

F
ಸಂತ ಅಲೋಶಿಯಸ್ ಕಾಲೇಜು (ಸ್ವಾಯತ್ತ)
ಪಿ.ಬಿ. ನಂ. 720, ಮಂಗಳೂರು – 575 003, ಕರ್ನಾಟಕ
Website: www.stalloysius.edu.in



ST ALOYSIUS COLLEGE (AUTONOMOUS)
P.B.720, MANGALURU – 575 003, KARNATAKA, INDIA
Phone: 0824 - 4117701, 4117702, 4117703, 4117704
Email: principal@stalloysius.edu.in
alloysius.principal@gmail.com

Re-accredited by NAAC with 'A++' Grade – CGPA 3.67/4 (Cycle IV)
Ranked 80 in College Category – 2023 under NIRF, Ministry of Education, Government of India
Recognised as Centre for Research Capacity Building under UGC-STRIDE Scheme
Recognised under the DBT-BUILDER Scheme, Govt. of India
College with 'STAR STATUS' conferred by DBT, Govt. of India
Recognised by UGC as 'College with Potential for Excellence'

Report of Extension and Outreach Activities Academic year 2022-2023

Name of the activity: 75th INDEPENDENCE DAY
Collaborating agency: NSS
Date of the activity: 14/08/2022

Write-up about the programme:

On the occasion of 75 years of Independence the NSS association officers planned some interesting activities for the volunteers from 4th to 10th August. The activity was divided in 2 particular tasks. Task 1 was based on creating awareness about freedom, liberty, equality, justice etc. Volunteers clicked geo tag photos with their family and each group made a video to share their opinions. Task 2 was particularly about making posters, sketch, collage and writing essays about freedom fighters. Volunteers worked in their respective groups actively and uploaded their works in google drive.

Glimpse of their works is shown in the particular collage below:



To watch videos and read essay please click the following link:

https://drive.google.com/drive/folders/1PvqN5ifmW0oX35TP0XL-_1wh8cpR1PrO

Name of the activity: Yuvajanstava 2022

Collaborating agency: NSS and Mangalore University

Date of the activity: 25/08/2022

Write-up about the programme:

Namitha N (2121927) of II BSC represented Mangalore University in “**Youth Festival Yuvajanstava 2022**” held at Mysore from August 21st- 25th 2022. NSS team of Mangalore University won Overall Championship. Team was led by Mr Alwin Dsouza, NSS Program Officer of the College.



Name of the activity: Clean Coast , Safe Sea

Collaborating agency: NSS and Ministry of Earth Sciences Government of India, Vigyan Prasara New Delhi, Karnataka Science and Technology Academy Bengaluru, Pilikula Regional Science Center Mangaluru

Date of the activity: 07/09/2022

Write-up about the programme:

On 7th September 2022, Ministry of Earth Sciences Government of India, Vigyan Prasara New Delhi, Karnataka Science and Technology Academy Bengaluru, Pilikula Regional Science Center Mangaluru, St Aloysius College(Autonomous) Mangaluru in collaboration with NSS, NCC, Youth Red Cross and Center for social concern organised a lecture on **Importance of sea and it's resources "**. Inauguration ceremony began at 10:00 AM in Fr.L.F.Rasquinha Hall,LCRI Block. Guest of the day were Dr.K.V.Rao(Director, Pilikula Regional Science Center Mangaluru) and A.S.K.V.S.Sharma(Retired Chief Scientist,CFTRI, Mysore and Representative , Vigyan Prasara, New Delhi).Rev.Dr Praveen Martis SJ Principal, St Aloysius College (Autonomous) Mangaluru addressed the gathering. Resource person Dr Anish Kumar Warriar(Associate

Professor of Geology, Department of Civil Engineering, MIT Manipal) shared his knowledge on importance of sea and it's resources to the students. He stated a lot of facts about the sea and it's resources. How can we utilise the resources in useful way and to preserve it. Volunteers learnt different facts about the sea and it's resources.



Name of the activity: Beach Cleaning

Collaborating agency: NSS and Indian Coast Guards Committee

Date of the activity: 11/09/2022

Write-up about the programme:

Indian Coast Guards Committee in association with St Aloysius College (Autonomous) Mangaluru conducted beach cleaning in Panambur on 11th September 2022. Participants were from different associations like NSS, NCC, Youth Red Cross, Human Rights and Center for social concern. Around 200 students took part in this clean drive. Volunteers were divided into 5 groups and were provided with gloves and sacks. After the completion of the activity refreshments was distributed. The activity ended with a group photo.



Name of the activity: International Coastal Clean-up Day

Collaborating agency: NSS and Regional Directorate of NSS Bangalore and NSS Mangalore University

Date of the activity: 17/09/2022

Write-up about the programme:

On 17th September 2022, as a part of observation of International Coastal Clean-up Day, National Service Scheme (NSS), Youth Red Cross (YRC), St Aloysius College (Autonomous) Mangaluru in collaboration with Regional Directorate of NSS Bangalore and NSS Mangalore University organised Swachh Sagar Abhiyan 2022. A sea shore clean drive at Someshwara Ullal Beach. Around 113 NSS and YRC volunteers took part in this campaign.



Name of the activity: NSS Inaugural Ceremony

Collaborating agency: NSS

Date of the activity: 23/09/2022

Write-up about the programme:

The NSS Inaugural Ceremony 2022-2023 was held on 23rd September, 2022 in AR-802(Arrupe Block).

Host for the day was Swastika and prayer was led by Namitha and team. The inauguration was done by Dr Udaya Kumar B(NSS programme officer, St Agnes College Autonomous, Mangaluru) through watering the plant

symbolizing a nature friendly beginning for upcoming year. Dr Udaya Kumar B was accompanied by Mr Alwin (NSS programme officer, St Aloysius College Autonomous, Mangaluru) and NSS secretaries on the dias. Later on Dr Udaya Kumar B addressed the gathering and shared his knowledge on importance of NSS. The program ended with NSS anthem.



Name of the activity: 2 Days Camp – Manila

Collaborating agency: NSS and Shree Dhama Manila and Manila Gram Panchayat

Date of the activity: 09/10/2022

Write-up about the programme:

NSS unit of our college organised 2 days camp at Government High School Manila, Muruwa on 8th and 9th October, 2022. 32 volunteers along with 4 programme officers and other staff of the college prepared a plantation garden for the school and cleaned the surroundings of the school. Program was organised in collaboration with Shree Dhama Manila and Manila Gram Panchayat.



Name of the activity: Snehalaya Manna Activity

Collaborating agency: NSS and Centre for Civic Concern

Date of the activity: 10/11/2022

Write-up about the programme:

Students of our College helped Snehalaya in Serving the food to the relatives of patients (who are attending the patients) at Wenlock Hospital from 7th October, 2022 to 10th November, 2022.

89 NSS Volunteers and the students of other associations of Centre for Civic Concern took part in this program .



Name of the activity: Awareness Session

Collaborating agency: NSS and NCC and YRC

Date of the activity: 18/11/2022

Write-up about the programme:

On 18th November, 2022 different associations like NSS, NCC and YRC jointly organised Awareness Session on **“Blood Cancer and the need for life Savers”** held in Arrupe Block (802) at 3:00 PM. Resource Person's for the day were Mr Prajeet Sudhakar (Deputy Manager, Donor Recruitment) and Mr Mahamitra SK (Senior Associate, Donor Recruitment). They work for DKMS BMST Foundation India.

Block Director's of various blocks, Programme officers of NSS, NCC and YRC were present for the session. The resource person's shared information about blood cancer and it's types. They also explained the registration process. And how a Donor is capable of saving a life and become a life saver.



Name of the activity: Animal Care Trust

Collaborating agency: NSS and Animal Care Trust at Shakthinagara

Date of the activity: 19/11/2022

Write-up about the programme:

On 19th November, 2022 NSS Volunteers of our College visited Animal Care Trust at Shakthinagara and helped them in Gardening and Cleaning the premises of the institute. 34 Volunteers and 2 NSS Programme Officers took part in the activity. Ms Charlotte Gonsalves, Animal Care trust volunteer addressed the students.



Name of the activity: Sneha Milana-2022

Collaborating agency: NSS and MCC Bank and Snehalaya Charitable Trust

Date of the activity: 04/12/2022

Write-up about the programme:

NSS Volunteers and other students of our College gave Cultural Program Performances to the AIDS patients on 4th December, 2022 at Sneha Milana -2022 . A Day with PLHIV of D. K. district organised by MCC Bank and Snehalaya Charitable Trust.



Name of the activity: Annual NSS Camp -2023

Collaborating agency: NSS

Date of the activity: 15/01/2023

Write-up about the programme:

The Annual NSS Camp 2023, was conducted from 8th January, 2023 to 14th January, 2023. Some volunteers arrived at the camp site on the previous day on 7th January, 2023 with NSS Programme Officers Ms Preema and Mr Ayush to start the work like cleaning and looking at the arrangements of the necessities like water supply, kitchen needs etc. The volunteers worked for almost a day to make the camp site feel like home for the rest of the volunteers who arrived the next day on 8th January, 2023.

Day 1- Volunteers arrived and took a bit of time to settle down. Programme Officers assigned the volunteers with the task to invite the villagers for the formal and cultural programs which were to be conducted for the rest of the camp. After inviting the villagers the volunteers returned to the camp site and started the preparation for the inaugural ceremony. Guest's for the inaugural ceremony were Dr Praveen Martis SJ Principal St Aloysius College, Mangalore, Smt. Shalini Ravindar Suvarna, President Gram Panchayat, Dr Alwin Desa, Registrar St Aloysius College, Smt Ankitha Nayak, PDO Neere Grama, Rvt Wilson Sadhu, CSI Fisher Memorial Church Bailur, Sri Sumith Shetty, Ex Zilla Panchayat member Bailur, Sri Jayashankar Maben, Secretary of Sabha Paripalana Samithi CSI, NSS officers Ms Carrel and Mr Alwin and NSS secretaries. The inauguration of the NSS Annual Camp was done through lighting the lamp. After the inauguration ceremony volunteers were divided into 5 groups and each group was allotted with a leader. Different incharges were allotted for different duties. In the evening there was interaction session held by the officers so that volunteers could get to know each other.

Day 2- The flag was hoisted by Mr Alwin D'souza NSS Programme officer St Aloysius College Mangalore. The shramadhan activity was conducted in the ground which is also a way to the camp site. Volunteers had to clean the grass and also pick up the wood. All the volunteers worked with enthusiasm and completed the work. Educational session was conducted in the afternoon by resource Person Ms. Bindhiya Shetty On the topic "Waste Management" and its effects on environment. She shared the knowledge on waste segregation and its importance. Cultural program was organised by the volunteers in the evening for the villagers.

Day 3 -The flag was hoisted by Mr Robelo Fredrick PT teacher Government PU College Bailur. Sir addressed the volunteers with wise thoughts. The shramadana activity was shifted to the roads near BEMS school. All the Teams successfully achieved their given target. Snake Kiran were the resource person for the educational session. The topic covered were in relation with extinction of the snakes and about the types of snakes like venomous and non-venomous. To scare away the fear of the volunteers Mr Snake kiran allowed them to hold or touch a real snake. Cultural program was organised by the volunteers in the evening for the villagers.

Day 4- The flag was hoisted by Mr Nazir Shaik President of Karnataka Muslim Janath Karkal Unit. Sir addressed the volunteers with his inspirational talk. For the shramadan purpose volunteers were made to clean the cemetery area behind the school. Volunteers cleaned the way to the cemetery and also cleaned the weeds in the cemetery. In the afternoon volunteers went for trekking and visited the Parashurama theme park. Volunteers danced and sang songs while trekking and had a lot of fun. Cultural program was organised by the volunteers in the evening for the villagers Mr P Kishan Hegde were the guest for the cultural program.

Day 5- The flag was hoisted by Mr Sahadeva Naik retired army officer. Sir addressed the gathering with his experiential and inspirational thoughts. The shramadana work continued in the cemetery and the volunteers

completed the given task successfully. For the educational Session volunteers had to teach the children of BEM school some crafts and action songs. Crafts thought to the children by the volunteers were paper boats, paper pen stand, Flowers and oragami. Cultural program was organised in the evening for the villagers.

Day 6- The flag was hoisted by Mr Ayush Kottary NSS officer St Aloysius College Mangalore. Sir shared his positive and motivated thoughts with the volunteers. The Shramadha was to clean the school campus. Volunteers completed their work within the given time. Senior volunteers planned different sports match for the volunteers. Sports like volleyball, football, thug of war and dog and the bone. Volunteers took active participation and played well with sportsmanship. Cultural program was organised by the volunteers in the evening for the villagers. There was shibirajyoti and volunteers sang patriotic songs as volunteers lit the deepas and placed it on the Indian Map. Volunteers silently dispersed after shibirajyoti.

