

Academic Clubs and Associations

Al Madhyam Association and Speaker's Club Association

The Al Madhyam Association and Speaker's Club association cleaned the college campus as Sahaya activity on 17 September 2023. Students were actively participated in this campus cleaning activity and also were very enthusiastic to do the work hand in hand.



NSS Participates in 95th ICAR Foundation day

The ICAR- Krishi Vigyan Kendra celebrated 95th foundation day of ICAR on July 16, 2023 by organising agricultural technology exhibition for the stakeholders in the College of Fisheries premises.

The program was inaugurated by Shri Bharat Kumar, Member, Mangalore City Corporation, Mangaluru. Shri Satyanarayana Bellari, Rice Germplasm Conservator from Kasargod and Shri Alwin D'Souza, NSS Programme Officer, St Aloysius College (Autonomous), Mangaluru graced the occasion as Chief Guests. Dr. T.J Ramesh, Senior Scientist and Head, presided over the function and provided information about the technologies developed by the ICAR for the benefit of farmers. The scientist of KVK Dr Kedarnath, Dr Rashmi, Dr Ravindra Gouda Patil, Dr Shivakumar and Dr Mallikarjun provided information about various technologies developed by ICAR. Shri Harish Shenoy, Scientist, coordinated the programme and provided information on rice production technologies.

About 24 volunteers of NSS units of St Aloysius College (Autonomous), Mangaluru actively participated in the programme.



Bionex

Bionex, the subject association of Postgraduate Department of Biochemistry, was inaugurated on August 29 at 3 p.m. at the Robert Sequeira Hall, St. Aloysius College, Mangalore. Dr. Shamprasad Varaja Raghu, the Chief Guest and Keynote Speaker, delivered a talk on "Fluorescent Proteins and Their Application in Scientific Research". The students from the Postgraduate Departments of Biochemistry and Biotechnology participated in this talk. The talk sparked new avenues of exploration among students and inspired them.



Eco Warriors

On 8 August, 2023 Eco Warriors planted 3 trees in Mother Teresa Peace Park, symbolizing their dedication to a Green and Clean SAC campus. The event was graced by the presence of the Principal Rev Dr Praveen Martis SJ, Chief Coordinator of CEC, Mr Glavin Thomas Rodrigues, and Environment Officer Mr Arjun were present.



Praveen Martis

Principal

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Inauguration of the Alchemy Association of the Department of Chemistry

The Alchemy Association of Post Graduate Studies and Research in Chemistry, St. Aloysius College (Autonomous), Mangaluru was inaugurated on 01 September, 2023 in Fr. Robert Siqueira Hall, LCRI Block. Dr. Akshatha R. Salian, President of Alchemy Association (2023-24), presented an overview of its objectives, mission, and planned activities. This introduction provided attendees with a clear understanding of the association's purpose and the benefits it offered to its members. Dr. Vinola Rodrigues, Head of the Chemistry Department introduced the Chief Guest, Mr. Chandrashekar Athala R, Vice President, Compliance and MC, Konkani Specialty Poly Products, Pvt. Ltd. The association was symbolically inaugurated by lighting the lamp by the dignitaries on the day.



The guest speaker shared his insights on the importance and the actual aim of industry academia collaboration and also discussed the concepts of product validation in chemical companies and gave a clear idea about the interviews conducted by the industries for the suitable candidates. Dr. Ronald Nazareth, Director of LCRI block, in his presidential address, mentioned the aims of association and explained how does it help in all-round growth of the students by creating the transformational leaders rather than the transactional leaders in the society.

The event concluded with closing remarks, where gratitude was expressed to all participants and individuals who contributed to the successful establishment of the Alchemy Association.

Reported by Dr. Akshatha R. Salian



Inauguration of Al-Manasa

The Inauguration of the new initiative Al-Manasa by the Department of Counseling in Association with Departments of Kannada and English was held on 12 September, 2023 at Magis Auditorium, Admin Block at 4.15 pm. The new initiative facilitates Communicative English learning through activity based and peer group learning. Faculty of the Department of Counseling, English and Kannada along with the Buddies of BA and beneficiary students were present during the occasion.



