worked to ensure the success of this event. The Alumni talk proved to be an invaluable experience, providing profound insights and invaluable information to the students. A total of 265 students attended this talk.



REPORT ON "ROAD AHEAD IN PROFESSIONAL EDUCATION"

-GUEST TALK

on

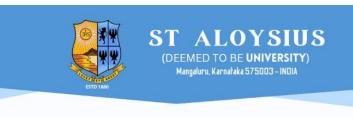
1st FEBRUARY 2024

Department of Business Administration organized a guest talk on the topic "Road ahead in professional education" on 1st February 2024 in LCRI hall. 220 students from the Professional and Analytical batches attended the talk.

The discussion centered on a few main ideas regarding contemporary notions of education, skill acquisition, and improving students' future educational plans. The talk commenced at 9:55 am with the welcome address by Ms Gauthami Shetty and with the presence of all the dignitaries Ms Claret Pereira Dean- HOD department of Business Administration, Ms. Sahana S, the staff convener and the guest speaker on the dais Ms. Teresa Jacobs, Executive Director -Learning ISDC, UK.

Ms. Jacobs emphasizes the importance of professional education and skills acquisition to enhance students' future learning plans. She further educates us on the subject of analytics and its emerging fields of study. She focused on the importance of specializing in a particular field to gain an edge, than attempting to be proficient in everything. She also highlighted on the significance of gaining work experience prior to pursuing a master's degree.

The talk broadened our knowledge of how AI has impacted students' minds and educational institutions. While AI has its drawbacks, it also has its advantages when it comes to workplaces. AI's ability to streamline information, technology and other processes helps to create an easier work-life balance for employees. Finally, Ms. Teresa emphasizes the beauty of failure as a springboard to success.



DEPARTMENT OF BUSINESS ADMINISTRATION

Organises guest talk on

ROAD AHEAD IN PROFESSIONAL EDUCATION



Ms Teresa Jacobs

EXECUTIVE DIRECTOR - LEARNING
ISDC

Ms Claret Pereira

Dean - HOD

Department of Business Administration

Rev Dr Praveen Martis SJ Vice chancellor in-charge Dr Denis Fernandes
Director- Arrupe Block

Ms Sahana S Staff Convener













The Department of Business Administration Organized an Alumni Interaction Series on 26 th February 2024. We had the privilege of hosting an esteemed resource person, MR. Sujin Oommen Philip the Director of Toir Business Solutions Pvt Ltd in Kochi, Dubai and Qatar. Mr. Sujin Oommen Philip shared his profound insights and extensive knowledge on the topic "The role of strategic leadership in evolving business landscape". The talk took place in AR 803. The presence of Dr Mamatha Dean Department of BBA, Ms Claret Pereira HOD Department of BBA and Ms Vinola Sequeira staff convenor and students of the department worked to ensure the success of this event. The Alumni Interaction Series proved to be an invaluable experience, providing profound insights and invaluable information to the students. A total of 265 students attended this Talk.

Seminar on Campus to Corporate

A virtual power seminar was organized by the Department of Business Administration in collaboration with ICT academy on February 29, 2024 on the topic "Campus to Corporate" at 10.30 am in Robert Sequira Hall. Mr. Bhavesh Patel from Talent Acquisition and Education Initiatives at Aspire for Her, was the guest speaker. Around 160 students from final year BBA participated. The convenor of the program was Ms Claret Vinaya Pereira, HOD BBA and Mr Royal Praveen D'Souza being the ICT Programme Coordinator.



The Stock Simulation 24' event was hosted by the Department of Business Administration at the Arrupe Block on March 25-27, 2024. With the guidance of staff coordinators Ms. Preema Tauro and Ms. Nayanashree Saliyan, as well as student coordinators Conroy Rodrigues, Hemanth Nayak, and Yaseen Misbah and team, the event drew the participation of around 250 students. Engaging in simulated stock trading scenarios, participants gained invaluable insights into market dynamics and investment strategies, refining their decisionmaking skills and financial acumen in the process.



BBA Workshop

The Department of Business Administration organized a workshop on Photography and Videography Skills on March 28, 2024 as a part of Alumni Interaction Series. Mr. Joel Shaman, the brand ambassador of Nikon India and Mr Samuel Corda were the resource persons



Report on 'Job Preparation Training' Workshop

On 15th and 18th of April, 2024, School of Business and Management in collaboration with Placement Cell organized a two-day workshop on 'Job Preparation and Training' for the final year students of Bachelor of Business Administration (BBA). The guest speaker for the session was Ms. Flona Soans, Dean of Training, Placement and Career Guidance. Ms. Sahana S and Ms. Sowmya T coordinated the workshop. 240 students attended the session.

During the workshop, Ms. Flona stressed on the significance of crafting effective resume or curriculum vitae (CV) and provided hands-on guidance on resume or curriculum vitae (CV) development. She elucidated the distinction between resume and curriculum vitae (CV) and answered student's queries regarding resume or curriculum vitae (CV) preparation. The workshop also featured interactive elements such as group discussions (GD) and mock interviews, designed to simulate real-world job application scenarios.

Students actively participated in the two group discussion (GD) rounds conducted, engaging in spirited debates on topics ranging from the feasibility of mandatory military training for Indian youth to the pursuit of perfection versus completion. Following the group discussion (GD) sessions, Ms. Flona facilitated a debriefing where students analyzed the demonstrated skills and identified areas for improvement.

The highlight of the workshop was the mock interview session, where a student volunteer faced questions from Ms. Flona, role-playing as a Human Resources Manager. The interview covered various aspects including skills assessment, salary expectations, and stress management techniques, providing valuable insights into the dynamics of job interviews.

In the concluding segment, Ms. Flona dedicated the last 15 minutes to address student queries, offering further clarity on job application procedures and career development strategies.

Overall, the workshop served as a pivotal learning experience, equipping students with practical insights into the job application process and preparing them for future career endeavors.