Day 7- Volunteers started the preparation for the validictory program. Guests for the program were Dr. Mahant Hegde, Primary Health Centre, Bailur, Dr Praveen Martis S. J., Principal, St Aloysius College (Autonomous), Mangalore, Sujay Jatanna, General Secretary, Rvt Wilson Sadhu CSI, Fisher Memorial Church, Bailur, Shri Subramanya, B.E.M. School Bailur, Smt Premalatha Jatanna, Former Member, Zilla Panchayat, Mr. Mahesh Rao, Secretary, Maitri Seva Sangh (Ret.) Bailur, Shri Jayashankar Mabane, Secretary, Passport Committee, CSI Fisher Memorial Church, Bailur, Karkala, Dr Alvin Desa Registear, St Aloysius College (Autonomous) Mangalore, Camp officers Mr Alwin, Ms. Preema, Mrs. Caral Sharal Pereira and Mr Ayush G.K, and NSS Secretaries. Volunteers were awarded for different talents and skills. Group awards were also presented in the form of overall championship and best talented team. Camp ended with the national anthem and nss dispers clap.



Name of the activity: EUNOIA Intercollegiate Competition

Collaborating agency: NSS and YRC

Date of the activity: 24/01/2023

Write-up about the programme:

Inter-College competition at St. Aloysius College, Mangalore held on 24-01-2023. National Service Scheme of Aloysius College organised EUNOIA Inter Collegiate Competition in collaboration with Red Cross was held in the college premises.

Speaking at the inauguration of the program, Mr. Gananatha Shetty Yekkar (Former State NSS Officer, Department of youth empowerment and sports and RTO, principal, GFGC Thenkanidiyoor) said that this college has given a good memory of National Service Scheme. Cultural activities provide mental relaxation. So more importance needs to be given to such good programs. These programs are necessary to keep away from unpleasant events that are not in the society, to forget caste and caste differences and build the mind. This will increase the life skills of the students. The number of participants in competitions has decreased. Prizes or not, competition is spirited, he convinced the principal and the students.

Mangalore University NSS Coordinator Dr. Nagaratna, K. A. Talked about how when we involve ourselves in our lives as a text supplement, we come to the forefront of society. By participating in such a program at the college level itself, one can compete later in life. She said that where there is an attitude of obedience and respect for the Guru, talents will be revealed.

Principal of the college Rev. Dr. Praveen Martis SJ said, humanity is important in you. There are many castes and religions. Other than that, he said, feel that we are all the same and enjoy today happily. Ms Carrel, Ms Kavitha, Mr Vaishak, Mr Macwin and others were present in the program.

Students from different colleges participated in various events like kalarava (Street play), kalashreni (Variety), Kai Chalaka (wealth out of waste) and Kai Ruchi (Cooking without fire).



Name of the activity: Republic Day, 2023

Collaborating agency: NSS and Mangalore University

Date of the activity: 26/01/2023

Write-up about the programme:

NSS Contingent Of Mangalore University Won first place at District Republic Day Parade.

Kundar Sakshi Satish of BCA (214646) & Sanjana shetty of BA (2110313) were part of this Contingent. Whole contingent training was taken care by Alister Shaun Dsouza of BA (2110603).



Name of the activity: Leadership Training Camp

Collaborating agency: NSS

Date of the activity: 27/01/2023

Write-up about the programme:

NSS, YRC ,Rangers and Rovers, NCC students of St Aloysius College(Autonomous), Mangaluru attended Two days Leadership Training Camp and 74th Republic Day Celebration from 25/01/2023 to 26/01/2023 at Alvas College, Moodubidre. 137 Students took part in this Programme. NSS officers Ms. Preema Tauro and Ms.Carrel Pereira accompanied the students.



Name of the activity: E-Waste Collection Drive

Collaborating agency: NSS, IT club, Lions International District 317 D, Animation Association

Date of the activity: 03/02/2023

Write-up about the programme:

IT club and Lions International District 317 D in association with Animation Association and NSS Units organised E-Waste Collection Drive from 3rd February,2023 to 10th February,2023. On 3rd February,2023 a awareness session on e-waste management was conducted by Dr Divya Shetty, Assistant professor , Department of P.G Chemistry St Aloysius College (Autonomous),Mangaluru in L F Rasquinha Hall,LCRI block.



Name of the activity: Sports Day

Collaborating agency: NSS

Date of the activity: 16/03/2023

Write-up about the programme:

Various sports events were conducted from 6th March, 2023 to 16th March, 2023. Events like High jump, long jump, shotput, javelin throw, track events etc. Volunteers were divided into various groups for each day and were allotted with respective duties. On 16th March, 2023 Sports Day volunteers main work was to look after seating arrangements, Drinking water supply and discipline. For each sport event volunteers were allotted with different duties. Volunteers completed all the given tasks and helped in making Sports Day a successful event.

Name of the activity: Yuvajanotsava 2023

Collaborating agency: NSS

Date of the activity: 19/02/2023

Write-up about the programme:

Samitha (2221005) from I BSC, NSS volunteer of our college, represented Mangalore University in State level youth fest "YUVAJANOTHSAVA" at Bangalore, Hoskote from 15-2-2023 to 19-2-2023 and won Overall Championship. Individually she has won First place in essay. First in group dance and Second in group singing.



Name of the activity: Outreach Program

Collaborating agency: NSS and St Antony Ashram, Jeppu

Date of the activity: 25/02/2023

Write-up about the programme:

NSS unit of our College held outreach programme on 25th February, 2023 at St Antony Ashram, Jeppu. 119 NSS Volunteers took part in this program. The volunteers helped the Ashram in gardening and cleaning the premises. Officers present during the program were Ms. Preema Tauro and Ms. Carrel Pereira.



Name of the activity: State Level Youth Fest

Collaborating agency: NSS

Date of the activity: 23/02/2023

Write-up about the programme:

NSS Volunteers of our college Kavyashree D (2121921) from II Bsc and Ananya P Shetty (2121902) from II Bsc represented Mangalore University in State level youth fest at Bijapur, from 19-2-2023 to 23-2-2023 have won the following prizes:-

Kavyashree D won 3rd place in debate, 2nd place in group singing and 2nd place in exhibition. Ananya P shetty won 2nd place in group singing and 2nd place in exhibition.



Name of the activity: National Integration Camp, Bareilly, Uttar Pradesh

Collaborating agency: NSS

Date of the activity: 03/03/2023

Write-up about the programme:

Krishnaprasad P-2120615 from 2nd BSC, Kundar Sakshi Satish -214646 from 2nd BCA and Mr Alwin D'Souza, NSS Programme Officer, St Aloysius College (Autonomous), Mangaluru with 6 volunteers from various colleges represented Mangalore University, Karnataka in the National Integration Camp held at Bareilly, Uttar Pradesh from 25th February, 2023 to 3rd March, 2023. Volunteers from different states participated in this camp. The main motive of the camp was to highlight the various cultures and traditions of different states. Education sessions were held in the afternoon to improve the knowledge of the volunteers on variety of topics. Each state got a chance to perform in the evening cultural program and they utilised this opportunity to represent their state culture. Various competitions like poster making, rangoli making, slogan writing were held. Krishnaprasad and Sanket from team Karnataka secured second prize in slogan writing competition. The camp represented Mini India.



Name of the activity: Pradhan Manthri Mission

Collaborating agency: NSS and Central Bureau of Communication, Ministry of Information and Broadcasting, Government of India, Mangaluru

Date of the activity: 10/03/2023

Write-up about the programme:

Central Bureau of Communication, Ministry of Information and Broadcasting, Government of India, Mangaluru along with NSS Units of St Aloysius College (Autonomous) organised a week long programme on “Pradhan Manthri Mission for India 2047” from 7th March, 2023 to 10th March, 2023. The inaugural ceremony was held on 7th March, 2023 in LCRI Block. On 8th March, 2023 there was women’s day celebration in LCRI Block. On 9th March, 2023

there was “Ekh Bharat Shreshtha Bharat” dance competition in Eric Mathias hall. Various groups participated in the dance competition and secured various prizes. On 10th March,2023 there was a talk on “Role and responsibility of International Migration Centre” and “National Career Service Portal” by the resource person’s Ms Ridhi Vasani, District Counselor, International Migration Centre Government Of India, Urwa Market Building, Mangaluru and Smt Mili Sheela Paul , Young Professional, District Employment Office M.G .Road Lagbag, Mangaluru. Volunteers visited the Exhibition that included information about India and its history.



Name of the activity: Shramadhan Program

Collaborating agency: NSS

Date of the activity: 22/03/2023

Write-up about the programme:

NSS organised shramadhan program on Wednesday 22nd March, 2023 at Olawinahalli, Kottekar, Beeri.

The work was to clean the surrounding area. Work consisted of cutting unwanted grass and picking plastics etc.

Volunteers completed the task within the given time. 59 volunteers took part in this activity. They

were accompanied by Mr Alwin D'Souza, NSS Programme Officer.



Name of the activity: Blood Donation Camp -2023

Collaborating agency: NSS and Fr Muller Medical College Blood Bank

Date of the activity: 25/03/2023

Write-up about the programme:

St Aloysius College (Autonomous), Mangaluru, Youth Red Cross, NCC Air Wing, National Service Scheme in collaboration with Fr Muller Medical College Blood Bank organised Blood Donation Camp on 25th March, 2023. Chief guest for the day were Dr Kirana Pailoor, Professor and Dean of Immuno-Hematology and Blood Transfusion Fr Muller Medical College. President were Rev. Dr Praveen Martis SJ Principal, St

Aloysius College (Autonomous), Mangaluru. Programme officers and volunteers of various association like YRC,NCC and NSS were present. Donating blood can make a big difference for those in need.



Name of the activity: Door To Door Campaign

Collaborating agency: NSS

Date of the activity: 26/03/2023

Write-up about the programme:

On 26th March, 2023 a 5 hours of Sahaaya Exposure was organised by Sarang in Bajal. Exposure on door to door campaign and awareness on domestic violence. Volunteers from various association like NSS and NCC participated in this campaign.



Name of the activity: Puneet Sagar Abhiyan
Collaborating agency: NCC Army Wing
Date of the activity: 01/06/2022

Write-up about the programme:

The cadets of St. Aloysius College NCC Army Wing conducted a clean-up drive as well as an awareness program on Water pollution at the Bolar Sea Face on 1st June, 2022.

Name of the activity: Awareness Campaign on Blood Cancer
Collaborating agency: NCC Army Wing
Date of the activity: 18/11/2022

Write-up about the programme:

The cadets of St. Aloysius College NCC Army Wing, on 18th November, 2022 took part in an awareness campaign on Blood Cancer. The cadets also provided samples of their saliva for testing in order to donate vital elements of their blood to those in need.

Name of the activity: Blood Donation Drive in St. Aloysius College

Collaborating agency: NCC Army Wing

Date of the activity: 25/11/2022

Write-up about the programme:

The cadets of St. Aloysius College NCC Army Wing conducted a blood donation drive in St. Aloysius College, Mangalore on 25th November, 2022. The Cadets provided the students of the college with a great medium to serve society and save lives through the blood donation drive. Dr Gerry Rosario, SJ, also known as ‘Barefoot Gerry’, an Indian Jesuit Priest, spiritual counsellor and social activist was the chief guest.

Name of the activity: Blood Donation Drive in University College

Collaborating agency: NCC Army Wing

Date of the activity: 27/11/2022

Write-up about the programme:

The cadets of St. Aloysius College NCC Army Wing took part in a blood donation drive conducted by University College, Mangalore on 27th November, 2022 under the guidance of 18 Kar Bn NCC Mangalore. The blood donation drive was conducted as part of the celebration of the NCC Day.

Name of the activity: Swatch Bharath Campaign at St. Aloysius College

Collaborating agency: NCC Army Wing

Date of the activity: 25/02/2023

Write-up about the programme:

The cadets of St. Aloysius College NCC Army Wing conducted a clean-up drive in the premises of St. Aloysius College (Autonomous), Mangaluru on 25th February, 2023.

Name of the activity: Puneet Sagar Abhiyan at Tannirbhavi beach

Collaborating agency: NCC Army Wing and 18 Kar Bn NCC Mangalore

Date of the activity: 09/03/2023

Write-up about the programme:

The cadets of St. Aloysius College NCC Army Wing took part in a beach cleaning program conducted by 18 Kar Bn NCC Mangalore under Puneet Sagar Abhiyan on 9th March, 2023.

Name of the activity: Shramadan at Kanyana, Bharath Sevashrama

Collaborating agency: NCC Army Wing

Date of the activity: 19/03/2023

Write-up about the programme:

The cadets of St. Aloysius College NCC Army Wing took part in a service provided to Bharath Sevashrama on 19th March, 2023 wherein the cadets interacted with the people and assisted them in their work.

Name of the activity: Dream Run Mangalore Triathlon

Collaborating agency: NCC Army Wing

Date of the activity: 09/04/2023

Write-up about the programme:

The cadets of St. Aloysius College NCC Army Wing took part in Dream Run Mangalore Triathlon conducted on 9th April, 2023 by the Tapasya Foundation in order to support patients suffering from cancer.

