

Supporting documents (Certificates)



No. TRG/CERT/NRAI - 328

Date: 13-12-2021

CERTIFICATE

Certified that

Primal Furtado




SHF0411200004

(Competitor No. 265) of
KARNATAKA STATE RIFLE ASSOCIATION, KARNATAKA
has participated in the
12TH SOUTH ZONE SHOOTING CHAMPIONSHIP (RIFLE/PISTOL)
held at **CHENNAI TAMILNADU**
From **9th March To 13th March 2021** and obtained the following results

Sr.No.	Event	MQS	Score	Position	Remarks
1	AIR PISTOL (NR) CHAMPIONSHIP 10M WOMEN (Individual.)*	335.00	347	26	---/---
2	AIR PISTOL (NR) CHAMPIONSHIP 10M JUNIOR WOMEN (Individual.)*	320.00	347	16	---/---




D V SEETHARAMA RAO
SECRETARY GENERAL

Supporting Documents- Certificates

KARNATAKA POWERLIFTING ASSOCIATION (R)
Affiliated to : Powerlifting India, Alappuzha, Kerala State.
(Former Indian Powerlifting Federation, Jamshedpur)
Recognised by: Department of Youth Empowerment & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANGALURU - 575 003. KARNATAKA STATE



Certificate of Merit

This is to certify that **Deepthika J Puthran**
of **Carlos Gym, Mangalore**
has secured..... **First** place in **84** Kg. weight class
at the Karnataka State **Senior Women** Powerlifting
Championships held at **Shri Krishna Bhavana Convention Hall, Mangalore**
from **13/11/2021** to **14/11/2021**

Performance :

Squat	170.0	Kgs.	Date of Birth	-----
B/Press	120.0*	Kgs.	Records	B-Press-120
D/Lift	155.0	Kgs.	Total-445
Total	445.0*	Kgs.


Meet Director


Hon. Secretary


President

DEEPTHIKA PUTHRAN



POWERLIFTING INDIA

Recognized by : Ministry of Youth Affairs and Sports, Govt. of India
Affiliated to : International Powerlifting Federation & Asian Powerlifting Federation
Registered under Registration of Societies Act, West Bengal



No:116/12472/2021



This is to certify that **DEEPTHIKA J P** representing **Karnataka** has secured **Second** place in the **84+Kg - Open** in the National Women's Equipped Bench Press Championship 2021 held at Madgaon, Goa from 16-11-2021 to 20-11-2021

Bench Press[PL] : 120.0 Kg [2]

Date of Birth : 07-June-2002

Body Weight : 84.50 Kg

RAJESH TWARI
President
Powerlifting India

P J JOSEPH (Arjuna)
Secretary General
Powerlifting India

DEEPTHIKA J P



POWERLIFTING INDIA

Recognized by : Ministry of Youth Affairs and Sports, Govt. of India
Affiliated to : International Powerlifting Federation & Asian Powerlifting Federation
Registered under Registration of Societies Act, West Bengal



No:120/13486/2021



This is to certify that **DEEPTHIKA J P** representing **Karnataka** has secured **Second** place in the **84+Kg - Open** in the National Women's Classic Bench Press Championship 2021 held at Madgaon, Goa from 16-11-2021 to 20-11-2021

Bench Press[PL] : 72.5 Kg [2]

Date of Birth : 07-June-2002

Body Weight : 84.00 Kg

RAJESH TWARI
President
Powerlifting India

P.J. JOSEPH (Arjuna)
Secretary General
Powerlifting India

DEEPTHIKA J P



POWERLIFTING INDIA

Recognized by : Ministry of Youth Affairs and Sports, Govt. of India
Affiliated to : International Powerlifting Federation & Asian Powerlifting Federation
Registered under Registration of Societies Act, West Bengal



No:114/12289/2021



This is to certify that **DEEPTHIKA J P** representing **Karnataka** has secured **Third** place in the **84+Kg - Junior** in the National Women's Equipped Bench Press Championship 2021 held at Madgaon, Goa from 16-11-2021 to 20-11-2021

Bench Press[PL] : 117.5 Kg [3]