Here are few snap shots taken from the 'Job Preparation Training' session,





SCHOOL OF BUSINESS AND MANAGEMENT In collaboration with

PLACEMENT CELL

Organises

JOB PREPARATION TRAINING

Ms Flona Soans Dean of Placement Cell

DATE : APRIL 18 TH 2024 TIME: 1:30 PM - 3:30 PM VENUE : AR 804

REV. DR PRAVEEN MARTIS SJ VICE CHANCELLOR

DR DENIS FERNANDES DIRECTOR OF ARRUPE BLOCK



DEPARTMENT OF BUSINESS ADMINISTRATION

In collaboration with

PLACEMENT CELL

Organises JOB PREPARATION TRAINING

Ms Flona Soans Dean of Placement Cell

DATE : APRIL 15TH 2024 TIME: 1:30 PM VENUE : SAHODAYA HALL

MS CLARET PEREIRA HOD SCHOOL OF BUSINESS AND

Report on Guest Talk on Derivatives Decoded

The School of Business and Management, St. Aloysius (Deemed to be University) hosted a guest talk on Financial Derivatives on 24th April 2024. The session was held in the AV room of the Arrupe block from 9:00 am to 10:30 am, coordinated by Ms. Ashitha Pinto. 80 students attended the guest talk. The guest talk featured Mr. Deepak KV as the guest speaker, an Assistant Professor with over six years of expertise in finance. Currently teaching at the School of Commerce, Finance and Accounting St. Aloysius (Deemed to be University), Mangalore, Mr. Deepak KV delivered valuable insights into the intricacies of financial derivatives, providing attendees with a comprehensive understanding of the subject. The guest talk was well-received, offering attendees a valuable opportunity to learn from Mr. Deepak KV's extensive knowledge and experience in the field of financial derivatives.







SCHOOL OF BUSINESS AND MANAGEMENT

Organises

INTERNAL RESOURCES MOBILISATION SERIES - ARRUPE BLOCK Guest talk on Derivatives Decoded

Resource Person

Mr Deepak K.V

Assistant Professor School of Commerce, Finance and Accounting ST ALOYSIUS (DEEMED TO BE UNIVERSITY)

> DATE : APRIL 24TH 2024 TIME: 9:00 AM VENUE : AV ROOM, ARRUPE BLOCK

REV. DR PRAVEEN MARTIS SJ VICE CHANCELLOR

DR DENIS FERNANDES DIRECTOR OF ARRUPE BLOCK DR MAMATHA ASSOCIATE DEAN, SCHOOL OF BUSINESS AND MANAGEMENT

MS CLARET PEREIRA HOD SCHOOL OF BUSINESS AND MANAGEMENT

MS ASHITHA PINTO STAFF COORDINATOR











The Department of Business Administration organised an enlightening Human resource guest talk on 21st October, 2023. We had the privilege of hosting an esteemed resource person, Mr. Rohan Monis, representing the organization "People's Gamut HR Solutions".

Mr. Monis shared his profound insights and extensive knowledge on the subject of "Different Career Opportunities in Human Resources."

The guest talk took place in the Sandhiya at 11.30 AM. The presence of Ms Preema Tauro, the Convenor and the HR specialisation students of the department worked to ensure the success of this event.

The guest talk proved to be an invaluable experience, providing profound insights and invaluable information to the students. A total of 80 students attended this guest talk.

ST ALOYSIUS COLLEGE (AUTONOMOUS) MANGALURU - 575 003



Re-accredited by NAAC with 'A++' Grade – CGPA 3.67/4 (Cycle IV) Ranked 80 in College Category - 2023 NIRF, Ministry of Education, Government of India Recognised as Centre for Research Capacity Building under UGC-STRIDE Scheme Recognised under the DBT-BUILDER Scheme, Govt. of India College with 'STAR STATUS' conferred by DBT, Govt. of India Recognised by UGC as 'College with Potential for Excellence'

DEPARTMENT OF BUSINESS ADMINISTRATION PRESENTS A GUEST TALK ON *Road ahead in Supply chain Management* By Dr.Karthigeyan (A certified professional in Supply Chain management) Date August 18th Venue LCRI Hall Time 11AM -12.30PM

Department of Business Administration of ST ALOYSIUS COLLEGE (AUTONOMOUS) Mangaluru organised a guest talk on the topic "Future careers: Road ahead in Supply Chain Management" on 18th August at LCRI Hall . 240 final year students of Final year BBA attended this enriching session. The resource person for the session was Dr. Karthigeyan, who is a certified professional in Supply Chain management for over 20 Years. He addressed the contemporary issues of supply chain which are impacting the global business and threw light on the job prospects in this field .Ms Prerna moderated the session .Ms Claret Pereira, Dean & HOD Dept of BBA and Mr Manoj Fernandes , Programme coordinator, were present on stage.



The Management Association, in a dynamic partnership with the Department of Business Administration, orchestrated a compelling event on the 20th of September 2023, aimed at raising awareness about the perils of drug abuse. The esteemed Ms. Clara D'Cunha, the visionary founder of TELOCA, graced the occasion with her wisdom and impassioned speech, shedding light on the detrimental consequences of drug consumption and inspiring our students to steer clear of such harmful practices. The event took place in the LCRI Hall at 2 PM, dignified by the presence of Ms. Claret Pereira , the Presidents of the Management Association, and the dedicated secretaries who worked tirelessly to ensure its success. A total of 240 students attended this seminar.

A Guest talk on Field Research Internship

Department of Economics in Collaboration with International Collaboration Cell organised a guest talk on the topic Field Research Internship: Enumerators Training Program, on 10 June 2023 at 9 am in the Arrupe Block Conference Room. Mr Akash Shaji along with Lucas Borden, Stanley Yip & Andrew Hall graduate students of University of San Francisco, USA trained 14 students of St Aloysius College (Autonomous), Mangaluru.





