

OFFICE OF STUDENT WELFARE



ESTD : 1880

ST ALOYSIUS COLLEGE (AUTONOMOUS)

P.B. No. 720, Mangaluru-575003, Karnataka

Re-accredited by NAAC with 'A' Grade with CGPA 3.634
Recognised as Centre for Research Capacity Building under UGC-STRIDE Scheme
Recognised under DBT - BUILDER Scheme, Government of India
College with "STAR STATUS" Conferred by DBT, Government of India
Recognised by UGC as "College with Potential for Excellence"



**UG & PG
CALENDAR & HANDBOOK
2022-23**



Arunal
Principal

ST. ALOYSIUS COLLEGE (AUTONOMOUS)
MANGALURU - 575 003

ADMINISTRATION

• Rev. Fr Melwin Joseph Pinto SJ	Rector
• Rev. Dr Praveen Martis SJ	Principal
• Dr Alwyn DSA	Registrar & Controller of Examinations
• Fr Vincent Pinto SJ	Finance Officer

DIRECTORS

• Rev. Dr Melwyn Pinto SJ	AIMIT
• Dr Narayan Bhat	Science Block
• Dr Denis Fernandes	Arrupe Block
• Dr Richard Gonsalves	LCRI Block
• Dr Loveena Lobo	Maffei (IT) Block
• Dr Norbert Lobo	Administrative Block
• Dr Manohar V Serrao	Evening Programmes

DEANS

• Dr Prakash Kamath	Faculty of Physical Sciences
• Mr Harsha Paul	Faculty of Biological Science
• Dr Manuel Tauro	Faculty of Commerce
• Dr Ravindraswami	Faculty of Computer Application and Animation
• Ms Arati Shanbhag	Faculty of Business Administration
• Dr Rose Veera DSouza	Faculty of Humanities
• Dr Suresh Poojary	Dean of Research and Innovation
• Ms Mamatha	Dean, Entrepreneurship and Consultancy
• Dr Ishwara Bhat	Dean, Student Welfare
• Dr Ronald Nazareth	Dean, International Collaboration Cell
• Dr Ratan T Mohunta	Dean, Research Capacity Building
• Mr Chethan Shettigar	Dean, B.Voc
• Dr P P Sajimon	Dean, PG Studies (SAC Campus)
• Dr Rajani Suresh	Dean, MBA
• Dr Hemalatha N	Dean, MCA
• Ms Flona Soans	Dean, Training, Placement & Career
• Ms Jennifer Ida Mascarenhas	Dean, Extension Services
• Dr Dinesh Nayak	Dean, Human Resources
• Ms Shilpa DSouza	Dean, Public Relations

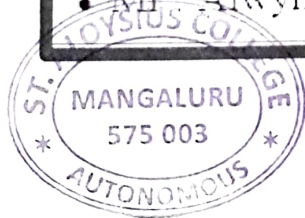
HOSTEL OFFICIALS

• Fr Cyril DMello SJ	Director of Gents Hostel
• Fr Melwin Joseph Pinto SJ	Director of PG Ladies Hostel
• Fr Sujay Daniel SJ	Director of UG Ladies Hostel

STUDENTS WELFARE OFFICERS

(Student Activities and Intercollegiate Competitions)

• Dr Ishwara Bhat - Dean	• Dr Vaishali Rai
• Dr Caroleena Janefer	• Ms Arati Shanbhag
• Dr Sudha Kumari	• Ms Roicy Rekha Braggs
• Ms Suchitra	• Mr Santhosh Notagar
• Ms Renita Menezes	
• Mr Alwyn Misquith	



A. S. S. S.
Principal

ST. ALOYSIUS COLLEGE (AUTONOMOUS)
MANGALORE - 575 003

SAC holds "Aloysian Fest - 2023"

Momentum & Conviction are keys to success. Aravind K.P. Mangaluru. "College days are magical when compared to professional life. Enjoy every bit of it and make it memorable. These golden days will never return", said Aravind K.P., Indian Professional Motorsports Race



er, first runner-up of Bigg Boss Kannada (Season 8), who was invited as the chief guest of the inaugural ceremony of "Aloysian Fest - 2023, A Confluence of Young Talents" held at St Aloysius College (Autonomous), Mangaluru on Friday, March 31.