Heritage Association

On 2 October 2023, the Heritage association arranged a visit to old age home (St. Joseph Prashanth Nivas Anadhalaya) in Jeppu. Dedicated students actively participated in cultural, interaction and cleaning tasks. The Sahaaya Mentors, Ms. Rashmi, Ms. Meghana, Ms. Lilu Kumari Rajak, Dr. Govind Thapa Chetry accompanied and guided the mentees.



Premathis

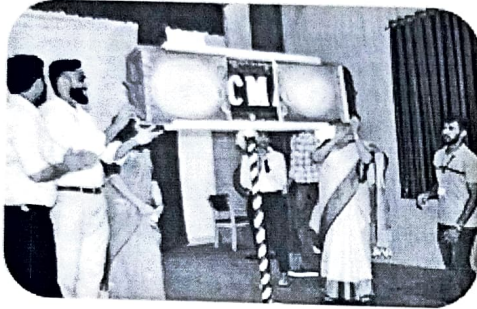
Principal

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St Aloysius College Masters' Association of Commerce (SACMAC)

The motto of St Aloysius College is "*Lucet et Ardet*", which means, "Shine to Enkindle". Drawing inspiration from the motto of its *Alma Mater*, the Department of Postgraduate Studies and Research in Commerce, M Com helps every student to shine and exhibit their hidden talent and be a dynamic leader for the future. To accomplish this particular aim the Department has an energetic association called "St Aloysius College Masters' Association of Commerce", popularly known as SACMAC.

SACMAC strongly believes that College life for every student is the golden life where friendships are forged, knowledge is gained and memories are canvassed forever. Embarking on the journey of education is not just



about textbooks and classrooms but a holistic experience that includes both academic and personal growth. Thus, SACMAC conducts various activities, seminars and competitions to facilitate the students to come forward, face the crowd and be at one's best in expressing one's talents and skills. The inauguration of this vibrant association was held on 25th August, 2023 at Fr Robert Sequeira Hall (LCRI BLOCK). Dr Steevan D Souza N, a well-known youth counsellor, trainer and motivational speaker

of the College and recommended that all the students to be lively participants in all the events and activities of SACMAC. The inauguration was followed by a motivational talk by Dr Steevan D'Souza on the topic "Embrace the unfamiliar: Stepping Beyond Your Comfort Zone". In his



talk Dr Steevan D'Souza spoke about the importance of having a role model and to emulate that person and the six pathways to feel better about oneself, i.e., to know oneself, to respect oneself, to love oneself, to affirm oneself, to trust oneself and to accept oneself. Further he said that everyone needs to have a good self esteem besides hard skills and soft skills to excel in one's life. All of us need to move from comfort zone – fear zone – learning zone – growth zone and life begins at the end of one's comfort zone. He concluded the session highlighting "to collect knowledge, not marks; to collect skills, not degrees; to collect experiences, not rewards; to invest in health, not in wealth; to collect one's purpose, not position/power because the purpose of one's life is to be happy." Sr Jovita Tellis compered the programme and Ms Anushree, the student co-ordinator proposed the vote of thanks. All together there were 65 students who witnessed the inauguration of SACMAC. It was a wonderful and thought-provoking motivational session that captivated everyone.

Reported By: Chandrakala Nayak

NSS-Golden Jubilee Celebration

The University marked a momentous occasion with the Golden Jubilee celebration of the National Service Scheme (NSS), a testament to half a century of service and community engagement. The event welcomed esteemed guests, including Dr Gananath Shetty Yekkar, Ex-State NSS Officer, and Rev. Fr. Melwyn Pinto SJ, Rector of St Aloysius Institutions, Vice-Chancellor, Rev. Dr Praveen Martis, SJ, Dr. Alwyn D'Sa, Registrar, and others. The program honored the legacy of past NSS program officers and alumni, acknowledging their tireless dedication to fostering leadership and social responsibility.