Guest talk on "Study abroad - Opportunities and Challenges

The Department of Economics in collaboration with the International Collaboration Cell organized a guest talk on "Study abroad – Opportunities and Challenges" on 20 July 2023 at 9 a.m. in Sanidhya. The programme started with a silent prayer which was followed by the welcoming of the guests and the dignitaries by Dr Manohar Serrao, the Head of the Department of Economics Rev Father Praveen Martis SJ. Principal, addressed the gathering and gave strong words of motivation to the students. The first session was taken by Mr Akash Shaji, Graduate student, University of San Francisco, USA, an eminent Alumnus of St Aloysius College (Autonomous), Mangaluru, who on the study abroad process as well as how students can maximize their chances and find scholarships online. He also spoke about his experience at St Aloysius College and encouraged the current students to make the most of it. The second session was jointly led by Mr Luc Bordon and Mr Stanley Yip, Graduate students, University of San Francisco, USA. During the session, they enlightened the students about the relevance of project-based learning and their research project. The program ended with the vote of thanks and presentation of mementos to the guests.





ST ALOYSIUS COLLEGE (AUTONOMOUS), MANGALURU

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HOD

DEPARTMENT OF ECONOMICS

In collaboration with

INTERNATIONAL COLLABORATION CELL

Organises guest talks

Session I: Study Abroad- Opportunities and Challenges

Resource Person

Mr Akash Shaji

Graduate Student, University of San Francisco, USA Schmidt Family Foundation Fellow

Session II: Project Based Learning

Resource Person

Mr Luc Borden & Mr Stanley Yip

Graduate Students, University of San Francisco, USA

Date: 20/07/2023 Time: 9AM Venue: LCRI hall

Rev. Dr Praveen Martis SJ Principal Time: 9AM Venue: LCRI hall

Dr Charles Furtado Dr Manohar V. Serrao

Director, Admin Block
Dr Ronald Nazareth
Dean, International Collaboration

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Session I: Study Abroad- Opportunities and Challenges

Resource Person

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Date: 20/07/2023 Time: 9AM Venue: LCRI hall

Rev. Dr Praveen Martis SJ Dr Charles Furtado Principal Director, Admin Block HOD

Dr Ronald Nazareth
Dean, International Collaboration

Panel discussion- An Interdisciplinary Approach to Economics

Department of economics organized panel discussion on the topic An Interdisciplinary Approach to Economics in Sanidhya Hall on March 22, 2024. Nearly 100 students from BA & B.Sc students participated in this programme. The Panelists Dr Denis Fernandes, Dr Santhosh W. Goveas, Mr Manoj Fernandes, Mr Royal discussed Humanities, Science, Management, Technological approach to economics. Dr Charles V. Furtado, Moderated the panel discussion.



Report on on Career Opportunities for Actuaries in India

Department of Economics organized guest talk on Career Opportunities for Actuaries in India for B.Sc Economics Students on March 13, 2024 in X 602. Mr Joyan D'Souza, Assistant Professor & HOD, Post Graduate Department of Commerce (Finance & Analytics) was the Resource Person for the programme.



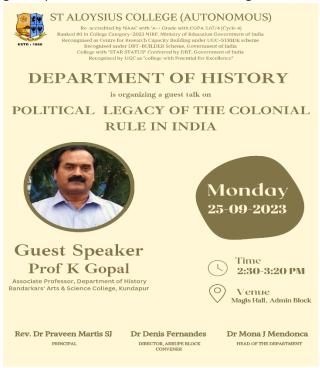
Report on ECONOVANZA 2024

The Department of Economics organized 'ECONOVANZA 2024 – a one-day national intercollegiate Economics Fest' for the Degree and Pre-University students on 29February 2024 at L.F. Rasquinha Hall on the theme 'VRIDDHI'. Dr G.V. Joshi, Former Professor and Chairman, Department of Economics, Mangalore University & Member of Karnataka State Planning Board was the Chief Guest. Rev. Dr Praveen Martis SJ, Vice Chancellor incharge presided over the inaugural programme. Dr Narayan Bhat, Director of Xavier Block was the guest of honour. Dr Charles Furtado, Director of Admin Block; Dr Manohar V. Serrao, HOD of Economics, student coordinators, Pratham Shetty and Shainal Pinto were present on the dais. Dr Alwyn Misquith, Mr Reji John and Ms Kavitha were the staff coordinators for the Fest. Inauguration began with dropping a coin in the piggy bank. Dr G. V. Joshi spoke of relation between economics and other subjects like health, biology, constitution. Rev. Dr Praveen Parties SJ, in his presidential remarks remined the audience on the concept of Econovanza as enunciated by the late Dr Norbert Lobo. Dr Narayan Bhat requested the students to think beyond all boundaries and get inspiration from others. Essay, elocution, turn coat, mad ad, budget preparation, collage, modal making, quiz, fashion show, moclamation competitions were organized for 17 UG & PU colleges. St Aloysius PU College won the overall championship, while SDM Degree College, Ujire bagged the runners up award. On this occasion, actor Prithvi Ambaar announced the release of his movie Matsyagandha with director Devraj Poojary. Actor Anoop Sagar was the chief guest of the valedictory program and Krishnakumar PP, Managing Director of Edusphere Overseas was the guest of honour.



Guest Talk - Political Legacy of the Colonial rule in India

Department of History had organised a Guest Talk on the topic, 'Political Legacy of the Colonial rule in India for the History students of 2nd and Final year BA on 25th September 2023. Prof K Gopal Associate Professor, Department of History, Bandarkar's Arts and Science College, Kundapur was the guest speaker. The event was held in Magis Hall, Admin Block. 70 students participated in the event.





