

# OFFICE OF STUDENT WELFARE



ESTD : 1888

## ST ALOYSIUS COLLEGE (AUTONOMOUS)

P.B. No. 720, Mangaluru-575003, Karnataka

Re-accredited by NAAC with 'A++' Grade with CGPA 3.67/4 (Cycle 4)  
Ranked 80 in College Category - 2023 NIRF, Ministry of Education, Government of India  
Recognised as Centre for Research Capacity Building under UGC-STRIDE Scheme  
Recognised under DBT - BUILDER Scheme, Government of India  
College with "STAR STATUS" Conferred by DBT, Government of India  
Recognised by UGC as "College with Potential for Excellence"



## UG & PG CALENDAR & HANDBOOK 2023-24



*Principals*  
Principal

ST. ALOYSIUS COLLEGE (AUTONOMOUS)  
MANGALORE - 575 003

## ADMINISTRATION

<ul style="list-style-type: none"> <li>• Rev. Fr Melwin Joseph Pinto SJ</li> <li>• Rev. Dr Praveen Martis SJ</li> <li>• Dr Alwyn DSa</li> <li>• Dr Arati Shanbhag</li> <li>• Fr Vincent Pinto SJ</li> </ul>	Rector Principal Registrar & Controller of Examinations Assistant Controller of Examinations Finance Officer
---	--

<b>DIRECTORS</b> <ul style="list-style-type: none"> <li>• Rev. Dr Melwyn Pinto SJ</li> <li>• Dr Narayan Bhat</li> <li>• Dr Denis Fernandes</li> <li>• Dr Ronald Nazareth</li> <li>• Dr Loveena Lobo</li> <li>• Dr Charles V Furtado</li> <li>• Dr Manohar V Serrao</li> <li>• Rev Dr Melwyn DCunha SJ</li> </ul>	AIMIT Science Block Arrupe Block LCRI Block & International & Demestic Relations Maffei (IT) Block Administrative Block Evening Programmes Research and Development Cell
--	---

<b>DEANS</b> <ul style="list-style-type: none"> <li>• Dr Aruna Kalkur T</li> <li>• Dr Hemachandra</li> <li>• Dr Manuel Tauro</li> <li>• Dr Ravindraswami</li> <li>• Dr Mamatha</li> <li>• Dr Rose Veera DSouza</li> <li>• Dr Adarsha Gowda</li> <li>• Dr Ishwara Bhat</li> <li>• Dr Ratan T Mohunta</li> <li>• Mr Chethan Shettigar</li> <li>• Dr P P Sajimon</li> <li>• Dr Rajani Suresh</li> <li>• Dr Hemalatha N</li> <li>• Ms Flona Soans</li> <li>• Ms Jennifer Ida Mascarenhas</li> <li>• Dr Dinesh Nayak</li> <li>• Ms Shilpa DSouza</li> </ul>	Faculty of Physical Sciences Faculty of Biological Sciences Faculty of Commerce Faculty of Computer Application and Animation Faculty of Business Administration Faculty of Humanities Dean, Entrepreneurship and Consultancy Dean, Student Welfare Dean, Research Capacity Building Dean, B.Voc Dean, PG Studies (SAC Campus) Dean, MBA Dean, MCA Dean, Training, Placement & Careers Dean, Extension Services Dean, Human Resources Dean, Public Relations
--	--

<b>HOSTEL OFFICIALS</b> <ul style="list-style-type: none"> <li>• Fr Melwyn DCunha SJ</li> <li>• Fr Marcel Rodrigues SJ</li> <li>• Fr Anthony Derrick SJ</li> </ul>	Director of Gents Hostel Director of PG Ladies Hostel Director of UG Ladies Hostel
--	--

<b>STUDENTS WELFARE OFFICERS</b> (Student Activities and Intercollegiate Competitions)	
<ul style="list-style-type: none"> <li>• Dr Ishwara Bhat - Dean</li> <li>• Ms Renita Aranha</li> <li>• Dr Arati Shanbhag</li> <li>• Ms Kavitha B</li> <li>• Ms Renita Menezes</li> </ul>	<ul style="list-style-type: none"> <li>• Dr Vaishali Rai</li> <li>• Mr Alwyn Misquith</li> <li>• Ms Aldrina A M</li> <li>• Mr Santhosh Notagar</li> </ul>



*Praveen Martis*

Principal

ST. ALOYSIUS COLLEGE (AUTONOMOUS)  
MANGALORE - 575 003

## SAC holds "Aloysian Fest - 2023"

The inauguration of the 2-day intercollegiate mega talent competition "Aloysian Fest 2023" of St Aloysius College (Autonomous), Mangalore, was held on 22nd September 2023 in L. F. Rasquinha Hall of the College.