Name of the activity: Short film made to raise awareness about substance abuse

Collaborating agency: NCC Army Wing

Date of the activity: 15/04/2023

Write-up about the programme:

Cadet Kshithi S Manai of St. Aloysius College NCC Army Wing played the role of the female protagonist in the short film; ANTARGATHA - Deep into the Dark World. The short film aimed to raise awareness on substance abuse.

https://youtu.be/WIHajo60i_k

Name of the activity: Give peace a chance

Collaborating agency: NCC Air Wing

Date of the activity: 05/10/2022

Write-up about the programme:

All the second year cadets attended this programme which was conducted on 5-10-2022 at LCRI Hall of St Aloysius college (Autonomous), Mangaluru. The objective was to bring the change in the society through the small acts we do in our everyday life and what can be done in order to bring the changes.

Name of the activity: Beach cleaning

Collaborating agency: NCC Air Wing

Date of the activity: 08/10/2022

Write-up about the programme:

NCC Air wing organised a beach cleaning Programme on 08- 10- 2022 at Thaneerbhavi. 55 cadets along with the ANO participated in the cleanliness drive.

Name of the activity: Awareness session on blood cancer

Collaborating agency: NCC Air Wing

Date of the activity: 18/11/2022

Write-up about the programme:

Awareness session on blood cancer: The cadets attended a guest talk on awareness on blood cancer by Mr Prajeet and Mr Mahamitra which was conducted on 18-11-2022 at St Aloysius College (Autonomous), Mangaluru.

Name of the activity: Blood donation camps

Collaborating agency: NCC Air Wing, NSS and YRC

Date of the activity: 25/11/2022

Write-up about the programme:

NCC Air Wing organised two blood donations camps. The first camp was on the occasion of NCC day celebration was conducted on 25-11-2022 where 109 units of blood was collected. The second camp was organized on 26-03-2023 where 104 units of blood was collected. Both the camps were conducted in collaboration with NCC wings, NSS and YRC.

Name of the activity: Tree Plantation Drive

Collaborating agency: NCC Air Wing

Date of the activity: 27/11/2022

Write-up about the programme:

To create an awareness regarding climate change and its adverse effects organised a Tree Plantation drive on 27-11-2022. All the cadet participated in this event and planted sapling at their home.

Name of the activity: Old age home visit

Collaborating agency: NCC Air Wing

Date of the activity: 25/02/2023

Write-up about the programme:

NCC Air Wing organised a visit to Mother Teresa home, Mangaluru on 25-02-2023 as a part of Sahaya activity. The cadets interacted with the elderly gave a cultural programme and donated snacks.

Name of the activity: Swatch Bharath

Collaborating agency: NCC Air Wing

Date of the activity: 25/02/2023

Write-up about the programme:

NCC Air Wing organised a cleanliness drive around the college entrance and Tagore Park Mangaluru on 25-02-2023.

Name of the activity: JAMBOREE

Collaborating agency: Rangers and Rovers

Date of the activity: 27/12/2022

Write-up about the programme:

A team of 7 Rangers and 2 Rovers under the guidance of Rover Scout Leader, Mr. Akshith Kumar attended the International Culture Jamboree which was held in Alva's college Moodbidri , Dakshin Kannada, Karnataka, India from 20th dec to 27th dec 2022.

We reached the site on 20th dec around 1 o'clock and settled in the allotted rooms and on 21st evening there was an inauguration program in a presence of PGR Sindhya sir with his motivational speech.

We were encouraged to live in harmony and with one another. And also we were introduced to numerous concepts and ideals from various cultures, traditions, and ways of life, which helped us acquire knowledge and abilities. Additionally, it increased our tolerance for social and cultural differences. The Cultural Jamboree had been filled with a tonne of fun, interesting, and difficult events that had made it an utterly unforgettable experience.



In the ground floor of main hall was the science exhibition or Vigyana Mela, held to reinforce the scientific attitude among us. Here many projects made by the students were displayed. And there were competitions like Ideathon and hackathon, Quiz, Youth got talent, science model Making. We two of us from our college took part in Ideathon and hackathon competition under the guidance of Ms Akshith Kumar.

On the upper floors was the book exhibition or Pustaka Mela with a wide exposure to different types of books. Such places become a great opportunity to rekindle and develop the reading habit among the younger generations.

There were continuous sessions of cultural performances in different venues across the sprawling campus like the Nudisiri Vedike, Palace grounds, KV Subbanna Bayaloor Ranga Mandira or Dr. V.S. Acharya Sabanganna. The agriculture exhibition or Krishi Mela was another highlight of the jambooree where we as students were exposed to modern methods of agriculture to make us understand the importance of agriculture in daily life.

There was even fun bases and challenge valley where we had a great experiences



Name of the activity: Literary Conference
Collaborating agency: Rangers and Rovers
Date of the activity: 27/12/2022

Write-up about the programme:

The students of Rovers and Rangers association under the guidance of Mr.Akshith Kurmar attended the Literary conference held on 03-02-2023 to 05-02-2023 at Belthangady takul Ujire

We were total 9 of us, among which 5 were Rovers and 4 were Rangers who attended this program representing our college. We reached the site on 3rd of Feb and allotment of work was done to us according to which we served there till 5th of Feb and that evening camp disperse was also done.



Name of the activity: Our Planet, Our Health

Collaborating agency: YRC, District Administration in Association With St Aloysius College, Zilla Panchayat, District Health & Family Planning Welfare Dept.

Date of the activity: 07/04/2022

Write-up about the programme:

With Theme 'Our Planet, Our Health' District Administration In Association With St Aloysius College, Zilla Panchayat, District Health & Family Planning Welfare Dept.; District Wenlock Hospital; Mangaluru City Corporation, Various Healthcare and Medical Institutions in Dakshina Kannada Observe 'World Health Day' On 7 April 2022.

Are we able to reimagine a world where clean air, water and food are available to all? Where economies are focused on health and well-being? Where cities are liveable and people have control over their health and the health of the planet? In the midst of a pandemic, a polluted planet, increasing diseases like cancer, asthma, and heart disease. On World Health Day 2022, WHO will focus global attention on urgent actions needed to keep humans and the planet healthy and foster a movement to create societies focused on well-being.

Along with the chief guest Dr K V Rajendra-the Deputy Commissioner of DK and other dignitaries joined on stage were – MLA Vedavyas Kamath, MCC Mayor Premanand Shetty; MCC Commissioner Akshy Sridhar; Rev Dr Praveen Martis SJ-

Principal of St Aloysius Col-lege; Srinivas Deshpande- Assistant General Manager, Karnataka Bank HO; Dr Sathsih Chandra-SMO of World Health Organization DK; Dr Kishore Rao- District Health Dept DK, among others. DC Dr Rajendra Kumar and MLA Vedavyas Kamath spoke about the pandemic crisis and how it impacted the lives of many, they urged that people should be careful about their health condi-tions, and when needed, for health checks they should approach the government hospitals or clinics for treat-ment.

WHO estimates that more than 13 million deaths around the world each year are due to avoidable environ-mental causes. This includes the climate crisis which is the single biggest health threat facing humanity. The climate crisis is also a health crisis. Our political, social and commercial decisions are driving the climate and health crisis. Over 90% of people breathe unhealthy air resulting from the burning of fossil fuels. A heating world is seeing mosquitoes spread diseases farther and faster than ever before. Extreme weather events, land degradation and water scarcity are displacing people and affecting their health. Pollution and plastics are found at the bottom of our deepest oceans, the highest mountains, and have made their way into our food chain. Systems that produce highly processed, unhealthy foods and beverages are driving a wave of obesity, increasing cancer and heart disease while generating a third of global green-house gas emissions.

While the COVID-19 pandemic showed us the healing power of science, it also highlighted the inequities in our world. The pandemic has revealed weaknesses in all are-as of society and underlined the urgency of creating sustainable well-being societies committed to achieving equitable health now and for future generations without breaching ecological limits. The present design of the economy leads to inequitable distribution of income, wealth and power, with too many people still living in poverty and instability. A well-being economy has human well-being, equity and ecological sustainability as its goals. These goals are translated into long-term investments, well-being budgets, social protection and legal and fiscal strategies. Breaking these cycles of destruction for the planet and human health requires legislative action, corporate reform and individuals to be supported and incentivized to make healthy choices.





Name of the activity: Blood donation camp

Collaborating agency: YRC, NSS

Date of the activity: 11/05/2022

Write-up about the programme:

On 11th May, 2022 Youth Red Cross and National Social Service jointly organized blood donation camp with the help of Wenlock hospital, we successfully had 150 donors from St Aloysius College, UG and PG students.

The chief guest Dr. Sharath Kumar Rao, Blood bank officer and our president Dr Denis Fernandes, Director Arrupe block were present at the occasion. Both secretaries and officers of YRC and NSS briefed the session. The camp went on from 9am - 4pm and it was a success.


Mangalore University

St Aloysius College (Autonomous)
Mangaluru - 575 003

National Service Scheme (NSS)
&
Youth Red Cross

Organise

BLOOD DONATION CAMP



Chief Guest
Dr Sharath Kumar Rao
Head Bank Officer, Wondich Medical Hospital

President
Dr Denis Fernandes
Professor, English Dept.,
St Aloysius College (Autonomous)

DATE : 11/05/2022, WEDNESDAY

VENUE: MAIN AUDITORIUM

TIME: 9 AM - 1 PM

You're cordially invited
to donate blood & save 3 lives by giving 1 unit of blood.

NSS & YRC Programme Officers NSS & YRC Volunteers



1





GOVT. WENLOCK DISTRICT HOSPITAL, MANGALURU
Department of Immunohematology & Blood Transfusion
Regional Blood Transfusion Centre



LETTER OF APPRECIATION

Date: 28.07.2022

To,

RED CROSS

St. Aloysius College
Mangaluru.

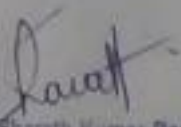
Respected Sir/Madam

We are pleased to appreciate the contribution of **RED CROSS AND NSS** associations of St. Aloysius College, Mangaluru for organizing Voluntary Blood Donation camp on 11/05/2022, at St. Aloysius College by Regional Blood Transfusion Centre, Regional Centre of Excellence, Govt. Wenlock District Hospital, Mangaluru. Total 234 units of blood were collected.

We would like to thank all the members of **RED CROSS AND NSS** associations of St. Aloysius College, Mangaluru for spending valuable time and efforts in understanding the organization of the blood donation drive which is very precious and help us to save lives.

Best wishes to you all for future endeavors

With Warm Regards,


Dr. Sharath Kumar Rao J. M.D. FRCR
Senior Consultant and MOO
Department of Immunohematology and Blood Transfusion
Regional Blood Transfusion Centre of C.D.B.
Wenlock Dist. Hospital, MANGALURU - 575 001
K.M.C. Reg. No. 43424

Name of the activity: WORKSHOP ON LEADERSHIP QUALITY IN SAVING LIFE
Collaborating agency: YRC, NSS
Date of the activity: 27/05/2022

Write-up about the programme:

On 27th May 2022, YRC unit of St Aloysius College (Autonomous), Mangaluru in association with NSS organised a workshop on Leadership Quality In life Saving. The session began at 2 pm and was held at AR 802 and was hosted by YRC Anushka. Prayer followed by NSS team and welcome address by Ms Carrel Sharel Perriera. The session was presided over by Dr Denis Fernandes (Director, Aruppe Block, St Aloysius College (Autonomous), Mangaluru. The resource person for the day was Mr K Jagadish Adapa (MD of Usha Fire Safety & Director of Usha Pvt Ltd).

He explained and carried out an interactive session regarding fire safety and the importance of being aware of the precautions and immediate measures to save lives. He also showed us few experiments with fire on the stage called students to do it. The session was Carried out very well he showed us many videos during the session and also enter acted with students during session.

He demonstrated various methods of fire extinguishing at the college ground and gave practice on same to the volunteers. He taught us how to use fire extinguisher in many ways and what are the types of fire extinguisher even lectures took part it in. The session ended at about 4.30 pm by vote of thanks proposed by Craig. About 105 YRC volunteers participated in the session and it was headed by Mr M A Nadaf, Mr Ayush, Ms Carrel Sharel Perriera and Ms Nandini Shet.



1

3

Name of the activity: SNEHALAYA VISIT

Collaborating agency: YRC

Date of the activity: 05/06/2022

Write-up about the programme:

On 5th June 2022, 45 Volunteers of YRC unit of St. Aloysius College Mangalore had gone to an rehabilitation centre at Pavor, Kerala under the guidance of our mentors Mr Reji john sir, Mr. M A Nadaf sir and Ms Sherley madam and the secretaries Mr. Macwin and Ms Ashlin. We were welcomed by the manager Ms Veena and the founder of Snehalaya Mr Joseph Carsta.

He shared his experiences and also said how he was inspired to begin this Institution. We went around the campus and did witness their hard work. The visit to the female ward moved us, the women there are so wholesome and the interaction with them was amazing we also had a chance to see their crafty skills. We conducted few games sang songs and performed some dances for which the inmates did participate equally.