Guest Talk – Dept of History

Department of History organised the guest talk on 'Resilience and Nationalism: British Industrial Policy and Indian Response' on 02 March 2024. Prof Stephan Quadros, Associate Professor, Dept of History, Govt First Grade College for Women, Puttur addressed the final year BA History students. Dr Denis Fernandes, (Associate Professor dept of History & Director, Arrupe Block), Dr Mona Mendonca (HOD) and Mr Kishore Chandra, Coordinator were also present.









Mar.03,2024

Photography Talk

The Department of B.Sc Visual Communication has organized a guest lecture, "The Visual Storyteller's Perspective: A Photography Talk" on 14th September 2023 at Sanidhya Hall of the college. The eminent photojournalist of Times of India, Ravi Posavanike shared his photo journey and hands-on experience of handling cameras with the students.



Workshop on Instagram for Branding

The Department of PG Studies and Research in Journalism and Mass Communication organized a workshop on January 17, 2024. An activity-based interactive workshop was delivered by Mr. Kiran Shenoy, Content Creator, on topic Instagram for branding



The Department of Political Science of St Aloysius College (Autonomous) Mangaluru, organised a lecture entitled "Introduction to Ethnographic Research Methods and case study of Disaster recovery

in Sri Lanka" on January 9th, 2024 in the Auditorium (AR 201), Arrupe block. It was delivered by Dr Elizabeth Bittel, Assistant Professor of Sociology/ Anthropology Department at SUNY Cortland and a visiting scholar in the South Asia Program at Cornell University. Dr Rose Veera D'Souza welcomed the gathering consisting of the third year Political Science students. Miss Khushi Kumari introduced the speaker of the session.

Having experienced the horrors of disasters and the trepidation that accompanies it, Dr Elizabeth Bittel found interest and inspiration to learn environment sociology during her college days. She was also inspired by the measures taken by the community of Florida to manage the after effects of the Tsunami. Defining ethnography as a research method, understanding research ethics and research positionality and understanding ethnographic research through a case study on disaster recovery encompassed the objectives of the session conducted by Dr Bittel. Dr Elizabeth explained about the 'Praxis Oriented Scholarship' where the term Praxis refers to a particular philosophy used to guide and conduct research. The researchers involved in the Praxis oriented research involve the community or group under study in the research process. She also taught the students to identify or spot a sociological research question through simplified and easy instructions. In relation to the methods of sociological research, Dr Elizabeth explained the quantitative and qualitative research methods. Talking about the ethnographic research method, she explained that it combined both quantitative and qualitative methods. Through this explanation, we understood that the ethnographic method of research is systematic, scientific and rigorous; flexible, non-linear or iterative process; ethical, labour-intensive and time-intensive and limited in generalizability. She informed the students about the research ethics (to which the American Researchers are legally bound). It includes: informing the respondents about the potential harm in participating in the research, having informed consent and no deception. She also explained how a researcher's positionality changes when there is a change in the social setting or context. People's perceptions are

bound to change as there is a change in the setting where the research is conducted.

The spotlight of this session was occupied by the case study on Tsunami in Sri Lanka in the year 2008.

Dr Bittel's interest lies in the post-emergency stage and in noting how the communities recover from

the drastic effects of the disaster. She explained the case study by defining four key concepts, i.e., Disaster, Community, Recovery and Social capital. The 2008 Tsunami of Sri Lanka took place with the Eelam war in its backdrop. Dr Bittel has spent years experiencing the culture, practices and social setting of Sri Lanka and observed the pattern of recovery between the two communities of Sri Lanka post the 2008 Tsunami. While the Thiruchendur community didn't make a great recovery, the Kattankudy community made impressive recovery in the same time period. Through this case study, Dr Bittel helped us realise the role and importance of communities in recovery stage of the disaster management. Dr Bittel works with the aim of improving the condition and assisting the people in building a more equitable and just society. The session was accompanied by a Q and A session where Dr Bittel answered the questioned posed by the students to the best of her knowledge and in an insightful manner.

Miss Jane Gonsalves proposed the vote of thanks.





The Department of Political Science organised a talk by Dr. Shalini Aiyappa on "Create a Life Map: A Psychologist's Narrative" on 12 May, 2023. It was a part of the Department's initiative to help the students understand themselves and to enable them to manage their student and personal lives efficiently. Dr. Rose Veera DSouza, the Head of the Department of Political Science, introduced the speaker to the audience – Dr. Shalini, the Head of the Department of Psychology, St Aloysius College (Autonomous), Mangaluru. Dr. Shalini began her talk with an intriguing quote about the space between the stimulus and response, in which an individual has the power to make a choice. That space offers one the power to choose how to respond to a given stimulus. One must make a choice after deliberation in order to have a mindful, meaningful and purposeful existence. The speaker pointed out the challenges the current generation faces while growing up in the era of advanced technology and social media. She cited examples from daily life to portray how social media and the culture of messaging have the power to hamper human relations, in the absence of face-to-face conversations. Dr. Shalini explained how we are fast getting caught in the "not enough culture", and how we end up stuck in a loop. She also highlighted that increased exposure to and use of technology has significantly reduced our attention span. She told the audience that we possess the power to wire our brains the way we want and become the person we desire to become; the brain is malleable. The choice that we make is what becomes of us. She advised the students to grow their inner strength and to build resilience, which will help in healing. Negative emotions disable one from seeing the opportunities that are available around. She also told the students to identify their signature strengths and to develop them. Dr. Shalini spoke on the importance of being in the moment; to practise mindfulness. She pointed out the role perception plays in our lives. Our repetitive thoughts will cause our brains to believe them, hence one needs to reframe the way one sees a situation. She concluded stating that we need to practise acceptance of ourselves, and enjoy minimalism and simplicity. The speaker Dr. Shalini Aiyappa was given a sapling as a gesture of gratitude by Ms. Maria Shaila DSouza, faculty of Political Science. Vidhula K L of III BA gave a response to the talk on behalf of the students.