Date of Birth : 07-June-2002

Body Weight : 84.50 Kg


RAJESH TIWARI
President
Powerlifting India


P J JOSEPH (Arjuna)
Secretary General
Powerlifting India

DEEPTHIKA J P

SWIMMING FEDERATION OF INDIA

(Affiliated to FINA-AASF-IOA)

SFIMAXKAR13691



Certificate of Participation

MANISH BHUSHAN Y

Awarded to _____

KARNATAKA MEN

representing _____

*for participating as a Competitor/Technical/Team Official in the
74th Senior National Aquatic Championships -2021
conducted by Karnataka Swimming Association
from 26th October to 29th October 2021 at Bangalore under the
auspices of Swimming Federation of India.*

M. SATISHKUMAR
ORGANISING SECRETARY
74th Senior National Aquatic Championships

MONAL D. CHOKSHI
GENERAL SECRETARY
Swimming Federation of India

MANISH BHUSHAN



राष्ट्रीय कैडेट कोर NATIONAL CADET CORPS



प्रमाण पत्र CERTIFICATE

This is to certify that No. KA/19/SWN/144080.....Rank.....SCC

Name. MANISHA DINESH SUVARNA.....Unit. 5 (KAR) NAVAL UNIT NCC

NCC Directorate.....KARNATAKA AND GOA

ने 18 दिसम्बर 2021 से 29 जनवरी 2022 तक, नई दिल्ली में, वार्षिक रा. कै. को. गणतन्त्र दिवस शिविर में, अपने रा. कै. को. निदेशालय का प्रतिनिधित्व किया।

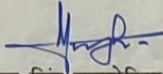
Represented his/her NCC Directorate, at the Annual NCC Republic Day Camp, held at New Delhi, from 18 December 2021 to 29 January 2022.

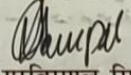
File No. : 17090/Cert/DGNCC/RDC-2022

Cert No. : DGNCC/RDC-2022/398

दिनांक : जनवरी 2022
Dated : 21 January 2022
स्थान : नई दिल्ली
Place : New Delhi




उदय सिंह मनकोटिया
Uday Singh Mankotia
कर्नल/Colonel
सचिव आर डी सी
Secretary RDC


गुरबिरपाल सिंह
Gurbirpal Singh
लेफ्टिनेंट जनरल
Lieutenant General
महानिदेशक राष्ट्रीय कैडेट कोर
Director General National Cadet Corps

MANISHA DINESH SUVARNA



ASIAN POWERLIFTING FEDERATION

AFFILIATED TO: INTERNATIONAL POWERLIFTING FEDERATION

CERTIFICATE

No:1454/2021

This is to certify that
PUTHRAN DEEPHIKA J
of the nation
INDIA

has secured **SECOND** Place
in **84+KG - JUNIOR**
in the

**ASIAN WOMEN'S CLASSIC BENCH
PRESS CHAMPIONSHIPS**

held at : **ISTANBUL, TURKEY**
during **24 - 30 DECEMBER 2021**

BENCH PRESS : 77.5 KG


Farshid Soltani
President - APF


Rajesh Tiwari
Secretary General - APF

DEEPTHIKA PUTHRAN



ASIAN POWERLIFTING FEDERATION

AFFILIATED TO: INTERNATIONAL POWERLIFTING FEDERATION

CERTIFICATE

No:1127/2021

This is to certify that
PUTHRAN DEEPTHIKA J

of the nation

INDIA

has secured **SECOND** Place
in **84+KG - JUNIOR**

in the

**ASIAN WOMEN'S EQUIPPED
POWERLIFTING CHAMPIONSHIPS**

held at : **ISTANBUL, TURKEY**

during **24 - 30 DECEMBER 2021**

SQUAT[PL] : 160.0 KG [2]

BENCH PRESS[PL] : 65.0 KG [2]

DEADLIFT[PL] : 70.0 KG [2]