Addressing the gathering, Aravind said, "Life is like a ECG as there are constant ups and downs. It is left to the individual how he or she balances it. At every stage we get to hear that life is better in college days. When it doesn't seem like we are told it would be better after entering the professional life. But the fact of the matter is life is never easy. Challenges are thrown at us in every stage. It is only how we face it." "We get to know the challenges of life, when we enter the professional world. Hence, my sincere advice to students is, enjoy your college life optimally", he added. Rev. Fr Melwin Joseph Pinto S.J. Rector of St. Aloysius Institutions, presiding over the programme said, "The spirit of participation is more important than winning. Participants must not be disheartened if they do not win, but take it in a sporting spirit. Likewise, winners of the event shall encourage their opponents who have lost. By this, we must support each other and applaud those who perform." Rev. Fr Dr

Praveen Martis S.J., Principal of St Aloysius College (Autonomous) said, "One must be limitless and be consistent in perceiving their goals. Sweat it out to exhibit your efforts. This event is truly a 'mega event' with well over 100 colleges participating in the two-day event. I

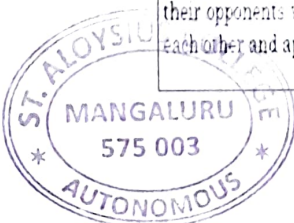


request students to meet each other and know one and other better and participate in the event with full potential." Martin J. Aranha, Managing Director/CEO, Globelink West Star Shipping LLC, guest of honour, wished all the success to the organizers. Meanwhile, the trophies of Art Beat (BA & BSW fest), Composite (BCA fest), Imprints (B.Sc. fest), Acme (B. Com fest), Spinout (BBA fest), Initia (B Voc fest), Asthritva (Cultural fest) and Aloysiad (Sports fest) were unveiled by the dignitaries which were presented by the student coordinators of the respective departments. Dr. Alwyn D Sa, Registrar of St. Aloys-



ius College (Autonomous). Dr. Ishwara Bhat S. Dean-Students' Welfare, Dr. Anup Denzil Veigas, Director-Students' Council, Dr. Mahalinga Bhat, Assistant Fest Coordinator and other dignitaries were present on the dais. Dr Manual Tauro, Fest Coordinator welcomed the gathering and Letitia Nathalia D'Costa, President, Students' Council rendered the vote of thanks. As a special attraction of inaugural event the students of Asthritva, presented a flash mob, dancing to peppy numbers to which Aravind K.P. too joined the students.

Reported by Ms Chandrakala



A. Aranha
Principal

ST. ALOYSIUS COLLEGE (AUTONOMOUS)
MANGALORE - 575 003

Kalothsava 2022

The Student Activity Cell of St Aloysius College (Autonomous) organised 'Kalothsava 2022' on 12th October 2022 at Fr I.F. Rasquinha Hall, LCRI Block. Dr Subhashini Srivatsa, Principal, University Evening College, Mangalore was the Chief Guest and inaugurated the programme. Rev. Dr Praveen Martis SJ, Principal of the College presided over the programme.

Dean of student welfare, Dr Ishwar Bhat, Dr Vaishali Rai, Convenor of the programme, Letitia Natalia DCosta, President of Student Council and Yashaswini Bhat, Cultural Secretary were on the dais.

Chief Guest Dr Subhashini in her speech said, art is an integral part of everyone's life. At every stage of life, per-



sonality development and intellectual development take place through art. A life with artistic elements is a real life. Students want to achieve in life by involving themselves in different arts and cultural activities.

Principal, Rev. Dr Praveen Martis, in his presidential remarks said that student life is a very precious time. Students should make a special contribution to the society by utilizing the experiences they get in college life in every way. He said that St Aloysius College offers many cultural programs for the all-round development of the students.



Dean of student welfare, Dr Ishwar Bhat welcomed the gathering and briefed the audience on Kalothsava 2022. He said that the initial purpose of this programme is to identify the students' talents and nurture them into the

respective fields by experts. St Aloysius College has a drama, skit, singing, dancing, acting, quiz, etc. and the



college is highly supportive giving opportunities to showcase their talents in and outside the college. He also encouraged the students and said that they must develop their personality and become true Aloysians.

Finance Officer, Rev. Fr Vincent Pinto, SJ, Directors of various blocks of the College, Deans and the faculty members were present during the programme.