<http://snehalayamangalore.com/news/item-red-cross-unit-of-st-alloysius-college-mangalore-visited-snehalaya/>



1

Name of the activity: BLOOD DONATION CERTIFICATE DISTRIBUTION

Collaborating agency: YRC, Centre for Social Concern

Date of the activity: 21/06/2022

Write-up about the programme:

On 21st June 2022, the Centre for Social Concern in collaboration with the Students Council and Youth Red Cross organized Blood Donation Certificate Distribution Program at Gelge Hall. Rev Dr Praveen Marstis SJ was the President of the program. 100 certificates were distributed to the students who donated their blood during the requirement requested by different hospitals.

Dr Anup Veigas – student council coordinator, Mr M A Nadaf – Youth Red Cross Officer, Ms Philomena Fernandes Coordinator of CSC were present on the dais. Gizel Aranha evoked Gods blessing and Iral D'Souza of B.Com compared the program.



Name of the activity: INTERNATIONAL YOGA DAY

Collaborating agency: YRC, NCC, NSS, Delampady Yoga Prathistana and Avishkar Yoga

Date of the activity: 21/06/2022

Write-up about the programme:

On 21st June the statutory associations NCC, NSS, YRC and yoga students in association with Delampady Yoga Prathistana and Avishkar Yoga conducted International Yoga Day at 7:30 am. More than 100 students attended the program. With the guide of Yoga instructor Ms. Neeta Shetty as per IYD Protocol helped the session and demonstrated all sorts of Asana to the students and staffs. The program was well conducted by the officers of the statutory associations.



Name of the activity: World Drugs Day

Collaborating agency: YRC, NCC, NSS, District Panchayat, District Health and Family Office, Metropolitan Police

Date of the activity: 02/07/2022

Write-up about the programme:

On the occasion of International Anti-Drug Addiction and Prevention of Illegal Trafficking 200 volunteers from YRC, NSS & NCC of our college participated in the awareness program on "Drug awareness and humanitarian crises" on 2nd July 2022 organised by District Panchayat, District Health and Family Office, Metropolitan Police in association with St Aloysius College (Autonomous) Mangaluru.

The inaugural ceremony was presided by Dr Rajendra K V, IAS Deputy Commissioner DK, Rev Dr Praveen Martis S J, Principal St Aloysius College (Autonomous) Mangaluru, Dr Kumar C O, IPS Police Commission Mangaluru, Dr Kishor Kumar District Health Officer DK, Dr Jagdish, District Surveillance Officer DK, Dr Sujay Kumar, Taluk Health Officer Mangaluru and Dr Alwyn DSA, Registrar St Aloysius College (Autonomous) Mangaluru as chief guests. The resource person for the day was Dr Sharanya Shetty (Mental Health Physician, Assistant Professor KMC Hospital Mangaluru).



1

Name of the activity: Clean Coast, Safe Sea - Campaign

Collaborating agency: YRC, Ministry of Earth Sciences, Govt. of India, Vigyan Prasar, New Delhi, Karnataka Science and Technology Academy, Bengaluru and Pilikula Regional Science Centre, Mangaluru

Date of the activity: 07/09/2022

Write-up about the programme:

St Aloysius College (Autonomous) Mangaluru organized 'Clean Coast, Safe Sea – Campaign' in association with Ministry of Earth Sciences, Govt. of India, Vigyan Prasar, New Delhi, Karnataka Science and Technology Academy, Bengaluru and Pilikula Regional Science Centre, Mangaluru. Dr Anish Kumar Warrior, Associate Professor, Department of Mechanical

Engineering, MIT Manipal delivered a lecture on the topic "**Importance of Sea and its Resources**" on 7 September 2022. Around 400 students participated in the campaign. Dr K. V Rao, Director, Pilikula Regional Science Centre, Rev. Dr Praveen Martis SJ, Principal St Aloysius College Mangaluru, Dr Kollegala Sharma, from Vijnana Prasar New Delhi was also present during the occasion.

Name of the activity: Clean Coast, Safe Sea - Campaign

Collaborating agency: YRC, Ministry of Earth Sciences, Govt. of India, Vigyan Prasar, New Delhi, Karnataka Science and Technology Academy, Bengaluru and Pilikula Regional Science Centre, Mangaluru

Date of the activity: 11/09/2022

Write-up about the programme:

On 11th of September 2022, Ministry of Earth Science, Government of India Vigyan Prasar, New Delhi Karnataka Science and Technology Academy Bangalore, Pilikula Regional Science Centre Mangalore, St Aloysius College Mangalore jointly organize Clean Coast, Safe Sea – Campaign in Association with Indian Coast Guard, Mangalore. The inauguration was done by Rev. Dr Praveen Martis SJ, Principle St Aloysius College (Autonomous) Mangalore in Panambur Beach.

The cleaning started around 8:00am and was finished by 10:00am.

The cleaning was done by around 70-80 students from NSS, NCC, YRC and various other associations. It was a wonderful experience to be close to nature and take a small step in making this polluted earth filled with plastics, plastic free. All the students were energetic and collected all the plastics as much as possible.



Name of the activity: Swatch Sagar Abhiyan - 2022

Collaborating agency: YRC, NSS, Regional Directorate of NSS, Bangalore and NSS, Mangalore University

Date of the activity: 17/09/2022

Write-up about the programme:

On 17th September, 2022 as a part of observation of International Coastal Clean-up Day National Service Scheme (NSS), Youth Red Cross (YRC), St Aloysius College (Autonomous), Mangalore in Collaboration with Regional Directorate of NSS, Bangalore and NSS, Mangalore University organised Swatch Sagar Abhiyan- 2022, A Sea Shore Clean Drive at Someshwar Ullal Beach. **40** YRC Volunteers took part in this Campaign.



Name of the activity: Visit to Deralakatte Orphanage

Collaborating agency: YRC

Date of the activity: 19/11/2022

Write-up about the programme:

On 19/11/2022 YRC members had visited an orphanage located in Deralakatte, lead by The Secretaries Mr Macwin Dsouza and Mr Akhilesh J Bangera.

We introduced ourselves and started the program with an action song and made them play some games like fire in the mountain, Dodge ball etc. There were even prizes distributed among children. Later we gave some dance performance which made them to dance with us; we even gave the children few guidance for their betterment in future. Most of the children had a craze of “Pili vesha” which is a folk dance performed by the people of coastal Karnataka. Everyone enjoyed there and we ended up the program by giving chocolates and left from there at around 6:00PM.

Name of the activity: Someshwar Beach Cleaning

Collaborating agency: YRC, NSS

Date of the activity: 20/11/2022

Write-up about the programme:

Someshwar beach cleaning a Activity was held on the 20th of November as part of Sahaya activity. It was an event collaboratively organised by National Service Scheme (NSS) and Youth Red Cross (YRC).

A total of 16 YRC volunteers took part under the guidance of Mr. Nadaf.



1

Name of the activity: BLOOD DONATION CAMP

Collaborating agency: YRC, Regional Blood Transfusion Centre Wenlock District Hospital, Mangaluru

Date of the activity: 25/11/2022

Write-up about the programme:

A blood donation camp was organized in the Gelge auditorium, St. Aloysius College (autonomous), Mangalore in collaboration with Regional Blood Transfusion Centre Wenlock District Hospital, Mangaluru on the 25th of November. A total of 24 YRC volunteers took part to help for the smooth functioning of the program.



1

Name of the activity: **EUNOIA 2023**

Collaborating agency: YRC, NSS

Date of the activity: 24/01/2023

Write-up about the programme:

On 24/01/2023 an intercollegiate competition named **EUNOIA 2023** was held in collaboration with National Service Scheme and Youth Red Cross team of St. Aloysius College (Autonomous), Mangaluru with Ms. Preema, Ms. Carrel, Ms. Kavitha, Ms. Sherly, Mr. Reji John, Mr. Alwin, Mr. Ayush & Mr. M A Nadaf as in charges of the event.

The program started with the inauguration ceremony, inaugurated by THE FORMER STATE NSS OFFICER, DEPARTMENT OF YOUTH EMPOWERMENT AND SPORTS RTD. PRINCIPAL GFGC THENKANIDIYOOR **DR. GANANATHA SHETTY YEKKAR** with the chief guest **DR. NAGARATHNA K A** NSS COORDINATOR MANGALORE UNIVERSITY and president **REV. DR. PRAVEEN MARTIS S J** PRINCIPAL OF ST. ALOYSIUS COLLEGE (AUTONOMOUS), MANGALURU.

Participants from various colleges such as Carstreet College, SDM College, Trisha College Commerce & Management, KSS College, Alva's College, Padua College, Swasthika College, Venkatarama College, Vivekananda College, Milagres College, Trisha Evening College, Canara College had participated in various competitions such as KALARAVA (STREET PLAY) held in Mother Theresa Peace Park, KAIRUCHI (COOKING WITHOUT FIRE) held in AR 801, KAI CHALAKA (WEALTH OUT OF WASTE) held in AR 802, KALASHRENI (VARIETY) held in ERIC MATHIAS HALL.

All the participants and volunteers were provided with breakfast, lunch and tea. The participant's team were provided with 2 escorts each to guide them throughout the program. The participants gave a good feedback about the program which made all the volunteers and in charges bring a smile in their face. The program was ended with a valedictory program with the chief guest **DR PRASANNA KUMAR M G** PROGRAMME OFFICER, YOUTH RED CROSS BESANT EVENING COLLEGE, MANGALURU and president **REV. DR PRAVEEN MARTIS S J** PRINCIPAL ST ALOYSIUS COLLEGE (AUTONOMOUS) MANGALURU by distributing prizes to the winners and by congratulating and encouraging them for their upcoming competition's.

All the incharges and volunteers did their best and "EUNOIA 2023" was a grand success.





Name of the activity: **Leadership Training Camp**
 Collaborating agency: YRC, NSS, Rangers and Rovers, NCC
 Date of the activity: 26/01/2023

Write-up about the programme:

NSS, YRC and Rangers and Rovers, NCC students of St Aloysius College (Autonomous), Mangaluru attended Two days Leadership Training Camp and 74th Republic Day Celebration from 25/01/2023 to 26/01/2023 at Alvas College, Moodubidre. 137 Students took part in this Programme. NSS officers Ms. Preema Tauro and Ms. Carrel Pereira accompanied the students.



Name of the activity: Blood Donation Camp

Collaborating agency: YRC, NSS, NCC (Air Wing)

Date of the activity: 25/03/2023

Write-up about the programme:

Youth Red Cross, NSS and NCC (Air Wing) of St Aloysius College (Autonomous) in collaboration with Father Mullers Medical College organised a blood donation camp on 25 March, 2023 at Aruppe Block -804 in St Aloysius College (Autonomous), Mangaluru. The Chief guest of the programme Dr Kirana Pailoor, Professor and Dean of Immuno- Haematology and Blood Transfusion, Fr. Muller's Medical College. Motivated the students to donate blood. The president of programme Dr Charles Furtado, Director of Administrative Block appreciated the initiative taken by the organisers for the noble cause and explained the importance of blood donation camp. 191 students came forward to donate blood and 104 donors donated blood for a noble cause.



ST ALOYSIUS COLLEGE (AUTONOMOUS) MANGALURU - 575003

+ YOUTH RED CROSS (YRC)
NCC AIR WING
NATIONAL SERVICE SCHEME (NSS)

IN COLLABORATION WITH
 FR MULLER MEDICAL COLLEGE BLOOD BANK
ORGANISES

BLOOD DONATION CAMP

Chief Guest
 Dr Kirana Polloor
 Professor and Dean of Immuno-Hematology and Blood Transfusion
 Fr Muller's Medical College

President
 Rev. Dr Praveen Martis SJ
 Principal, St Aloysius College (Autonomous) Mangaluru - 575003

25-03-2023, Saturday
Time : 9:00 AM
Venue : ARRUPPE BLOCK - 804

YRC, NSS AND NCC PROGRAMME OFFICERS
YRC, NSS AND NCC VOLUNTEERS

Donating Blood Can Make A Big Difference To Those In Need

1

Name of the activity: World Bicycle Day

Collaborating agency: YRC, NSS, NCC (Air Wing)

Date of the activity: 03/06/2023

Write-up about the programme:

The World Bicycle Day event on June 3, 2023, brought together enthusiasts for a cycling journey from the DC office to Abbakka Circle Ullala. A total of 11 cadets actively participated, contributing to the spirit of health, sustainability, and community engagement.



Name of the activity: Punith Sagar Abhiyan - Beach Cleaning Initiative

Collaborating agency: NCC (Naval Wing)

Date of the activity: 24/09/2022, 08/10/2022

Write-up about the programme:

Punith Sagar Abhiyan, a commendable initiative, empowered cadets to contribute to the cleanliness and ecological well-being of their city's beaches. The campaign aimed to inspire a collective sense of responsibility for maintaining clean, green, and safe coastal environments.

Phases and Locations:

The campaign unfolded in multiple phases, targeting different beaches across the city. Each phase aimed at addressing specific areas, fostering a holistic approach towards environmental conservation.