Reported by Dr Rose Veera Dsouza





Report on Session on "Human Sexuality "

Dr Jena Curtis, Prof of Psychology and Health along with a team of ten students from SUNY Cortland, USA visited the college on July 18, 2023. Dr Jena delivered a session on "Human Sexuality" to the students of Psychology .





Report

Workshop on Case History Taking

Date: November 2023

Organized by: The Department of Psychology

Resource Person: Nikita Rebello

Report:

Addressing the critical component of case history taking, the Department of Psychology recently held a Workshop on Case History Taking, as part of the academic programme Seventy-three students attended the workshop in total and gained significant insights and knowledge.

The workshop featured a lecture by Ms. Nikita Rebello, a Research scholar, who skillfully navigated the intricate details of Case History Taking (NIMHANS FORMAT), covering clinical procedures, ethical considerations, and the systematic approach to be followed during this process. The speaker's lecture on the NIMHANS format for obtaining case histories covered various essential components such as Socio-Demographic Details, Informants Information, referral information, Presenting chief complaints, History of presenting illness, Negative history, Past history, family and personal history, Premorbid personality, and The Mental Status Examination. Throughout the session, Ms. Rebello effectively engaged the students with real-life examples drawn from her own experiences.

To summarize, the workshop successfully met its objectives by providing students with a thorough understanding of case history. This informative event not only enhanced our comprehension of Case History Taking but also underscored its significant role in the field.







Workshop on PLAY

Date: 2nd January 2024

Organized by: The Department of Psychology

Resource Person: Ms. Marlene D'Souza

Report:

The Department of Psychology organized a workshop on "PLAY" as an integral part of the academic curriculum, aiming to provide students with insightful knowledge about the different facets and advantages of play. A group of 23 students were gathered for the workshop and derived significant benefits from the event.

The workshop was organised with great detail, and led by Ms. Marlene D'Souza, Consultant Clinical Psychologist currently working in Dubai.

The workshop commenced with a simple spiral activity inspired by Waldorf education, encouraging participants to observe and share their energy with others, this was followed with engaging activities including a Creative Introduction, recollection of a poem, a drawing exercise depicting strengths and weaknesses as superheroes and villains, a Target Game, a lecture on the different stages of play, crafting transition toys with clay and paper puppets, and group skit performances.

Throughout the workshop, Ms. D'Souza emphasized the significance of play by quoting, "Man is most nearly himself when he achieves the seriousness of a child at play." The session provided profound insights into the idea that play is not merely a source of relaxation but a crucial learning tool for children to understand their environment, themselves, and explore relationships as well as how it connects children to themselves and to the world. The workshop highlighted the stages of childhood, from early childhood to adolescence, during which children engage in play with varying purposes such as understanding boundaries, expressing emotions, forming attachments, exploring identity, and building confidence.

The workshop successfully achieved its objectives of providing students with a comprehensive understanding of how play is more than just a relaxing activity and the role it plays in child's life i.e., offering students a comprehensive understanding of play beyond its recreational aspects. It underscored the vital role 'play' plays in a child's life, contributing to their learning and personality development. In conclusion, the "PLAY" workshop proved to be an enlightening and informative event that not only deepened our theoretical understanding of play but also provided practical experiences of play and its impact through activities, and prompted introspection into our own

childhoods, revealing the profound impact of play on each individual student. Thus, the program stands as a valuable addition to our academic knowledge and life as a whole.













ABA and ESDM

The Department of Psychology held a session on ABA and ESDM on 16th January 2024, given by Ms Refana Lobo, Early Intervention Therapist, Melbourne, Australia in Sanidya hall.

It focused on ABA (applied behavior analysis) which is a therapeutic technique that helps in understanding and improving behaviors through systematic interventions, often used for individuals with autism spectrum disorder (ASD) and on ESDM (Early Start Denver Model) is an early intervention program designed to support toddlers and young children with ASD, emphasizing social interaction, communication, and developmental skills within natural settings. Through this session we learned how to enhance the lives of individuals with Autism through tailored strategies and interventions. The session benefitted around 70 students.













Hypnosis has long intrigued both researchers and the general public alike, offering a fascinating glimpse into the capacity of the human mind. On the 26th of February, 2024, the Department of Psychology at St. Aloysius (Deemed To Be University) organized a session on hypnosis, providing an opportunity for students to delve into this intriguing phenomenon.

The session commenced with a quick introduction followed by Dr. Shishir Kumar, a hypnotherapist, providing an overview of the session's objectives. Dr. Shishir elaborated on the history, meanings, and definitions of hypnosis as an altered state of consciousness, explaining various stages and techniques involved.

As the session progressed, Dr. Shishir guided the participants through a series of induction techniques, gradually inducing a state of heightened suggestibility and receptivity. A demonstration of a simple hypnosis technique involving a student showcased the practical application of the concept discussed.

During the interaction round, students engaged Dr. Shishir with insightful questions, fostering a deeper understanding of hypnosis.

The session concluded with a vote of thanks delivered by Ms. Iola Dmello, expressing gratitude to Dr. Shishir for his enlightening insights. A group photograph captured the memorable experience, marking the end of an enriching exploration into the realm of hypnosis.













Two-day hands-on workshop on Membrane Biochemistry



The postgraduate department of Biochemistry of St Aloysius college Mangalore organized a two-Day national level workshop on Membrane biochemistry (Under the DBT-BUILDER scheme) on the 10th and 11th of August 2023.

Day 1

The event began with the inaugural function at the Robert Sequeira Hall of the LCRI block of the college where all the participants and faculty were welcomed with a Prayer song and a welcome speech. The participants included students from colleges such as KMC, St Agnes, PA college and UG section of St Aloysius college. The students of PG biochemistry also participated in this workshop

Dr Lyned Lasrado, Dr Cletus D'souza, Dr Remya Varadarajan were the main guests on the dais. The rest of the faculty staff Dr Ambarish CN, Dr Pallavi Baliga, and Dr Swarnalatha B.N were also present for the inaugural function.