Mr. Sushanth Tharappan, Head of Human Resource Department, Infosys Ltd., was the chief guest for the programme. Speaking on this occasion, he said that success can be achieved when one constantly faces challenges and failures. He said that we should know our capabilities and make use of the opportunities we get on the appropriate platform and present them and showcase our talent. He said that communication is very important when we interact with people in society. There is so much to learn from and contribute to society. He said that it is easier to face challenges and reach the goal when you create your own way to success.



During the program, Cadet Ashna R. Rai, a student of I B.A. and Wencita Dias were felicitated on behalf of the college for their outstanding achievements.

Principal, Rev. Dr Praveen Martis S.J. presided over the program and gave the presidential remarks.

On this occasion, ART BEAT of Arts stream, COMPOSITE of Computer Application stream, ACME of Commerce stream, SPINOUT of Business Administration stream, INITIA of B.Voc. stream, IMPRINTS of Science stream, Cultural fest ASTITVA and Sports Festival ALOYSIAD Trophies were unveiled.



Fr. Vincent Pinto S.J., Finance Officer was the guest of honour. Dr Alwyn D'Sa, Registrar & Controller of Examinations, Dr Mahalinga Bhat, Program Convenor, Dr Ishwara Bhat S., Student Welfare Officer, Dr Anoop Deniz Veigas, Director of Student Council, Christon Joshua Menezes, Student Council President, Diya Padav, Cultural Secretary, Coordinators of the Events and Directors of all blocks were present on the dais.



Vinay Mayekar and Syrma compered the program. Dr Mahalinga Bhat welcomed the gathering. Christon Joshua Menezes proposed the vote of thanks.

## PRAGATHI

In order to promote the leadership qualities and impart the soft skills among students, St Aloysius College (autonomous) organised PRAGATHI program on 4<sup>th</sup> and 5<sup>th</sup> of July, 2023. This was an unique opportunity for the students to witness an enthralling learning experience primarily based around group activities and learning oriented games. About 3822 students participated in this program with the Aloysian spirit. Sessions were conducted on the topics like Communication, Effective Learning Study Skills, Conflict Management, Leadership skills and Team Building, Substance Abuse, Artificial Intelligence, Goal setting, Self Motivation, Self awareness, Time Management, Social awareness, Entrepreneurship, Neo Spirituality, Social institution and media, Professional Ethics. About 105 resource persons helped in smooth conduct of session, out of which 58 were the faculty members of the college and 47 external experts on various topics. Mr Arjun was the chief coordinator of the program and Mr Manoj and Mr Avinash were the assistant coordinators.



*Praveen*  
Principal

ST. ALOYSIUS COLLEGE (AUTONOMOUS)  
MANGALORE - 575 003

## 'Kalothsava 2023'

The Student Activity Cell of St Aloysius College (Autonomous) organised 'Kalothsava 2023' on 17<sup>th</sup> August 2023 at Fr L.F. Rasquinha Hall, LCRI Block. Mr Mohan Raj, Lecturer, St Aloysius Pre-University College, Mangalore, a Bharathanatyam Dancer and Cine Artist, was the Chief Guest. Rev. Dr. Praveen Martis SJ, Principal of the College presided over the programme.

Dean of student welfare, Dr. Ishwar Bhat, Ms. Kavitha B., Convener of the programme, Christon Joshua Menezes, President of Student Council and Diya Padav, Cultural Secretary were on the dais.



Through his words, Mr. Mohan Raj encouraged students to participate in art activities. He revealed his achievements in the art arena.

Rev. Dr. Praveen Martis SJ in his speech said that the College is giving a lot of encouragement to its students to nurture their talents. He urged the students to take advantage of it.

Dean of Student Welfare, Dr. Ishwar Bhat welcomed the gathering and briefed the audience on Kalothsava 2023. He said that the initial purpose of this programme is to identify the students' talents and nurture them into the respective fields by experts. The College has a number of talented students in different areas like drama, skit, singing, dancing, acting, quiz, etc. and the College is highly supportive giving opportunities to showcase their talents in and outside the college. He also encouraged the students and said that they must develop their personality and become true Aloysians.



Directors of various blocks of the College, Deans and the faculty members were present during the programme.