Beach Cleaning Activities:

1. Thota Bengre - September 24, 2022: On this date, a dedicated group of 26 cadets actively participated in a beach cleaning activity at Thota Bengre. The initiative focused on removing litter and debris, emphasizing the importance of preserving the beach ecosystem.

2. **Panambur Beach** - October 8, 2022: The second phase of the beach cleaning campaign took place at Panambur Beach. A commendable turnout of 27 cadets engaged in cleaning efforts, demonstrating their commitment to environmental stewardship.

The primary goal of Punith Sagar Abhiyan was to instill a sense of environmental responsibility among the cadets and the broader community. By actively participating in beach cleaning activities, the cadets aimed to set an example, inspiring others to join the movement for cleaner and safer beaches. Punith Sagar Abhiyan proved to be a successful and impactful initiative, with cadets actively contributing to the cleanliness and preservation of coastal areas. The campaign not only created awareness about the importance of maintaining beach hygiene but also served as a catalyst for positive change in environmental attitudes. The participation of 26 cadets at Thota Bengre and 27 cadets at Panambur Beach reflects a growing commitment to environmental sustainability and community involvement. The Punith Sagar Abhiyan serves as a shining example of how collective efforts can make a significant difference in ensuring the well-being of our coastal ecosystems.





Name of the activity: Unity Run

Collaborating agency: NCC (Naval Wing)

Date of the activity: 31/10/2022

Write-up about the programme:

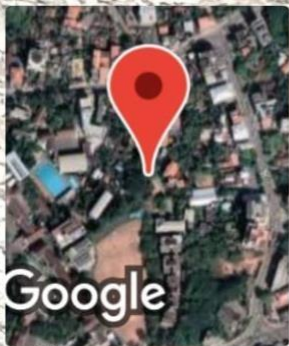
The Unity Run held on October 31, 2022, around St. Aloysius College in Mangaluru was a spirited event aimed at fostering camaraderie and fitness among cadets. A total of 41 cadets actively participated in this run, contributing to success of the event. The primary goal of the Unity Run was to promote a sense of unity and teamwork among the cadets, while also emphasizing the importance of physical fitness in their training. As a symbolic gesture of their commitment to unity, all participants took a solemn oath during the event, underscoring the importance of solidarity and mutual support among cadets.

A total of 41 enthusiastic cadets took part in the run, showcasing their commitment to both physical well-being and the values of unity and solidarity. The run covered a route around St. Aloysius College, providing participants with a scenic and challenging course to test their endurance and stamina. The Unity Run proved to be a successful and engaging event, bringing cadets together in a shared pursuit of fitness and unity. Such activities play a crucial role in fostering a strong sense of camaraderie among cadets, contributing to their overall development.





GPS Map Camera



Mangaluru, Karnataka, India

Shop no 3 .G floor Shrirama Arcade ,patrao lane, Bunts
Hostel Rd, opp. Alice Manor Apt, Hampankatta, Mangaluru,
Karnataka 575003, India

Lat 12.874697°

Long 74.847019°

31/10/22 07:43 AM GMT +05:30

Name of the activity: Blood donation and cancer awareness

Collaborating agency: NCC (Naval Wing)

Date of the activity: 18/11/2022

Write-up about the programme:

On November 18, 2022, a comprehensive awareness session on blood cancer was conducted at the college, engaging 39 cadets in an informative discourse. The session aimed to enhance understanding and awareness about blood cancer. Following the awareness program, two cadets demonstrated their commitment to the cause by voluntarily participating in a blood donation drive, showcasing the spirit of altruism and community engagement.



Name of the activity: Tribute to Martyrs

Collaborating agency: NCC (Naval Wing)

Date of the activity: 26/11/2022

Write-up about the programme:

On November 26, 2022, a solemn tribute was paid to the martyrs of 26/11 at the War Memorial in Kadri. The ceremony was attended by 22 cadets, who gathered to honor and remember the sacrifices made by the brave individuals on that fateful day. The event served as a poignant reminder of the resilience and courage displayed by those who gave their lives for the greater good.



Name of the activity: Statue Clean Up Drive

Collaborating agency: NCC (Naval Wing)

Date of the activity: 26/01/2023

Write-up about the programme:

On January 26, 2023, a dedicated Statue Clean Up Drive took place at Mahatma Gandhi Park, near Lalbagh. A group of 27 cadets actively participated in the initiative, focusing their efforts on cleaning the statue of Mahatma Gandhi. This community-driven activity aimed to preserve and maintain the historical significance of the statue, fostering a sense of civic responsibility among the participants.



Name of the activity: Shramadan

Collaborating agency: Humanity Trust

Date of the activity: 09/10/2022

No. of students participated: 55



Write-up about the programme:

Centre for Social Concern organized shramadan in collaboration with humanity trust ® as a SAHAAYA program for Konkani association students on 9th October 2022. At Padumarnad - Moodibidri, Humanity Trust is constructing 25 rent-free homes for destitute people in need. With tremendous excitement, Konkani Association students assisted with the one-day shramadan. The managing trustee, Mr. Roshan Belman, gave an orientation on the trust's history and its charitable deeds. 55 students participated in a group that built the new compound wall. Managing Trustee Mr. Roshan Belman, CSC Coordinator Ms Philomena Fernandes, Mentor Commerce Association Ms. Deshel Fernandes, and other trustees of the Trust were present during the work.

Name of the activity: Shramadan

Collaborating agency: St.Camillus Care Home, Gurupura

Date of the activity: 16/10/2022

No. of students participated: 45



Write-up about the programme:

Centre for Social Concern organized SAHAAYA exposure for Hopkins Literature students on 16th October 2022. Mrs Prema – Senior nurse of Snehasadan briefed about the institution. Students assisted with cleaning the institution's backyard as well as moving coats and setting up rooms for the inmates. A group of 45 students had a happy day at the institution. Mr Manuel Dsouza, Mr Naveen Kelvin of Hopkins Literature and Ms Philomena of CSC accompanied the students.

Name of the activity: Shramadan

Collaborating agency: St.Camillus Care Home, Gurupura

Date of the activity: 30/10/2022

No. of students participated: 60



Write-up about the programme:

Centre for Social Concern organized SAHAAYA exposure for Al Lure and Tulu Koota students on 30th October 2022. Mrs Prema – Senior nurse of Snehasadan briefed about the institution. Students assisted with cleaning the institution's backyard as well as moving coats and setting up rooms for the inmates. A group of 60 students had a happy day at the institution. Mr Arjun Prakash, Ms Shilpa Shetty, Ms Akshitha and Ms Philomena of CSC accompanied the students.

Name of the activity: Volunteer Service

Collaborating agency: Government PU College Gurupura

Date of the activity: 01/11/2022

No. of students participated: 90



Write-up about the programme:

As an SAHAAYA exposure, on 1st November 2022, as the occasion of Kannada Rajyothvasa, 90 students of Commerce Association actively participated in shramadan held at Government PU College Gurupura. It's a college located in one of the adopted villages of the college. Commerce Association students helped in cleaning the playground of the college. Ms Viola – Lecturer welcomed the students. Dr Zeena, Ms Renita, Ms Sharol, Ms Rutha, Ms Joyce, Ms Nisha of Commerce Association accompanied the students.

Name of the activity: Kannada Rajyotsava

Collaborating agency: Balavana – Puttur

Date of the activity: 01/11/2022

No. of students participated: 50



Write-up about the programme:

On the occasion of 'Kannada Rajyotsava' Kannada Sangha and the Kannada Department of St Aloysius College (Autonomous), Mangaluru visited Balavana – Puttur on Tuesday 1st November 2022. Mr. Girish Nandan - AC of Puttur was present for the day. He shared his information on Dr Shivarama Karantha Balavana. Dr Shivarama Karantha spent his valuable times of his life in this place. He completed his research works in the study room located here, he added. Dr Mahalinga Bhat – HOD of Kannada Department at St Aloysius College (Autonomous) Mangaluru, Dr Vishwanatha Badikana – Assistant Professor of Kannada Department, Dr Dinesh Nayak – HR at St Aloysius College (Autonomous) Mangaluru, Dr Sudha Kumari - Assistant Professor of Kannada Department was present for the programme.

A total of 50 students from Kannada Sangha, Wikipedia Association, Tulu Koota engaged in Sahaya Programme at the Balavana. They cleaned the surroundings of Balavana.

Name of the activity: Shramadhan

Collaborating agency: Snehalya

Date of the activity: 16/11/2022

No. of students participated: 80





Write-up about the programme:

A group of 80 students visited Snehalaya as part of “SAHAAYA Project” on 16th November 2022. Brother Joseph Crasta, the founder of Snehalaya along with staff welcomed the team and detailed his 13-year journey after the institutional activity video presentation.

The residents of Snehalaya and the students from St. Aloysius College cleaned the public road at Bachalike, Pavor. The Main Road was covered in bushes, which made it extremely challenging for vehicles and the public to travel. The students were then divided into seven groups and a cleaning drive was conducted. From Snehalaya to Gerukatte, the groups cleaned the roadside garbage, trash, and tree branches that had fallen into the roads. The students put in a huge amount of effort to clean the entire area.

In the afternoon session the students interacted with the residents. They were very excited to speak with and engage with the residents of Snehalaya. The Snehalaya family as a whole experienced joy while at the same time. The students and faculty members also shared their experiences with Snehalaya at the completion of the visit. Dr. Renitta D Souza, Dr. Racheal, Mrs. Gopika, Dr. Anita, Ms. Philomena, Ms. Daya the Faculties from St. Aloysius College Accompanied the students during this one day Shramadhan and exposure visit. The staff members of Snehalaya assisted the students in this venture.

Name of the activity: Shramadhan

Collaborating agency: SAC Hostel Someshwara

Date of the activity: 6/11/2022

No. of students participated: 70



Write-up about the programme:

A group of 70 students of Management Association engaged themselves in a shramadan program organized by Centre for Social Concern on 6th November 2022 at St Aloysius College Hostel Someshwara. Students were divided into groups according to the mentors and works assigned accordingly. Students heled in cleaning the surroundings of the hostel. It was a fun-filled activity as well as a great exposure for the students. Ms Philomena, Ms Ashitha Pinto, Ms Maina, Ms Ann, Mr Akhil, Mr Sharath accompanied the students.

Name of the activity: “Give Peace A Chance”

Date of the activity: 15/10/2022

No. of students participated: 1,732



Write-up about the programme:

Centre for Extension Services of our college in connection with Centre for Social Concern, Centre for Environment Concern, Centre for Cultural Concern and Centre for Civic Concern organised “Give Peace A Chance” on 15th October 2022 in the College for all the 2nd year 3rd semester students. Mr Ajith Prasad – Retd Professor of Sri Dhavala College Moodbidri, Mr Nithin Vas – Founder, Paper Seed, Dr Rudolf Noronha – GM Corporate Communication MRPL and Mr Venu Gopal – Corporate Trainer were the resource persons

of the program. Program was organized in different venues such as St Aloysius High School Hall, Arrupe 802, Arrupe 803 and LCRI respectively

The intellectual activity lasted an entire day including a talk, group analysis, and presentation on the theme given. Following the resource person's presentation, students were divided into groups based on the mentor, with each group performing for three minutes. The competition was judged by senior faculties of the college. Prizes were given to the winners.

This activity helped the students in getting to know their co-mentees, to be aware of the need of peace in our society as well as to work in a group with coordination to perform well. Altogether 423 students from CSC, 468 from CEC, 441 from CCC 1, 400 students from CCC 2 actively participated in the activity

Name of the activity: Happy D.O.S.E - Explore the New High

Date of the activity: 25/02/2023

No. of students participated: 527



Write-up about the programme:

On 25th February 2023, the Centre for Extension Services organised an Intellectual Activity for all the of 1st year students. Ms Lydia Lobo, Administrator of Link Integrated Rehabilitation Centre Bajal, Mangalore was the resource person of the day. Resource person made the students understand the consequences of addictions and how it spoils life. In the other part of the talk, Mr Abdul Rameez – Cyber Security Analyst, Cyber Sapiens explained about the different problems faced by using especially in the field of Cyber Security. 527 students of Centre for Social Concern actively took part in the sessions, followed by an Analysis on the talk.

Name of the activity: Beach cleaning

Date of the activity: 5/03/2023

No. of students participated: 125



Write-up about the programme:

On 5th March 2023, 125 students of Al Lure Association took part in Beach Cleaning held at Thannirbaavi. This program was organized by Rotaract Club Mangalore. Mr Arjun, Mr Avinash, Ms Ruth, Ms Vinitha and Ms Joyce accompanied the students.

Name of the activity: SAC Campus Cleaning

Collaborating agency: Rotaract Club

Date of the activity: 05/03/2023

No. of students participated: 80

Write-up about the programme:

On 5th March 2023, 50 students of the Rotaract Club took part in SAC Campus Cleaning. This exposure was organized in order to sensitize our students on maintaining cleanliness in our own surroundings. Dr Swathi Bhat and Mr Wilson accompanied the students. Ms Philomena Fernandes Coordinator CSC also present.