Literary Forum

The Sahitya Academy in association with the Konkani Institute of the University held a Literary Forum on Konkani Poet Louis Mascarenhas on February 16, 2024 in Robert Sequeira Hall of LCRI block. During the programme, there were four paper presentations on the life and literary works of Sri Louis Mascarenhas. Mr Dolphy-Casia, a renowned writer and Sahitya Academy awardee, presented a paper on 'Life and Works of Louis Mascarenhas'. Mr Melwyn Rodrigues presented a paper on 'Prosody in Louis Mascarenhas's Poetry'. Fr Francis Rodrigues presented a paper on 'Louis Mascarenhas as an Editor' and Fr Alwyn Serrao presented a paper on 'Louis Mascarenhas as the Playwright'. Rev. Dr Melwyn Sunny Pinto was the moderator for the paper presentations.



Premarbis

Principal

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ROTARACT CLUB - SAC Activities



St Aloysius College Rotaract Club joins the ROTARY MITHRA Project for conducting survey of senior citizens launched at Rotary Bala Bhavan, Ghandhinagar, Mangalore. The inauguration was led by Major Donor Rtn Prakash Karanth (IPDG RID 3181), with Mahesh Kumar, Asst Commissioner of Police as the chief guest and Dr. Rameela Shekar as the Guest of Honour. The initiative is a collaboration between Rotary Club of Mangalore North & Rotaract Club of St Aloysius College. Rtr Larrel Rodrigues and Past President, Rtr Chaman were present on the dais on November 19, 2023, at 9.00 am.

The project involves surveying and visiting senior citizens at their residences supported by Barke Police Station. The Initial visits to three families unveiled insights into their living conditions emphasizing the need for social interaction, health and safety concerns, and mobility challenges.



Members of the Rotaract Club St Aloysius College [Autonomous] Mangalore sponsored by RC Mangalore North attended the weekly meeting of the parent club on 31st October 2023 at 7:30pm, Rotary Bal Bhawan, Mannagudda. They were felicitated for being one of the most vibrant clubs in the Zone and for bagging prizes and awards in "Tandav" the Zonal Cultural Event. President Rtr Larrel presented a brief report of the events and activities of the club conducted till date. Rotaractors also had the unique opportunity to meet and interact with the parliamentary delegation from Uganda.

Our Rotaract Club members participated in taandav- zonal level cultural organised by Srinivas University Institute of Engineering Technology & won. **Group dance 1st**

place: Prathiksha Shetty, BR Vishma, Lerina, Sushma.K, Spandana Gowda, **Treasure hunt 1st place.** Prathiksha Shetty, Pournami Shetty, Seshna santhosh, BR Vishma, Chaman, **Solo Singing Runner Up-** Jennica Cordeiro



The Rotaract Club of Mangalore North - St Aloysius College, actively participated in the Walkathon event organized by the Mangaluru Police Commissioner on the auspicious occasion of ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ (Karnataka Rajyotsava) on November 1, 2023. The event revolved around the important theme of promoting a "Drug Free Mangaluru," with members of the the community coming together to raise awareness and actively contribute to a healthier and safer society

NCM Member visit



Ms Rinchen Lhamo, Hon'ble Member of the National Commission for Minorities visited the college on 16 October 2023. She interacted with the students and explained about the minority Scholarship schemes and other provisions that are made available by the Government of India



Principals

Principal

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NCC Army Wing



Cadets from NCC ARMY wing of the College who represented Karnataka & Goa directorate at the National level Thal Sainik Camp in Delhi 2023, were felicitated by 18 Kar Bu NCC, Mangalore group.

NCC Naval Visit to Old Age Home

On 19 November 2023, 20 cadets from College NCC Naval Subunit visited the Better Life Charitable Trust, an old-age home in Mangalore. They collected contributions for adult diapers and fruits, engaged in conversations with residents, performed a cultural program, distributed purchased items and cleaned the surroundings.



Eco Warriors Visit MRF

On January 13, 2024, 30 Eco Warriors, as part of the MoU with United Way Mumbai, visited the Maternal Recovery Facility (MRF) located in Bual. Guided by Mr. Glavin Thomas Rodrigues, Chief Coordinator of CEC, the students gained insights into the critical role played by MRF in plastic waste management. Mr. Andrew Dias, Project Manager at United Way Mumbai, elaborated on the significance of effective plastic waste management, fostering a collaborative effort between Eco Warriors and the organization to address this issue in Mangalore.



