## A STUDY ON THE IMPACT OF PREMENSTRUAL SYNDROME (PMS) ON THE MENTAL HEALTH OF COLLEGE STUDENTS WITH SPECIAL REFERENCE TO MANGALORE CITY

A Dissertation Submitted to The Registrar of Evaluation St. Aloysius College
(Autonomous) Mangaluru, as a partial requirement for the
Master's Degree in Social Work.

BY
SANDRA T C
229137
II YEAR MSW



**ESTD: 1880** 

Approved by,

And Research in

Dr. Shwetha Rasquinha

HOD, Department of PG Studies

noysius Cullege (Autonemous) Mangalore-575 663

**Rev Dr Praveen Martis SJ** 

Approved by,

Principal

DEPARTMENT OF PG STUDIES AND RESEARCH IN SOCIAL WORK ST ALOYSIUS COLLEGE (AUTONOMOUS)

MANGALURU – 03 APRIL 2024