Name of the activity: Walkathon for Mental Awareness

Collaborating agency: You Matter Counselling and Training Centre

Date of the activity: 05/03/2023

No. of students participated: 175



Write-up about the programme:

You Matter Counselling and Training Centre celebrated its first anniversary on Sunday, March 5, here at Kadri Park with the inauguration of its counselling awareness week from March 5th to 11th.

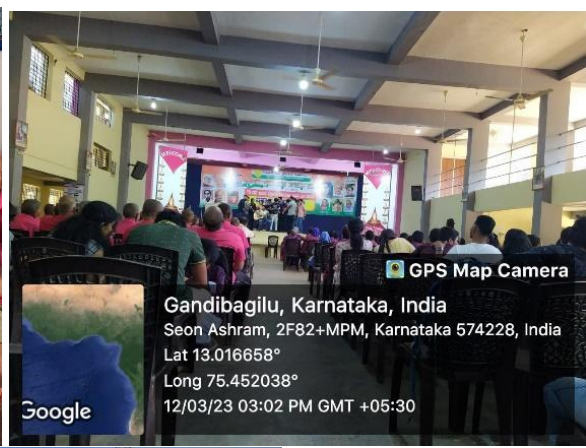
A walkathon was flagged off by the Rector of St Aloysius Institution, Fr Melwin Pinto at the entrance of St Agnes College. The Principal of St Agnes College Dr Venissa A C was also present during the flagging off of the walkathon from St Agnes College to Kadri Park. Mentors Mr Arjun and Dr Zeena Mendonca, 175 students took part in the walkathon. Ms Philomena Fernandes CSC Coordinator accompanied the students.

Name of the activity: Old Age Home Visit

Collaborating agency: Seon Ashram Ujire

Date of the activity: 12/03/2023

No. of students participated: 72



Write-up about the programme:

On 12th March 2023, 72 students of the Commerce Association visited Seon Ashram Gandibagilu Ujire. During the visit students interacted with the inmates and entertained them with cultural activities. Mentors Dr Shobha, Ms Deshel, Ms Nisha, Ms Sharol, Ms Vinitha and Ms Philomena Fenandes Coordinator accompanied the students.

Name of the activity: Old Age Home Visit

Collaborating agency: The Little Sisters of The Poor, Maroli

Date of the activity: 19/03/2023

No. of students participated: 32



Write-up about the programme:

On 19th march 2023, 32 students of Hindi Sangha Hopkin's Literary Club visited The Little Sisters Of The Poor, Maroli. During the visit students interacted with the inmates and entertained them with cultural activities. In the afternoon all the students participated in Campus cleaning health at the college. Mentors Ms Aparna Elayath and Ms Mariyam and Ms Philomena Fernandes CSC Coordinator accompanied the students.

Name of the activity: Old Age Home Visit and Psycho Social Rehab Centre Visit

Collaborating agency: Snehalaya Psycho Social Rehab Centre Manjeshwara and Olavinahalli Old Age Home

Date of the activity: 26/03/2023

No. of students participated: 86





Write-up about the programme:

On 26th March 2023, 86 students of Management Association visited Snehalaya Psycho Social Rehab Centre Manjeshwara And Olavinahalli Old Age Home. During the visit students interacted with the inmates and entertained them with cultural activities. Mentors Ms Ashitha Pinto, Ms Arathi, Ms Maina, Ms Ann and Ms Binni accompanied the students.

Name of the activity: SAC Campus cleaning and Old Age Home Visit

Collaborating agency: Vishwasada Mane Old Age Home Udupi

Date of the activity: 04/04/2023

No. of students participated: 86

Write-up about the programme:

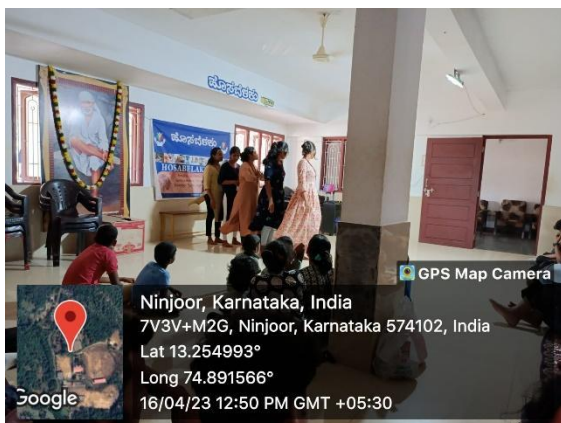
On 4th April 2023, 86 students of Tulukoota participated in SAC Campus Cleaning and visited Vishwasada Mane Old Age Home Udupi. During the visit students interacted with the inmates and entertained them with cultural activities. Mentors Dr Ravindraswami, Ms Vinayadurga, Ms Askshitha, Ms Suchithra accompanied the students.

Name of the activity: Old Age Home Visit

Collaborating agency: Hosa Belaku Old Age Home Ranganapalke Karkala

Date of the activity: 16/04/2023

No. of students participated: 14



On 16th April 2023, 14 students of Centre for Social Concern visited Hosa Belaku Old Age Home Ranganapalke Karkala. During the visit, students interacted with the inmates and entertained them with cultural activities. Ms Thanula and Mr Vinaychandra trustees of the ashrama briefed about the institution. Mentor Ms Vidya Kumari and CSC Coordinator Ms Philomena Fernandes accompanied the students.

RURAL IMMERSION PROGRAMME

The college organizes an exclusive Rural Immersion Programme for PG Students every year. The purpose behind the Rural Immersion Programme was to give students an insight and experience about how life is in rural settings which are not that far from the city they live and study in and to let the students connect with people from a different background and allow themselves to get insights or learn things they would not in a closed room with books in front of them and a lecturer dictating the lesson to them.

Also to make students to be aware of the social responsibility and to create a culture among the students in the College so that they are exposed to rural realities and in turn make them realize their roles in the society. It is rightly said that “See & know’ is better than ‘read & learn’.

1. On 2nd and 3rd of January 2023, 68 Students from **MSc Bio Chemistry and Maths**, visited **St. Anthony’s Ashram** Kankanady Jeppu, Mangalore. There were nearly 300 inmates. Students had a very good conversation with the elders. The inmates residing there talked their hearts out. They had various cultural activity, games and service to ashram. Inmates actively participated in activities which was overwhelming. As the inmates were lonely and craving for love and affection, initially it was hard communicating as they could get emotional. But later on they shared their sadness and personal stories. The Students also helped them in gardening, folding and keeping their clothes neatly and got chance to showcase our talents and also to see their talents. Overall it was unforgettable and inspiring program for the students and for the inmates of St Anthony Ashram.



GPS Map Camera



Mangaluru, Karnataka, India

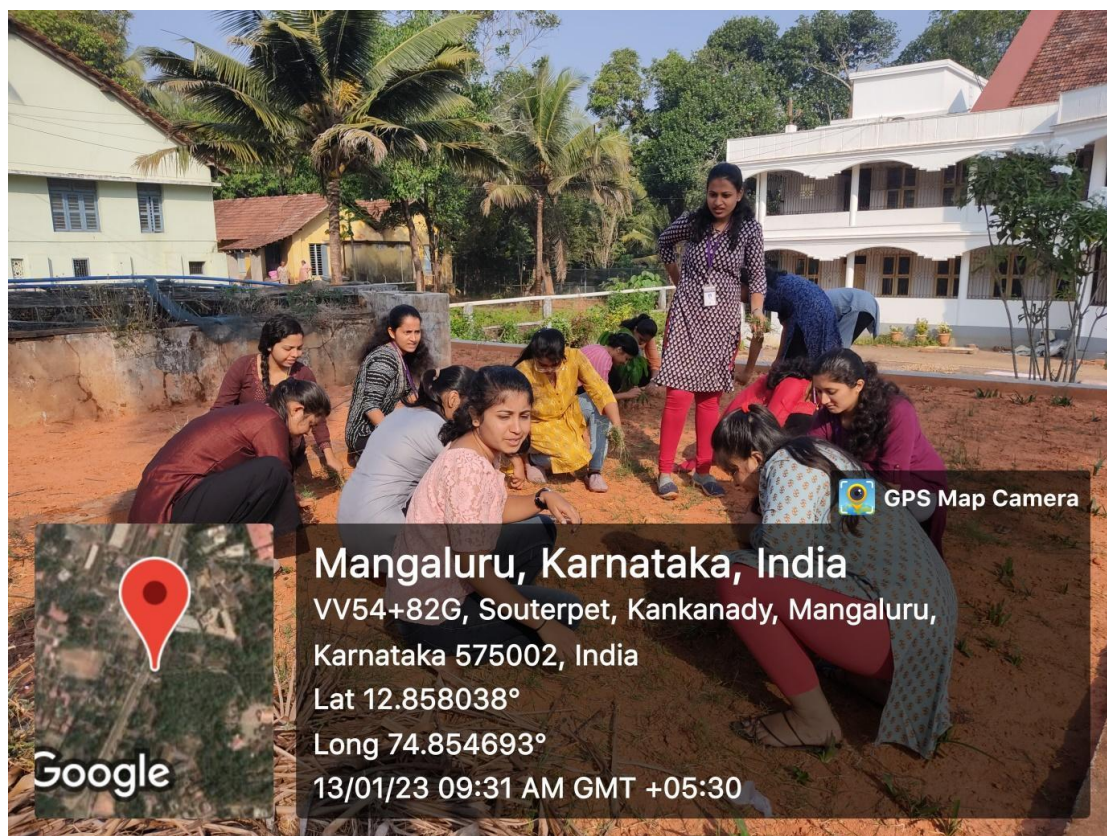
25-23-1379, Nandi Gudda, Mangaluru, Karnataka

575001, India

Lat 12.854895°

Long 74.856744°

12/01/23 02:29 PM GMT +05:30



2. On 13th and 14th of January 2023 students of 2nd year **MSc. Chemistry and Analytical Chemistry**, 52 Students, visited **Snehalaya Psycho-Social Rehabilitation centre**, Manjeshwar, Kasargod. The students had Interaction with inmates, conducted Cultural programme and Shramadhan, through which the students had an understanding of mental health, awareness about the activities conducted at Rehabilitation centers,

understanding about the need to take care of ones own mental health. The students conducted activities to engage the crowd, celebrating life with less fortunate and they helped in assisting the Staff of Snehalaya to clean the surrounding area of the Institute.





3. On 12th and 13th January 2023 for both 2nd year **PG Food science and nutrition and food science and technology**, 59 students visited **Chellairu government school and the Organic farming**, in Haleyangadi. Students had Interaction with students of government school Haleangadi, Guest lecture by Mr. Shekar (landowner) on organic farming, field work and exposure. Students acquired knowledge on techniques for organic cultivation, and the consequences of using chemical fertilizers, Students came to know about facilities available for agriculture, acquired knowledge on various methods of paddy crop cultivation, variety of equipment used in the farm as well as on-the-ground crop inspection and soil test. Also they had an experience of picking (ripened pods of black gram from the field) & removal of weeds from paddy field.