NCC Air Wing

15 Cadets of NCC Air Wing of the College participated in "Run for Unity" a 10km marathon at 08:30 hrs at Panambur beach organized by Indian Coast Guard on 31 October 2023 in the remembrance of Sardar Vallabhbhai Patel, India's "Iron Man."



NSS Annual Special Camp

The Valedictory Programme of National Service Scheme (NSS) Annual Special Camp 2023-24 was held on 03 January, 2024 at Government Pre-University College, Maninalkoor, Bantwal. The programme was presided over by Rev. Dr. Praveen Martis SJ, The Principal of St Aloysius College (Autonomous), Mangaluru. Mr. Nada Maninalkoor gave the Valedictory speech. Vice President and Members of College Betterment Committee, Government Pre-University College, Maninalkoor, Panchayat Members, Incharge Principal and faculty members of Government Pre-University College, Maninalkoor, Well-wishers of Government Pre-University College, Maninalkoor, NSS Programme Officers and Student Council Members were present for the Programme.



Praveen Martis

Principal

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NSS Activities



The NSS Units organised a guest talk on 13th Oct, 2023 in collaboration with Paper Seed Village Pakshikere, featuring a guest speaker addressing environmental awareness as part of the "Walk for Environment Awareness" campaign. The event, which included a walk from Pachanady to Pakshikere, stressed the importance of youth raising their voices for the environment. The NSS volunteers of our college commenced the walk from the college, passing through City Center, KSR Road, PVS Circle, and MG Road, finally reaching Besant Women's College. Throughout the procession, volunteers chanted slogans and displayed flags and placards spreading awareness regarding need of protecting environment. The presence of Mr. Nithin Vas, the founder of Paper Seed Village, emphasized the significance of environmental awareness and sustainability.



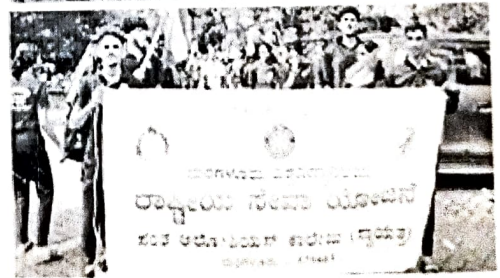
On the 19th of October 2023, the NSS Units of our college carried out a valuable service at St. Antony Ashram in Jeppu. This commendable effort was made possible by the participation of 61 dedicated volunteers and the guidance of two diligent staff members, Mr. Alwin and Ms. Binni Chan



NSS Volunteers and NCC Cadets participated in the Walkathon on theme 'Drug Free Mangaluru' organized by the Mangaluru Police Commissioner on Kannada Rajyothsava 01 November 2023. About 63 students walked from Kudmul Ranga Rao Town Hall to Mangala Stadium.

On 18 October 2023, NSS volunteers actively participated in the "Meri Mati Mera Desh" procession, which commenced at 9:00 AM from Statebank and concluded at the University College Mangaluru by 10:40 AM. Following the procession, a formal stage program unfolded at the University College, marked by a symbolic inauguration involving the pouring of soil into a pot.

The guest of honor, Mr. Bharath Shetty Y, MLA, addressed the volunteers and the audience, emphasizing the pivotal role of unity in our nation's development.



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NSS Polio Drive

NSS Volunteers had helped Bunder PHC in giving Pulse Polio drops at City Centre and Forum Fiza Mall on March 3, 2024.

NSS Volunteers had helped Bunder PHC in giving Pulse Polio drops at City Centre and Forum



Mangaluru, Karnataka, India
NSS Volunteers, Mangaluru, Karnataka, India

NCC on Cleaning Drive

On April 1, 2024, NCC cadets of Naval wing joined hands at Gandhi Park, embarking on a noble mission to clean and revive both the park and the revered statue of the Father of our Nation, Mahatma Gandhi.



Remarks

Principal

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