TOTAL : 295.0 KG

Farshid Soltani
President - APF

Rajesh Tiwari
Secretary General - APF

DEEPTHIKA PUTHRAN



ASIAN POWERLIFTING FEDERATION

AFFILIATED TO: INTERNATIONAL POWERLIFTING FEDERATION

CERTIFICATE

No:1272/2021

This is to certify that
PUTHRAN DEEPHIKA J
of the nation
INDIA

has secured **SECOND** Place
in **84+KG - JUNIOR**

in the
**ASIAN WOMEN'S CLASSIC
POWERLIFTING CHAMPIONSHIPS**

held at : **ISTANBUL, TURKEY**
during **24 - 30 DECEMBER 2021**

SQUAT[PL] : 92.5 KG [2]
BENCH PRESS[PL] : 70.0 KG [2]
DEADLIFT[PL] : 90.0 KG [2]
TOTAL : 252.5 KG


Farshid Soltani
President - APF


Rajesh Tiwari
Secretary General - APF

DEEPHIKA PUTHRAN



ASIAN POWERLIFTING FEDERATION

AFFILIATED TO: INTERNATIONAL POWERLIFTING FEDERATION

CERTIFICATE

No:1354/2021

This is to certify that
PUTHRAN DEEPHIKA J
of the nation
INDIA
has secured **SECOND** Place
in **84+KG - JUNIOR**
in the
**ASIAN WOMEN'S EQUIPPED
BENCH PRESS CHAMPIONSHIPS**
held at : **ISTANBUL, TURKEY**
during **24 - 30 DECEMBER 2021**
BENCH PRESS : 107.5 KG


Farshid Soltani
President - APF


Rajesh Tiwari
Secretary General - APF

DEEPTHIKA PUTHRAN



राष्ट्रीय कैडेट कोर NATIONAL CADET CORPS



प्रमाण पत्र CERTIFICATE

This is to certify that No. KA/19/SWF/170730 Rank CUO
Name RISHIKA T BELLIAPPA Unit 6 (KAR) AIR SQN NCC
NCC Directorate KARNATAKA AND GOA

ने 18 दिसम्बर 2021 से 29 जनवरी 2022 तक, नई दिल्ली में, वार्षिक रा. कै. को. गणतन्त्र दिवस
सम्मेलन में, अपने रा. कै. को. निदेशालय का प्रतिनिधित्व किया।

Represented his/her NCC Directorate, at the Annual NCC Republic Day Camp, held at
New Delhi, from 18 December 2021 to 29 January 2022.

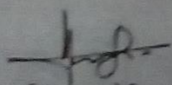
She was part of REPUBLIC DAY MARCHING Contingent at Rajpath.

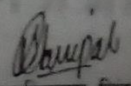
File No. : 17090/Cert/DGNCC/RDC-2022

Cert No. : DGNCC/RDC-2022/400

दिनांक : जनवरी 2022
Dated : 21 January 2022
स्थान : नई दिल्ली
Place : New Delhi




उदय सिंह मन्कोटिया
Uday Singh Mankotia
कर्नल / Colonel
सचिव आर ही सी
Secretary RDC


गुरबिर्पाल सिंह
Gurbirpal Singh
लेफ्टिनेंट जनरल
Lieutenant General
सहानिदेशक राष्ट्रीय कैडेट कोर
Director General National Cadet Corps

RISHIKA BELLIAPPA



राष्ट्रीय कैडेट कोर NATIONAL CADET CORPS



प्रमाण पत्र CERTIFICATE

This is to certify that No. KA/19/SDF/179718 Rank OWS

Name: LOHITH Unit: 8 (KAR) AIR SQN NCC

NCC Directorate: KARNATAKA AND GOA

ने 18 दिसावर 2021 से 29 जनवरी 2022 तक, नई दिल्ली में, वार्षिक रा. कै. को. गणतन्त्र दिवस शिविर में, अपने रा. कै. को. निदेशालय का प्रतिनिधित्व किया।

Represented his/her NCC Directorate, at the Annual NCC Republic Day Camp, held at New Delhi, from 18 December 2021 to 29 January 2022.