Yashaswini Bhatt, Cultural Activities Secretary of the College Student Union introduced the chief guest. Students Council President Letitia Natalia DCosta felicitated the Chief Guest with a memento. Program Coordinator Dr Vaishali Rai proposed the vote of thanks.

At the end of the program, a cultural program was held by the students of the college.

Reported by Ms Chandrakala



S. Roman
Principal

ST. ALOYSIUS COLLEGE (AUTONOMOUS)
MANGALORE - 575 003

Orientation Sessions for the 1st year MSW Students 2022-2024

Department of Post Graduate Studies and Research in Social Work, St. Aloysius college (Autonomous) Mangalore, organized a seven-day orientation program for the first-year MSW students. Diverse skilled and qualified resource persons were invited to encourage and uplift the students. The sessions were purposefully held for enhancing student's personality and skills, to have a thorough understanding of the course, provide the right perspective to start their academics and obtain life-changing insights.

Day-1 (01-09-2022-Thursday)

Ice Breaking session and opening remarks:

During the morning session, a formal inauguration was organized by St. Aloysius College (Autonomous) Mangalore for all the PG students. Honorable dignitaries and faculty were present. In the afternoon session, ice-breaking and general introduction was carried out by Dr. Gerald D'Silva. Five groups were formed to practice social theme-oriented skit which had to be performed on the last day of the orientation session.

Day-2 (03-09-2022- Saturday)

Session-1: Structural analysis of Indian society



Resource person Dr. Gerald D'Silva- Assistant Professor, Department of PG studies and Research in social work, St. Aloysius college (Autonomous)

Mangalore.

A session on "An overview of Indian society" was taken up by Dr. Gerald D'Silva. He spoke on the various problems existing in the Indian society and the need to address it effectively.

Day-3 (05-09-2022- Monday)

Session-2: Interpersonal Skills

Resource person: Mrs. Flona Soans -Dean of Placement Cell at St. Aloysius College (Autonomous) Mangalore.

Mrs. Flona Soans inspired the students on the topic interpersonal skills which is crucial for one's professional future. She emphasized on the value of efficient communication, which includes time



setting, body language, posture, eye contact, dress code, and good manners. She felt empathy is a trait that is necessary for interpersonal relationships.

Session-3: Public Speaking

Resource person: Dr. Zeena Mendonca - Assistant Professor, Department of commerce St. Aloysius college (Autonomous) Mangalore. Dr. Zeena Mendonca gave an input session on the importance of public speaking. She presented a set of valuable tips for public speaking. She highlighted on the three points, namely practice,

short notes, mental and physical fitness to become an eloquent speaker in the public forum. She also involved students in practical activities during the session.

Session-4: Quality Cycle



Resource person:

Mr. Thouseef Mohammed -Assistant Professor, Department of PG Commerce, St. Aloysius college (autonomous) Mangalore.

Mr. Thouseef Mohammed -Assistant Professor, Dept of PG Commerce, St. Aloysius college, enlightened the students on the topic Quality Cycle. He shared his practical experience to justify the topic. He began the session by saying, 'If you and I have one apple each and if we exchange these apples then you and I will still have one apple each. But if you have an idea and I have an idea and if we exchange these ideas, then each of us will have two ideas.' He stressed on the need for influential people (George Bernard Shaw) in our life. Quality matters in private and professional circles.



Session-5: Contextual Communication

Resource person: Mr. Wilson Fernandes- Assistant Professor, Department of English, St. Aloysius college (Autonomous) Mangalore.

Mr. Wilson Fernandes addressed the students on the topic Contextual Communication. He began the session with an activity. Through this exercise he explained the significance of leadership, trust/confidence, personality and communication. During the session it was realized that it is essential to nurture one's own qualities and skills in personal and professional life while in this world. It was a very interactive session.

Session 6: Life Skills: Leadership and Self-Awareness



Resource person: Dr. Roshan Monteiro- Assistant Professor, Department of PG studies and research in social work, St. Aloysius college

(Autonomous) Mangalore.

Dr. Roshan Monteiro gave a talk on leadership and self-awareness. During the talk, he expounded that life skills are more important than soft skills from social perspectives in terms of what we think, feel and act in various situations. He gave an understanding of what social work



S. S. S. S. S.
Principal
ST. ALOYSIUS COLLEGE (AUTONOMOUS)
MANGALORE - 575 003