After the inaugural, Mr Kalpesh Patel, Market development manager – centrifugation Beckman coulter life sciences India Pvt ltd who was the guest speaker of the day explained the process of ultracentrifugation, its types and how it was different from other types of centrifuges.

In the next session, Dr Kalpesh along with Dr Cletus Gave a hands-on demonstration on how to use the Ultracentrifuge by using separation of LDL and HDL as an example. This concluded day one of the Workshop.

Day 2

The second day began in the department Lab at 9:00 Am. Dr Kalpesh and Dr Cletus allowed the participants to carry out the ultracentrifugation. The participants were taught sample preparation and gradient making for ultra-centrifugation. They were also allowed to perform ultra centrifugations for different types of samples and perform confirmatory tests and visualization techniques to confirm separation.

The day ended with the valedictory ceremony where the participants shared their experience and were thanked by the staff for participating in the workshop. Feedback was taken and e certificates were distributed to all the participants.

Inaugural session of the Bionex association





On August 29, 2023, at 3 p.m., the department of postgraduate studies and Research in Biochemistry hosted the inaugural session of the Bionex association in the Robert Sequeira Hall.

The session began with the ceremonial lighting of the lamp by the chief guest and keynote speaker Dr Shamprasad Varija Raghu (Associate professor division of neuroscience Yenepoya research centre), the department HOD Dr Lyned Lasrado, the association president Dr Pallavi Baliga, and Student Association secretary Ms Michele Pereira. Dr. Pallavi Baliga spoke on how the Bionex Association helps students do more than just academics in the classroom. Ms Michelle, the association's secretary, then read the report on the activities of the previous year. The guest and keynote speaker delivered a talk on the topic 'Fluorescent proteins and its applications in scientific research'. He discussed how fluorescent proteins aided in neuroscience research and the scope for neuroscience research after earning an M.Sc. in Biochemistry. The session was open to the public. The workshop was attended by the PG biochemistry faculty as well as students from the PG biochemistry and biotechnology departments.

The department of post graduate studies and Research in Biochemistry held the inaugural session of the Bionex association on 29 August 2023 at 3 pm in the Robert Sequeira Hall.

The chief guest and keynote speaker Dr Shamprasad Varija Raghu (Associate professor division of neuroscience Yenepoya research centre) along with the HOD of the department Dr Lyned Lasrado, the association president Dr Pallavi Baliga and Student Association secretary Ms Michele Pereira began the session with the ceremonial lighting of the lamp. For the first half of the session, Dr Pallavi Baliga Spoke about what the Bionex Association was about and how it helps the students do more than just academics in the classroom. Ms Michelle the secretary of the association then read the report of the activities held in the previous year of the association. The stage was then handed over to the chief guest and keynote speaker for the second half of the session on the topic 'Fluorescent proteins and its applications in scientific research'. He spoke about how fluorescent proteins were being developed to help in neuroscience and spoke about the scope of neuroscience after M.Sc. Biochemistry. The session was open to all. The faculty of PG biochemistry, students from the PG department of biochemistry and biotechnology attended the session.

Event Report: Guest Talk on Career Options in Bioinformatics

Date: January 30, 2024 Time: 3.00-4.00 pm Venue: Magis Hall, SAC

Organizer: Department of Postgraduate Studies & Research in Biochemistry

The Postgraduate Studies & Research in Biochemistry department organized a guest talk on January 30, 2024, at Magis Hall, St. Aloysius College, to enlighten students about career prospects in bioinformatics. Dr. Niyas Rehman, an esteemed Assistant Professor from Yenepoya (Deemed to be University), Mangalore, served as the resource person for the event.

The session commenced with a warm welcome extended to Dr. Rehman by the convenor, Dr Remya Varadarajan. Dr. Rehman, a seasoned professional in the field, delved into the intricacies of bioinformatics and its wide array of career opportunities. He provided valuable insights into the interdisciplinary nature of bioinformatics, emphasizing its pivotal role in modern biological research. Throughout the talk, Dr. Rehman elucidated various career





pathways within bioinformatics, ranging from research and academia to industry and healthcare. He highlighted the significance of computational tools and techniques in deciphering biological data, thereby addressing pressing issues in areas such as genomics, proteomics, and drug discovery.

The interactive session saw enthusiastic participation from the audience, comprising of first year and second year M.Sc Biochemistry & M.Sc Biotechnology students and faculty members eager to explore the realm of bioinformatics. Attendees actively engaged with Dr. Rehman, seeking guidance on academic pursuits, skill development, and emerging trends in the field.

In conclusion, the guest talk on career options in bioinformatics proved to be an enriching experience for all participants. Dr. Rehman's expertise and insights provided invaluable guidance to aspiring professionals, paving the way for a promising future in the dynamic field of bioinformatics. Dr Swarnalatha BN, HOD In-charge extended her heartfelt gratitude to Dr. Niyas Rehman for his enlightening discourse.

WORKSHOP ON "ESSENTIALS OF BIOSTATISTICS AND BIOINFORMATICS"

Date: [5,6,7- March 2024]

Location: [Sanidhya hall & LCRI Computer Lab]

The Workshop on "ESSENTIALS OF BIOSTATISTICS AND BIOINFORMATICS" was held on 5th, 6th & 7th - March 2024, organized by Post Graduate Department of Studies and Research in Biochemistry, St. Aloysius(Deemed to be University) provided a comprehensive overview and hands-on workshop in the fields of bioinformatics and biostatistics. The resource persons for the workshop were Dr. Ranajit Das, Associate Professor, Yenepoya Research Center, Yenepoya (Deemed to be University), Mangaluru for 5th and 6th March, and Dr. Sudeep Ghate, Scientist G II, NITTE (Deemed to be University), Deralakatte, Mangaluru. The workshop aimed to bridge the gap between theoretical knowledge and practical application, offering participants a platform to enhance their skills and understanding of these crucial disciplines in life sciences. A total of 60 participants, including faculty and students from the Post Graduate Department of Biochemistry were benefitted from the workshop.