File No.: 17090/Cer/DGNCC/RDC-2022

Cert No.: DGNCC/RDC-2022/377

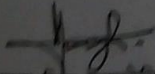
दिनांक : जनवरी 2022

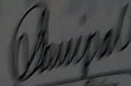
Dated : 29 January 2022

स्थान : नई दिल्ली

Place : New Delhi




उदय सिंह मन्कोटिया
Uday Singh Mankotia
कर्नल/Colonel
सचिव आर डी सी
Secretary RDC


गुरबिरपाल सिंह
Gurbirpal Singh
लेफ्टिनेंट जनरल
Lieutenant General
प्रधानदेशमुख राष्ट्रीय कैडेट कोर
Director General National Cadet Corps

LOHITH

Air Force Attachment Camp Bidar



CERTIFICATE OF TRAINING

This is to certify that

KA20 SDF 100923 Cdt Abhijit S

Has successfully completed the ACC Attachment Training conducted at this Station

From *16 May 22* to *27 May 22*



(Sameer Sondhi)
Air Cmde
Air Officer Commanding

Date: *27 May 22*

CDT ABHIJIT S

Air Force Attachment Camp Bidar



CERTIFICATE OF TRAINING

This is to certify that

KA20 SDF 160901 UFAA R Lobo

Has successfully completed the ACC Attachment Training conducted at this Station

From *16 May 22* to *27 May 22*



Date: *27 May 22*

(Sameer Sondhi)
Air Cmde
Air Officer Commanding

AARON LOBO



राष्ट्रीय कैडेट कोर NATIONAL CADET CORPS



प्रमाण पत्र CERTIFICATE

This is to certify that No. KA/20/SWF/160913.....Rank.....CUO

Name GAUTHAMI C.S.....Unit. 6 (KAR) AIR SQN NCC

NCC Directorate.....KARNATAKA AND GOA

ने 18 दिसम्बर 2021 से 29 जनवरी 2022 तक, नई दिल्ली में, वार्षिक रा. कै. को. गणतन्त्र दिवस शिविर में, अपने रा. कै. को. निदेशालय का प्रतिनिधित्व किया।

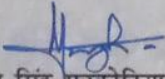
Represented his/her NCC Directorate, at the Annual NCC Republic Day Camp, held at New Delhi, from 18 December 2021 to 29 January 2022.

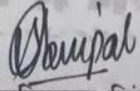
File No. : 17090/Cert/DGNCC/RDC-2022

Cert No.: DGNCC/RDC-2022/401

दिनांक : जनवरी 2022
Dated : 28 January 2022
स्थान : नई दिल्ली
Place : New Delhi




उदय सिंह मनकोटिया
Uday Singh Mankotia
कर्नल/Colonel
सचिव आर डी सी
Secretary RDC


गुरबिरपाल सिंह
Gurbirpal Singh
लेफ्टिनेंट जनरल
Lieutenant General
महानिदेशक राष्ट्रीय कैडेट कोर
Director General National Cadet Corps

GAUTHAMI C S



VOLLEYBALL FEDERATION OF INDIA

SOUVENIR



Date of Birth 14.06.2001

This is to certify that Anusha P

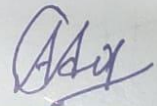
of Karnataka State / Unit has participated as player

in the 23rd Youth National Volleyball Championship for Men and Women

held at Rudrapur, Uttarakhand from 11-04-2022 to 16-04-2022.


Prof. (Dr) Achyuta Samanta
 President
 VOLLEYBALL FEDERATION OF INDIA


 Chairman
 CONTROL COMMITTEE


Anil Choudhary
 Secretary General
 VOLLEYBALL FEDERATION OF INDIA

ANUSHA P



KARNATAKA HANDBALL ASSOCIATION

Affiliated to Handball Federation of India & Karnataka Olympic association
Recognized By Sports authority of Karnataka

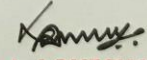
18th Junior State Handball Championship for Boys and Girls 2021-22

This is to certify that Mr / Miss / Smt SAURAV RP
Son / Daughter Of RITESH KUMAR Representing
DAKSHINA KANNADA Has participated as player / Official

in the 18th Junior State Handball Championship for Boys and Girls 2021 Organised by Bagalkot District Handball Association

at Ranna Stadium, Mudhol from 19th to 21st November 2021 .