Lenvin Karl, III B.Com. compered the programme. Diya Padav, Cultural Activities Secretary introduced the chief guest. Program Coordinator Kavitha B proposed the vote of thanks. At the end of the program, a cultural program was held by the students of the College.



### Addiction Management Guest Talk

Human Wellness Forum of the Department of Post Graduate Studies and Research in Social Work of St Aloysius College, (Autonomous) Mangalore conducted a Guest Lecture on Psycho-social Intervention skills in Addiction Management and the resource person was Ms Clara D'Cunha, Director and Founder, TELOCA Charitable Trust Mangalore. Ms Clara D'Cunha is a prominent Social Worker who completed her MSW (MPSW) along with an M.Phil in Social Work and has been certified under ICAP (Internationally Certified Addiction Professional). The programme began at 1.30 pm on 23<sup>rd</sup> August, 2023 with the welcome and introduction given by Ms Vishnupriya, second-year MSW student (MPSW). Ms Clara in her address, she spoke about substances, their types, and their effects on users. She further stressed on treatment modalities for substance abuse and techniques in addiction management. She also created an environment for students to discuss and clarify their doubts. The session concluded with a vote of thanks proposed by Mr. Joel James second-year MSW student (MPSW). The session was scholarly and delighted by students with the future hope of acknowledging the information about addiction, its management, and the role of Social Worker.



Reported by Dr Prithwi



*Prithwi*  
Principal  
ST. ALOYSIUS COLLEGE (AUTONOMOUS)  
MANGALORE - 575 003

## Phoenix Launched & Guest Talk

Dr. Thiriochana Shetty, an alumna of the Physics Department and currently a postdoctoral fellow in France, launched Phoenix, the student association of the PG Physics program on 25 August 2023. She also gave a lecture during the inauguration event.



## Targeted Session

On August 7, 2023, the Department of Counselling at St. Aloysius College, Mangalore, conducted a targeted session for the college's football team, focusing on dismantling their mental blocks. Led by counsellors Sweedal, Shimil, and Akhil, the class incorporated physical activities, insightful discussions, and guided imagery, the session aimed to bolster their mental resilience and equip them with effective strategies to enhance their performance on the field. The football team members engaged enthusiastically, gaining valuable insights and tools to navigate their mental challenges, ultimately fostering a more confident and resilient team outlook.



## Paddy Transplantation

A third batch of 17 NSS Volunteers had the opportunity to experience Paddy Transplantation at Krishi Vigyan Kendra Mangalore. The students were accompanied by Mr. Alwin DSouza and Ms. Preema V Tauro.



## Orientation program for the I Year PG students

St Aloysius College (Autonomous), Mangalore organised an orientation programme for the first year PG students on 1<sup>st</sup> August 2023 in L.F. Rasquinha Hall.

Dr Malini Hebbar, Principal, Swastika National School, Mangaluru, was the resource person for the motivational talk. The Principal, Rev. Dr Praveen Martis, SJ, Dr Alwyn D'Sa, Registrar & Controller of Examinations, Dr Loveena Lobo, Director of Maffei Block, Rev. Fr Vincent Pinto, Finance Officer and Dr P. P. Sujimon, Dean, PG Studies, were on the dais.

Addressing the gathering, Rev. Dr Praveen Martis



briefed about how the College would mould the students under three components such as academic intelligence, character formation and social concern so that each student cherishes every aspect of life with dignity.

Dr Malini began her talk saying 'It's great to be young anywhere in the world, but it's equally great to be with the young anywhere in the world.' She advocated the book 'Go Kiss the World' by telling the narrative of Subroto Bagchi, whose sick mother advised him to 'Go Kiss the World,' and indirectly encouraged him to carry on with his life without worrying about his mother's illness. 'Do you want to be successful in life? If you want to be successful, start now,' urged the speaker. She used the metaphor of a hammock, which is easy to get into but tough to get out of, and applied it to life, saying, 'You may think of yourselves as mature and you may think of yourselves as capable of making decisions for your life, making choices for yourself, ourselves. But there is always the risk of getting involved in anything unhealthy, even if it provides you with temporary pleasure.' She ended the lesson by telling the pupils, 'In these two years, try to be academically brilliant. Develop your EQ so that it can help you create your character. Be innovative and resilient so that you can meet the trials of time.' Dr Rita Crasta, Assistant Professor, Department of Post-graduate Studies and Research in Physics, compered the programme. Dr Loveena Lobo welcomed the gathering.



*Dr Malini Hebbar*  
Principal

ST. ALOYSIUS COLLEGE (AUTONOMOUS)  
MANGALORE - 575 003