Objectives:

- To introduce participants to the fundamental concepts of bioinformatics and biostatistics.
- To provide hands-on training in widely used tools and software in the field.
- To foster collaboration and networking among participants and experts in the field.
- To discuss the latest advancements and applications in bioinformatics and biostatistics.





Outcomes:

- Hands-on experience with popular tools and software.
- Enhanced collaboration and networking among participants.
- Exposure to real-life applications and case studies.
- Increased awareness of emerging trends in the field.

The Workshop on "ESSENTIALS OF BIOSTATISTICS AND BIOINFORMATICS" successfully achieved its objectives of providing a platform for learning, collaboration, and skill enhancement. The positive feedback from participants highlights the demand for such events in the life sciences community. The organizers aim to build on this success and continue organizing similar workshops to further contribute to the advancement of bioinformatics and biostatistics.

Regards:

Dr SWARNALATHA B N Incharge HOD Department of PG Biochemistry

EVENT REPORT

HDL, LDL, and Cardiovascular/Alzheimer's Diseases: The Good, The Bad, and The Ugly

Date: March 13

Time: 10:00 AM to 11:00 AM

Organizer: Department of PG Biochemistry

Guest Speaker: Dr. Vasanthy Narayanaswami

Professor of Biochemistry,

California State University,

Cardiovascular and Alzheimer's Disease Researcher,

Fellow of the American Heart Association (FAHA),

Advocate for Women's Leadership and Equity in STEMM Fields.

Event Overview:

The guest talk titled "HDL, LDL, and Cardiovascular/Alzheimer's Diseases: The Good, The Bad, and The Ugly" was organized by the Department of PG Biochemistry on March 13. The event commenced with a prayer song performed by Vaishnavi and team, followed by the emcee duties carried out by Sonali. Ashok welcomed the gathering, followed by Shreya providing a brief introduction to the esteemed resource person, Dr. Vasanthy Narayanaswami.

Welcome and Introduction:

Dr. Remya Varadarajan warmly welcomed the guest with a plantlet and Dr Cletus gave a brief about the guest. Dr. Narayanaswami then took the stage to share insights into Alzheimer's disease, the roles of HDL, LDL, and VLDL, as well as their mechanisms of action. She also shared experiences from her research endeavors, enriching the audience with practical knowledge in the field.



Presentation and Interaction:

Dr. Narayanaswami commenced the session by delving into the fundamental concepts of high-density lipoprotein (HDL), low-density lipoprotein (LDL), and very-low-density lipoprotein (VLDL), elucidating their respective roles in lipid transport and metabolism within the body. She highlighted how these lipoproteins, often referred to as "good" (HDL) and "bad" (LDL) cholesterol, play crucial roles in maintaining physiological balance and how their dysregulation can contribute to the pathogenesis of cardiovascular diseases.

Moving forward, Dr. Narayanaswami transitioned into discussing the intricate interplay between lipoproteins and Alzheimer's disease, shedding light on emerging research findings and hypotheses linking lipid metabolism to the onset and progression of this neurodegenerative disorder. She provided insights into the potential mechanisms through which lipoproteins, particularly LDL and VLDL, may impact brain health and contribute to Alzheimer's pathology, emphasizing the need for further investigation in this area.

Throughout the session, Dr. Narayanaswami shared valuable insights gleaned from her own research experiences, providing real-world examples and case studies to illustrate key concepts and findings. Her expertise and depth of knowledge resonated with the audience, sparking engaging discussions and prompting thought-provoking questions from students and faculty members alike.



Guest-Student Interaction

The interactive nature of the session fostered a dynamic exchange of ideas, allowing attendees to deepen their understanding of the complex relationships between lipoproteins and disease pathogenesis. Dr. Narayanaswami's ability to distill complex scientific concepts into accessible information ensured that participants of all backgrounds could engage meaningfully with the material presented.

Conclusion:

As the session drew to a close, a vote of thanks was delivered, expressing gratitude to Dr. Vasanthy Narayanaswami for her insightful presentation and valuable contributions to the event. The guest talk concluded on a positive note, leaving the audience enlightened and inspired by the knowledge shared.

Overall, the guest talk proved to be an enriching experience, providing attendees with a deeper understanding of the complex relationship between lipoproteins and cardiovascular/Alzheimer's diseases. The event served as a platform for academic exchange and learning, contributing to the intellectual growth of all participants.





After the end of the session the teachers from many departments interacted with resource person sharing Taught and insights



A REPORT ON INTERNATIONAL WEBINAR CONDUCTED BY PG BIOCHEMISTRY

The postgraduate studies in Biochemistry organized two days international webinar "NUEROINFLAMMATION AND REGENERATIVE MEDICINE" on 19-03-2024 and 20-03-2024 respectively. On day 1 DR. YOGISH SOMAYAJI T, Post-doctoral Research Associate, Institute of Regenerative Medicine, Texas A&M University was the resource person who spoke on the topic "Neuroinflammation and signaling cascade" which was held in Sanidhya Hall at 11.00 am. The session included an overview of neuroinflammation and applications of neuroinflammation and signaling cascade.