Dr. MANOJ P. SAWKAR
President


B. L. LOKESHA
Hon. Secretary

SAURAV R P



KARNATAKA HANDBALL ASSOCIATION

Affiliated to Handball Federation of India & Karnataka Olympic association
Recognized By Sports authority of Karnataka

18th Junior State Handball Championship for Boys and Girls 2021-22

This is to certify that Mr / Miss / Smt SAURAV RP
Son / Daughter Of RITESH KUMAR Representing
DAKSHINA KANNADA Has participated as player / Official

18th Junior State Handball Championship for Boys and Girls 2021 Organised by Bagalkot District Handball Association
at Ranna Stadium, Mudhol from 19th to 21st November 2021 .


Dr. MANOJ P. SAWKAR
President


B. L. LOKESHA
Hon. Secretary



No. TRG/CERT/NRAI - 338

Date: 26-12-2021

CERTIFICATE

Certified that



SHF0608200003


Roshani

(Competitor No. 966) of
KARNATAKA STATE RIFLE ASSOCIATION, KARNATAKA
has participated in the
64TH NATIONAL SHOOTING CHAMPIONSHIP COMPETITIONS IN RIFLE EVENTS
held at **BHOPAL MADHYA PRADESH**
From **25th November To 10th December 2021** and obtained the following results

Sr.No.	Event	MQS	Score	Position	Remarks
1	10M RIFLE WOMEN (ISSF) NATIONAL CHAMPIONSHIP (Individual.)*	593.00	594.3	507	---/---
2	10M RIFLE WOMEN (ISSF) CIVILIAN CHAMPIONSHIP (Individual.)*	593.00	594.3	343	---/---

It is further certified that she is a '**RENOWNED SHOT**' in terms of Government of India's Notification No. 146/94-Cus dated 13.7.1994




K SULTAN SINGH
SECRETARY GENERAL

KARNATAKA STATE RIFLE ASSOCIATION

No. TRG/CERT/KAR - 262

Date: 18-03-2021



Certificate

CERTIFIED THAT

Primal Furtado

(Competitor No. 326) of
MANGALORE RIFLE CLUB
affiliated to

KARNATAKA STATE RIFLE ASSOCIATION, KARNATAKA

has participated in the

KARNATAKA STATE SHOOTING CHAMPIONSHIP & COMPETITION 2021 RIFLE/PISTOL
held at BANGALORE

From 23RD FEBRUARY To 28TH FEBRUARY 2021 and obtained the following results

SR.NO.	EVENT	MQS	SCORE	POSITION	REMARKS
1	10M PISTOL (NR) CHAMPIONSHIP WOMEN (Individual.)*	335.00	337	16	---
2	10M PISTOL (NR) CHAMPIONSHIP JUNIOR WOMEN (Individual.)*	320.00	337	10	---
3	10M PISTOL (NR) CHAMPIONSHIP YOUTH WOMEN (Individual.)*	305.00	337	VII	---



G Susheel
Secretary



Karnataka
One state. Many worlds.
Department of Tourism

THIS CERTIFICATE IS PROUDLY PRESENTED TO

YASH SINOJA

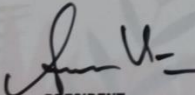
FOR PARTICIPATING IN MEN'S OPEN CATEGORY

AT THE INDIAN OPEN OF SURFING 2022 IN MANGALURU, KARNATAKA

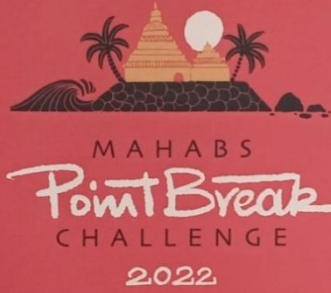


DAKSHINA KANNADA
Kingdom of Delight




PRESIDENT
SURFING FEDERATION OF INDIA

HEAD JUDGE



INDIAN NATIONAL SURF CHAMPIONSHIP

THIS IS TO CERTIFY THAT

Yash Sinojia

HAS PARTICIPATED IN THE

Surfing Men's Open

[Signature]

PRESIDENT OF SFI



Skill India
कौशल भारत - कुशल भारत

1-3 Aug'22

DATE

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Powerlifting India, Alappuzha, Kerala State.
(Former Indian Powerlifting Federation, Jamshedpur)

Recognised by: Department of Youth Empowerment & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANGALURU - 575 003. KARNATAKA STATE



Certificate of Merit

This is to certify that **Prasad DSouza**
of **Balanjaneya Gym, Mangalore**
has secured **First** place in **120** Kg. weight class
at the Karnataka State **Junior** Powerlifting
Championships held at **NIE College Auditorium, Mysore**
from **10/06/2022** to **12/06/2022**

Performance :

Squat **270.0** Kgs.
B/Press **180.0** Kgs.
D/Lift **257.5** Kgs.
Total **707.5** Kgs.