4. On January 12th and 13th of January **Post Graduate Departments of MA Psychology** 36 students and **MA English** 24 students had their Rural Immersion Programme at **Jana Shikshana Trust, Mudipu**. Students conducted Cleanliness drive, Awareness Drive on Waste Segregation, sloganeering, and interacted with the community. Students experienced the power of positive thinking, empowered the community to breakdown the Stereotypes and gave them the knowledge on waste-segregation

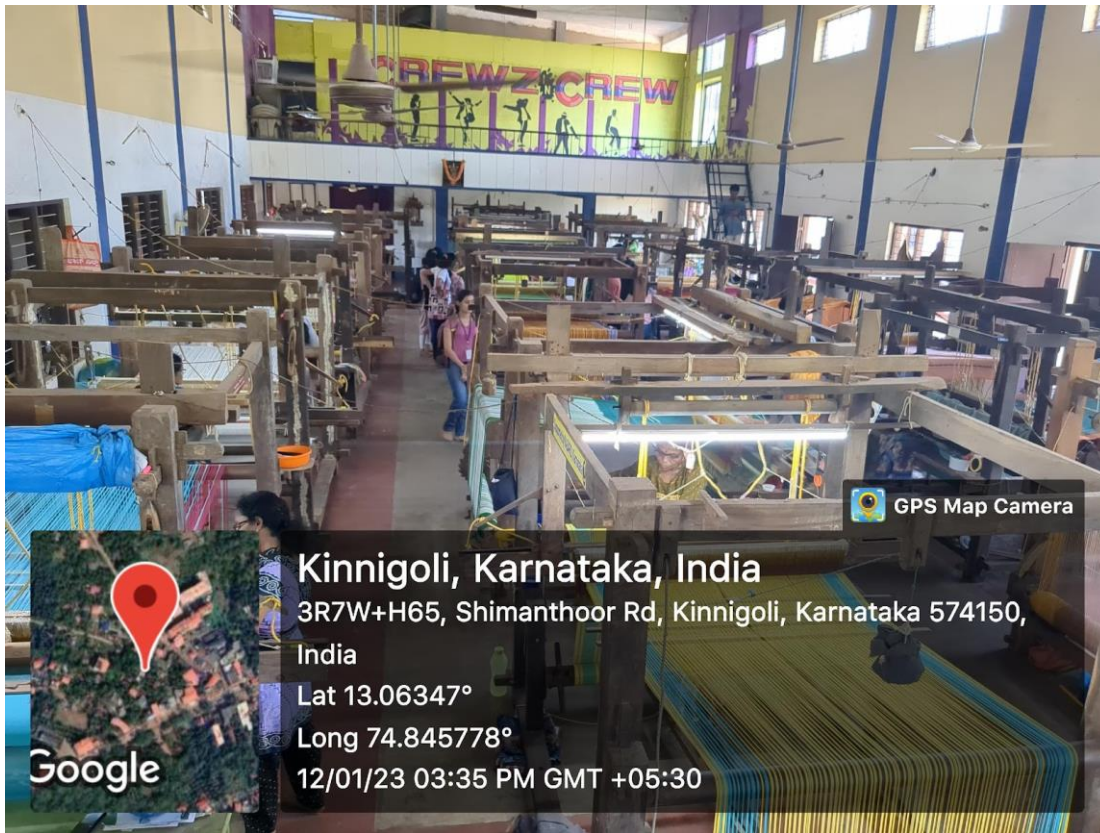


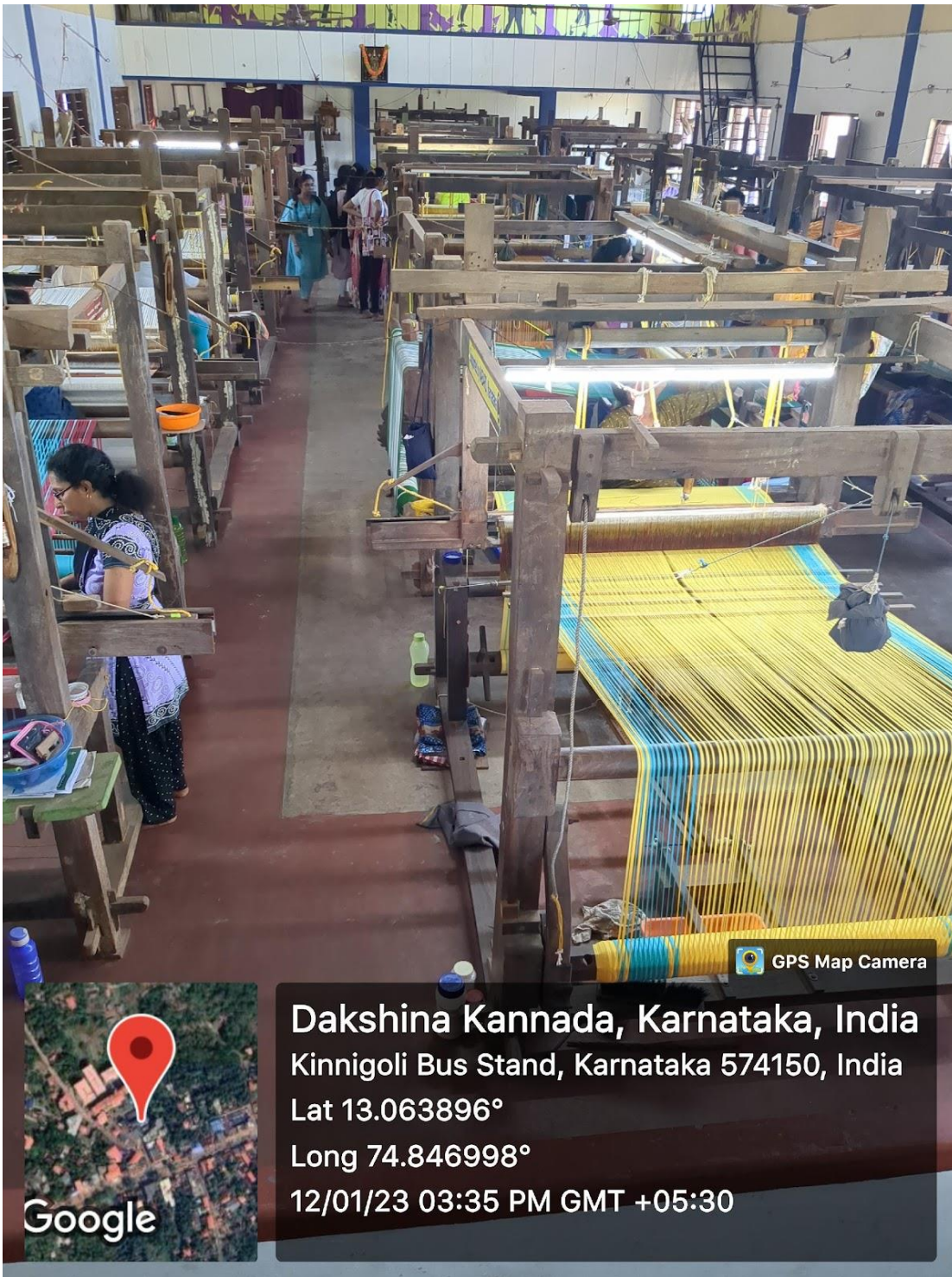
5. On 12th and 13th of January 2023, PG 55 students of **MCom General and MA Journalism and Mass Communication** were given the rural awareness programme at Kinnigoli about **Udupi Sarees** and at Nitte about **MRF - Material Recovery Facility**.

Students were able to witness how the rich culture and tradition is being protected and safeguarded through their pure cotton traditionally woven Udupi Sarees. It also gave them glimpses of the lifestyle and culture followed by the weavers of Dakshin Kannada and Udupi Region. Students gained insights into how this traditional method of weaving helps sustainable development.

On Second Day they went to MRF NITTE. The center processes ten tons of solid waste every day and scientifically disposes the waste as well as how they send the compressed and collected waste for recycling. They witnessed how effectively waste was handled with the minimum use of human resources. Details on waste management, handling, collecting, disposing, storage, transporting and recycling was provided.