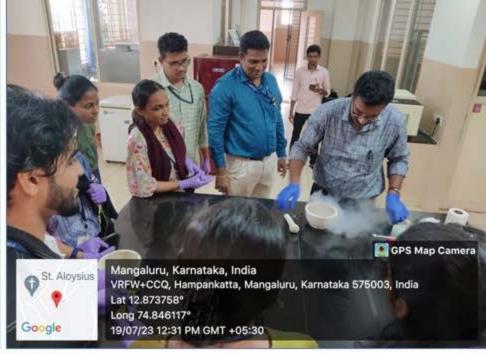
On day 2 the webinar was held in the department of PG Biochemistry at 11.00 am. DR. MADHU LN, Research Scientist, Institute of Regenerative Medicine, Texas A&M University was the resource person who spoke on the topic "Stem cell derived extracellular vesicles in regenerative medicine". A total of 196 participants attended the webinar. Both days the webinar was very informative and interactive. The Head of the department Dr. Swarnalatha B.N and all the faculty members were present for the webinar. The session was winded up at 12.30 pm with the distribution of E-certificates.

National Science Day 2024

National Science Day 2024 was observed on February 28,2024 by the Departments of Sciences in Fr L F Rasquinha Hall. Dr. C R Chandrashekar, renowned Psychiatrist from NIMHANS, Bengaluru and Padmashree awardee 2024, was honored on this occasion. The Chief Guest, Dr. Ranjith Das, an eminent Population Geneticist and Associate Professor at Yenepoya (Deemed to be University), delivered the keynote address on "Genomics in Healthcare." About 450 students participated and winners of Innovace Science Competitions and Voice of Xavier were awarded prizes and the overall championship

















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COMPUTER LAB, LCRI BLOCK

Rev Dr Praveen Martis SJ Principal

Dr Shreelalitha S HOD, PG Biotech

Dr Ronald Nazareth Director, LCRI

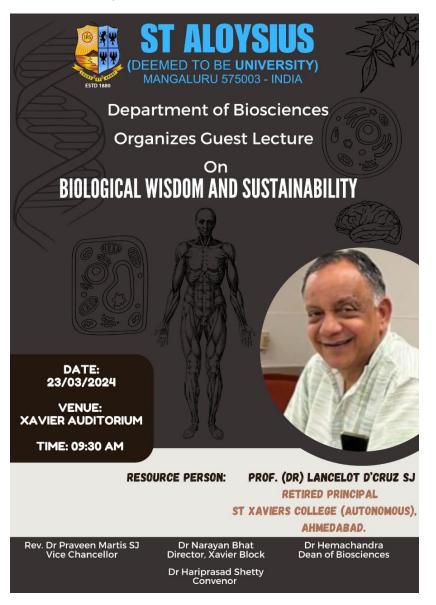






Guest Talk - Biological Wisdom

On March 23, 2024, Prof. Dr. Lancelot D'Cruz SJ delivered a guest lecture on Biological Wisdom and Sustainability at Xavier Auditorium. The talk was organized by the Department of Zoology, St. Aloysius Deemed to be University, Mangaluru. Prof. D' Cruz emphasized integrating ecological principles with human development, promoting responsible stewardship of natural resources and biodiversity for long-term sustainability. Attendees were inspired to embrace ecological stewardship in their lives and professions.



Guest Talk on Gyrochronology of Stars

The Department of Physics, St Aloysius College (Autonomous), Mangalore, 14 August, 2023 in Robert sequeria hall, LCRI at 9am. organised a lecture on the topic "Gyrochronology, A Route to the Ages of Stars" in Robert Sequeira Hall of the College, Dr Sydney A. Barnes, an international scientist of Leibniz Institute of Astronomy, Germany, delivered a scientific lecture, International scientist from "Leibniz Institute for Astrophysics-, Potsdam, Germany. He addressed students and staff members from PUC, UG and PG sections on the topic "Gyrochronology: A route to the ages of Stars". Talk ended with interactive session wherein students and staff members clarified their doubts.



National Seminar-Physical Sciences

A two-day national conference of Departments under Physical Sciences was held on March 1-2, 2024 at L.F. Rasquinha Hall. Dr Navakanta Bhat, Senior Scientist,



Professor and Dean of the Department of Interdisciplinary Science, Indian Institute of Science, Bangalore, inaugurated and spoke on the development and uses of

nanotechnology through the scientific topic 'Creating Intelligence and Smartness Using Nanoelectronics'. A total of 5 scientific lectures were organized in the conference.

Mr. Abdul Karim, Director, Edutech Solutions, Mysore, informed about the current developments on the topic 'Animation and Multimedia'.Mr. Lanvin Lobo, Director Data Science and Machine Learning Mresult Services Pvt. Ltd., Mangalore shed light on the current affairs on the topic 'Data Science and Machine Learning'.

Dr Susantha Samajdar, Chief Scientific Officer, Arigene Oncology Ltd., Bangalore spoke on 'Unlocking Tomorrow's Cures' and highlighted the contribution of chemistry to health and science. Dr Vasudeva, Senior Professor, Department of Information Science and Engineering, N.M.A.M. Nitte Technical Institute delivered a lecture on 'Mathematics in Modern Computer Technology'.

Number Theory and its Application to Cryptography

On the occasion of the 110th Birth Memorial celebration of Prof. K.A. Krishnamurthy, the department of UG & PG Mathematics organized a seminar on the topic "Number Theory and its Application to Cryptography" on 23th August 2023. The resource person was Dr John Sherra, Former Associate Professor, Department of Mathematics, St Aloysius College (Autonomous). As a part of the event, three competitions were organized for UG & PG Mathematics students. Abstract Art, in which 2 made a team, Escape Room with 3 members in a team and Poster making with 2member team. A total of 29 teams participated in the competitions, Winners were awarded with cash prizes and certificates.



Mathias from UG Mathematics department compered the programme. Ms Anupriya Shetty, HOD of PG Mathematics welcomed the gathering. Ms Priya Monteiro, HOD of UG Mathematics introduced the guest to the audience. Dr John Sherra spoke on the life and achievements of Prof. K. A. Krishnamurthy. Ms Apporva Shetty read the names of prize winners. Dr Denis Fernandes, Director of Arrupe block, gave his presidential remarks, congratulated, and encouraged the department to organize more such events. He also spoke on the importance of