#### Soft skills 2022-23

# workshop on Counselling Skills

The Human Wellness Forum, Department of PG in Studies and Research in Social Work, St. Aloysius College (Autonomous), Mangalore, organized a two days workshop on Counselling Skills on August 18 & 19, 2022. The resource person for the workshop was Dr Lavina Noronha, Director of Ave Maria Palliative care, Vamanjoor. The workshop was organized with intent to enhance the Counselling knowledge and skills of students who are aspiring to become professional counsellors. Ms. Noronha created an atmosphere of active listening and engaging students in various activities like, individual assessment, case studies and Mock sessions etc to learn and to have better understanding of the concepts. She also inspired the students through her real-life experiences in Counseling and other aspects of Social Work practice. The topics covered during the workshop were as follows. Day 1-1. Concept of counseling. 2. Core conditions of counseling. 3. Principles of counseling. 4. Counseling ethics. 5. Non-verbal cues in counseling. Day 2-1. Verbal cues in counseling. 2. Advanced counseling skills. 3. Qualities of an effective counselor. 4. Benefits of Counseling. 5. Egan's three stage model of Counseling. The workshop provided the students a deep insight into counseling and their role in helping clients in need of counseling. It also helped student participants to understand and to enhance their qualities and skills. It was also a theoretical orientation to students to apply counseling skills during their field work practice. The workshop was organized by Dr Roshan Monteiro, the forum coordinator, there were 24 participants. Dr Loveena Lobo, The Director, PG Social Sciences, Maffei Block welcomed and introduced the resource person and Ms Sangeetha Udaykumar, Assistant student coordinator of the forum proposed the vote of thanks Reported by Dr Roshan Monteiro



### Workshop on IoT in Electronics lab

IoT Workshop: Department of BCA in collaboration with Dept. of Electronics organized a workshop on IoT in Electronics lab on 2nd and 3rd September 2022. (9 am to 4:30pm) Trainers from On Semi and Emerge Technology Bangalore with collaboration with Siona Solutions organized this workshop. 80 students of BCA benefited from this workshop.



## **ACCP Level 3 Skill Training Program**

A two-day skill training program on "High field Level 3 Award in HACCP for Food Manufacturing" was organized on March 30th and 31st 2023. The skill training program was organized by the Department of Postgraduate Studies & Research in Food Science. The training program was inaugurated by Dr Richard Gonsalves, Vice -principal and Director, LCRI Block. Dr S. N. Raghavendra, Head of the department. Department, welcomed the gathering. The training program was facilitated and conducted by Mr Aneesh Thekkepurath, Food Safety Trainer and Consultant, Advanssure Technical Solutions, Kerala for the two-day time period. A total 69 students along with 3 staff members from the department underwent this skill training program. The training program involved detailed insights regarding the seven principles involved in HACCP for Food Manufacturing along with the twelve steps involved in production of safe consumable food. The participants underwent an assessment test at the end of the training program. Overall, the HACCP training program has been successful in inculcating the participants with the safety and quality of food products manufactured by the company. The training program was coordinated by Mr Ashok Kumar C. Reported by Mr. Roysten Dias.





### **Skill Enhancement Programme**

The Department of B.Voc Retail Management organized a Skill Enhancement Programme for the students on 05-04- 2023. The Resource persons were Dr Laxmish Rai and Dr Audrey Pinto. A total of 156 participated in the Programme