GPS Map Camera



Dakshina Kannada, Karnataka, India

Kinnigoli Bus Stand, Karnataka 574150, India

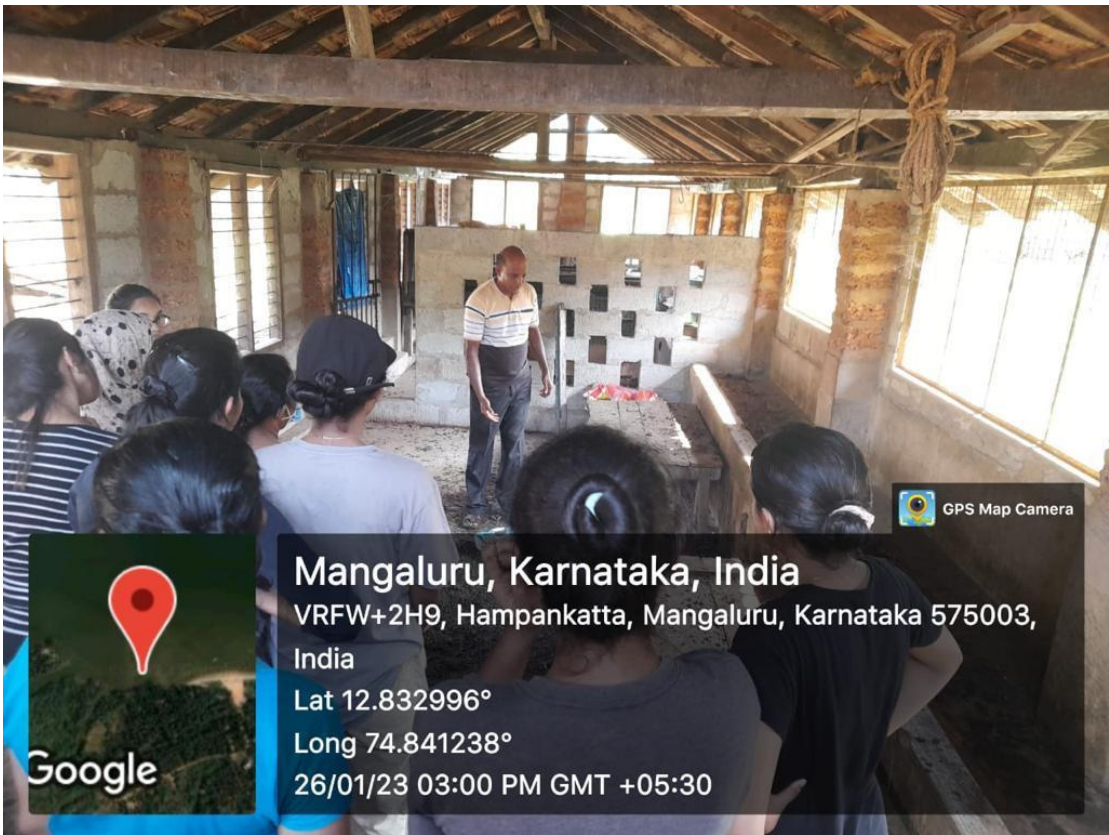
Lat 13.063896°

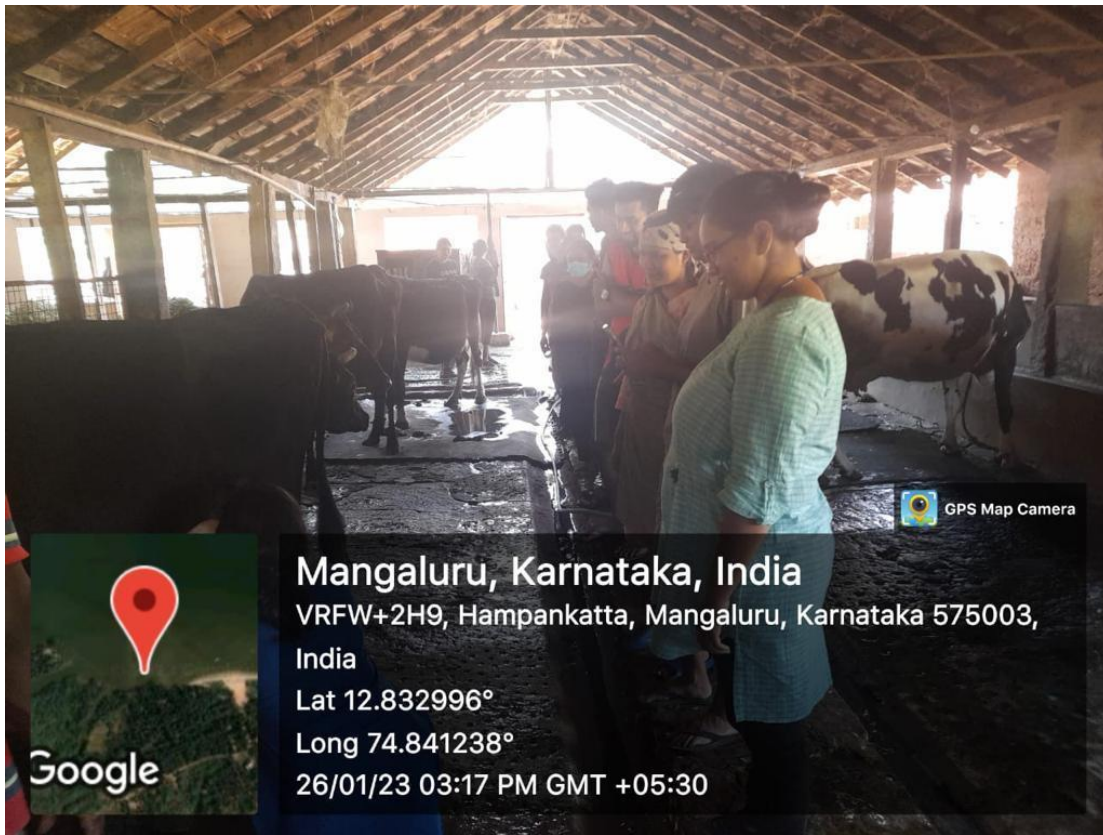
Long 74.846998°

12/01/23 03:35 PM GMT +05:30

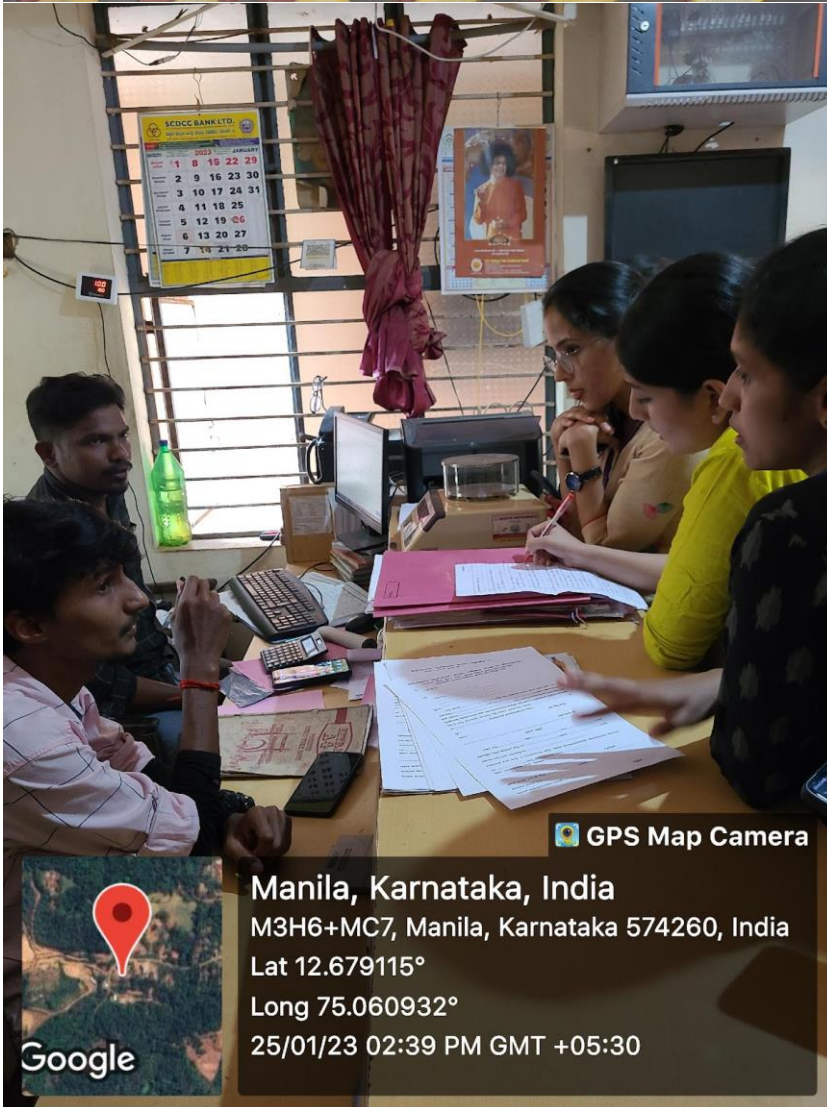
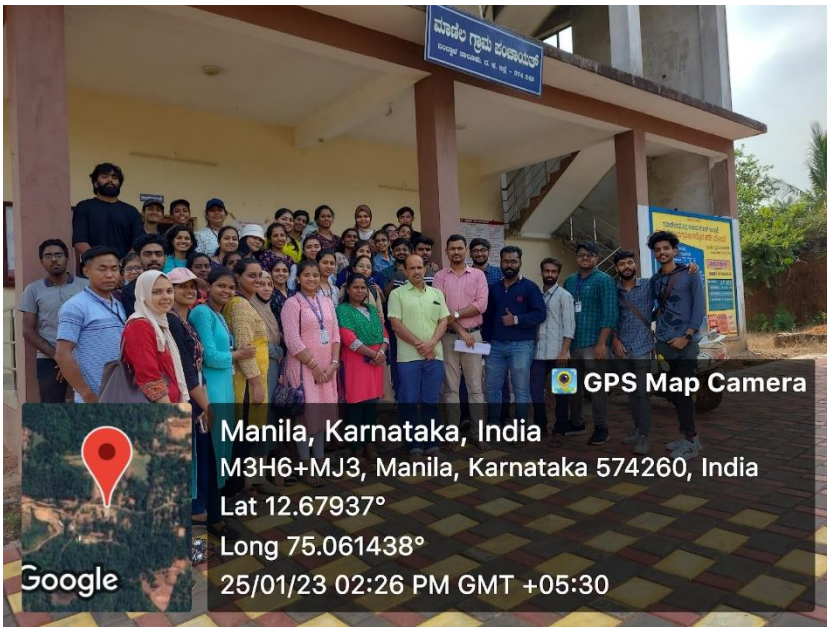


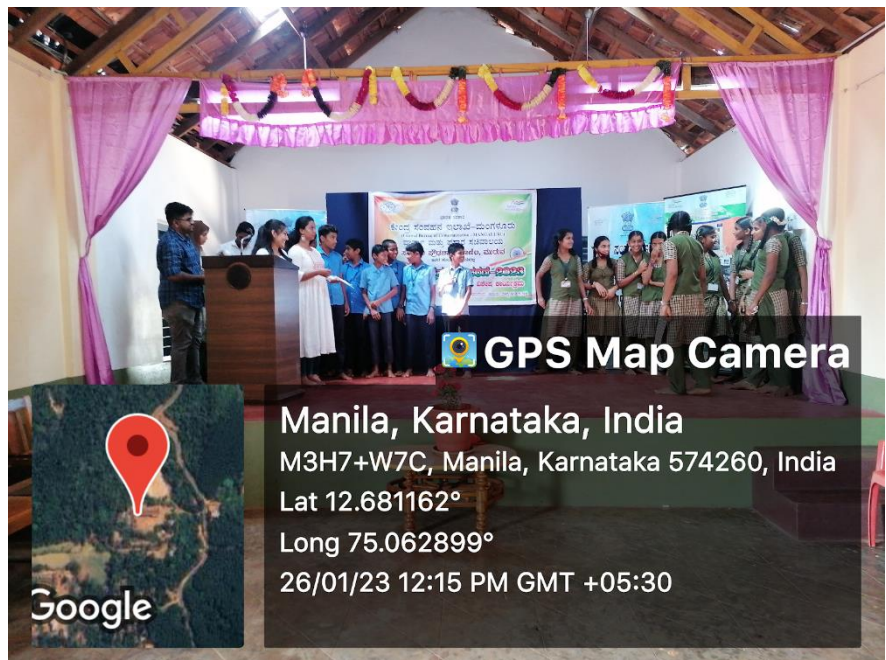
The students also had the chance to see the handiwork of the students of the Institute. Students bought the products prepared by the children in order to encourage and support them. The differently abled children were preparing candles, bags with cloth, wire etc. fancy things and also other crafts. The students visited the Audio-visual training room where speech therapy is given for the children. The two-day rural camp ended with a thanksgiving note.





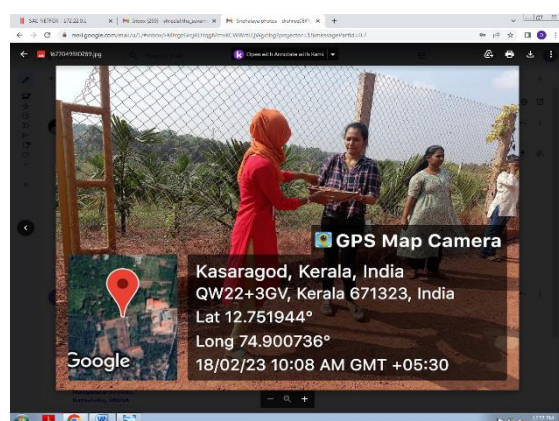
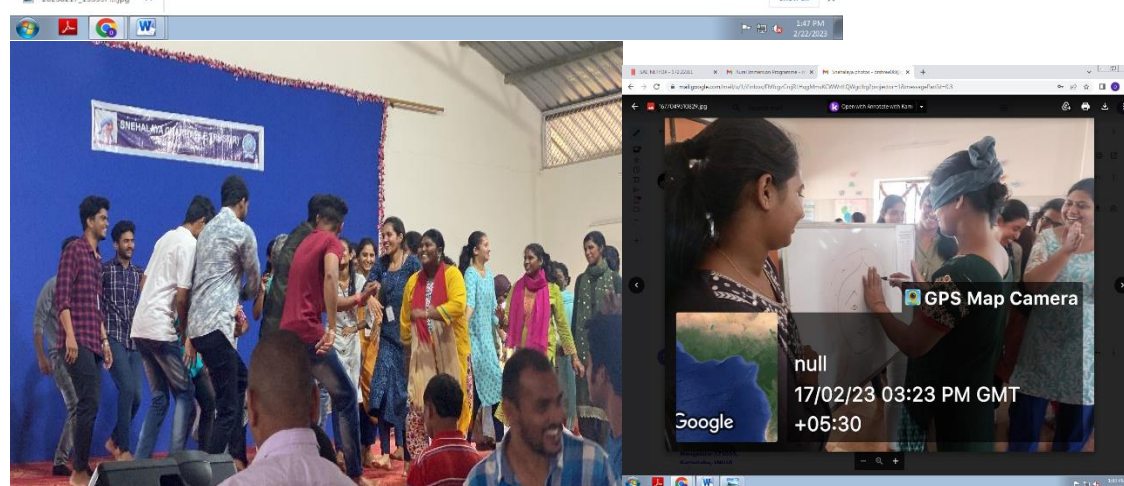
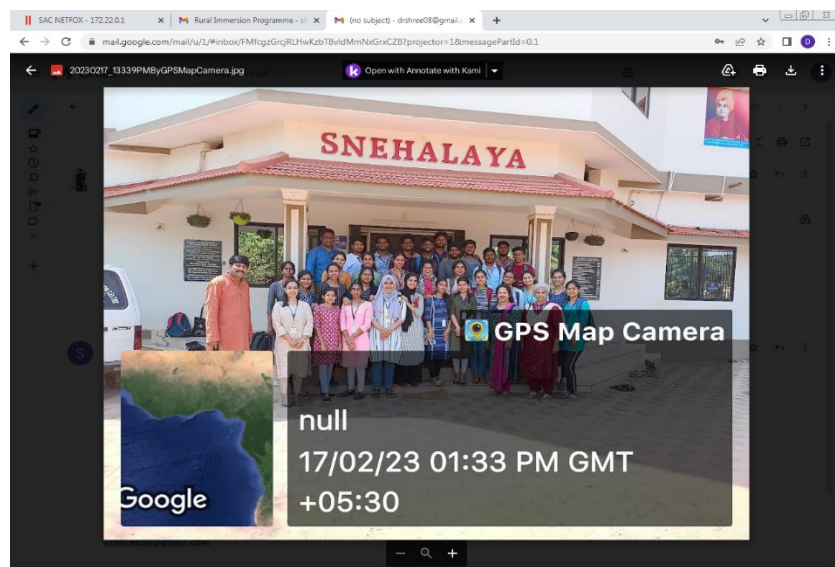
7. On 25/01/2023 and 26/01/2023 **Department of MCom Finance and Analytics and MA Economics**, total of 39 students visited Government School, Village Panchayat and the community people at Manila, as their Rural Immersion Programme. The students visited Grama Panchayat office, Manila and learnt operations of Grama Panchayath in Manila Village, Budget allocation and utilization methods, Various Government projects and grants given for the development of the village and its status; students visited to Cooperative society, Public Distribution Centre of the Village and learnt the way of operating cooperative society in a village scenario, types, amount of loans given and eligibility criteria, Types of grains and its quantity distributed through PDC in Manila; visited Anganawadi Kendra and learnt the way kids are admitted to Anganawadi centers, governments projects to provide nutritious food to students and the activities conducted for students. Discussed problems faced by Anganawadi centers in village; visited mushroom cultivation and coconut shell spoon making - Entrepreneurs and learnt about the Women entrepreneurs, training given through Self Help Groups in the village; finally visited Manila Govt. High School, and interacted with students in the school, conducted small cultural programme and skill development activities.





8. On 17/02/2023 and 18/02/2023 a total of 65 students from Department of **Biotechnology and Physics** visited **Snehalaya Charitable Trust** which was founded by Joseph Crasta. Students had an interactive session with the founder who shared his life experiences and motivations and on how he got inspired by the words of St. Mother Theresa that *“Not all of us can do great things, but we can do small things with great love.”* After the session they visited the rehabilitation centre for women and interacted with them. Students presented various cultural and entertainment programmes like dance and singing. The residents of Snehalaya also showcased few of their talents.

Post lunch the students visited the rehabilitation centre for men and also the old age centre and interacted with them; after which we were divided into two groups. One group conducted various activities for the women section while the other set of groups conducted various activities for men. On the second day worked in the gardens of Snehalaya as a team. The day was filled with fun and learning.



COMMUNITY RADIO – RADIO SARANG

SL.NO	DATE	DESCRIPTION
1	22.12.2022	"Our culture - Clean culture: Radio Sarang participated in the global cultural festival 'Jamburi Utsav' organized by the Dakshina Kannada Panchayat as part of the Swachh Bharat Mission. The event, which took place over 5 days, showcased our culture in the grand Swachhata Andolan - Clean Culture movement."
2		"Distribution of school equipment as a component of cleanliness awareness for government school children."
3	05.03.2023	"Radio Sarang 107.8 FM, in collaboration with the Community Radio, has digitally provided a screen to the Wenlock Hospital in Mangalore."
4		"Radio Sarang and Smart raised awareness about violence against women through a 10-month continuous awareness program."
+5		"Radio Sarang provided financial assistance to Damodar Varkadi, one of its listeners, for eye surgery through MJES to support him in ophthalmic treatment."