Date of Birth **23.02.2001**

Records

Meet Director

Hon. Secretary

President



VOLLEYBALL FEDERATION OF INDIA

SOUVENIR



Date of Birth 31.07.2002

This is to certify that Usama Rehazamath Ullal
of Karnataka State / Unit has participated as player
in the 24th Youth National Volleyball Championship for Men and Women
held at Islampur, Dist. Sangli, Maharashtra from 10-05-2022 to 15-05-2022.

Prof. (Dr) Achyuta Samanta

President
VOLLEYBALL FEDERATION OF INDIA

Chairman
CONTROL COMMITTEE

Anil Choudhary


Secretary General
VOLLEYBALL FEDERATION OF INDIA

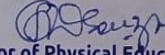
ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
MANGALORE UNIVERSITY

Accredited by NAAC with 'A' Grade
Mangalagangothri - 574 199

Certificate of Merit

This is to certify that Prasad D Souza of
SAC Manglore has secured First place in
the Mangalore University Inter-collegiate Power lifting
Tournament / Competition held at Dr. G. Shankar Gout Women's First Grade College Ajjankad Udupi
on 29 and 30th July 2022 Performance 120 kg
Sg - 270
BP - 170 NMR
DL - 355
T - 695 NMR


Convener
MUC Competition


Director of Physical Education
Mangalore University

Vision
Mission
Statement

VISION
To Evolve as a National Centre of Advanced Studies and to Cultivate Quality Human Resource

MISSION
To Provide Excellent Academic, Physical Administrative, Infrastructural and Moral ambience.
To Promote Quality and Excellence in Teaching Learning and Research.
To Preserve and Promote uniqueness and novelty of regional languages, folklore, art and culture.
To Contribute towards building a socially sensitive, humane, inclusive society.
To Cultivate critical thinking that can spark creativity and innovation.

KARNATAKA STATE
INDIA

ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
MANGALORE UNIVERSITY

Accredited by NAAC with 'A' Grade
Mangalagangothri - 574 199

Certificate of Merit

This is to certify that Prasad Dsouza of
St. Aloysius College Mangalore has secured Second place in
the Mangalore University Inter-collegiate Weight Lifting
Tournament / Competition held at Alva's College Moodbidri
on 25th and 26th July 2022 Performance 109 KG

Snatch	- 75
Clean & Jerk	- 25
Total	- 100


Conferrer
MUIC Competition


Director of Physical Education
Mangalore University

Vision Mission Statement

VISION
To Evolve as a National Centre of Advanced Studies and to Cultivate Quality Human Resource

MISSION
To Provide Excellent Academic, Physical Administrative, Infrastructural and Moral ambience.
To Promote Quality and Excellence in Teaching Learning and Research.
To Preserve and Promote uniqueness and novelty of regional languages, folklore, art and culture.
To Contribute towards building a socially sensitive, humane, inclusive society.
To Cultivate critical thinking that can spark creativity and innovation.

KARNATAKA STATE
INDIA

Certificate of Merit

ALL STYLES INVITATIONAL

5th INTERNATIONAL KARATE CHAMPIONSHIP - 2022

ORGANIZED BY

UNITED SHOTOKAN KARATE - DO INDIA
MAHIRA SHOTOKAN KARATE - DO INDIA

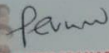
APPROVED BY

KARATE INDIA ORGANIZATION No.



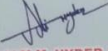
This is to Certify that Mr./ Ms. AMAR GU KHANDARE of INDIA has participated in the All Styles Invitational 5th International Karate Championship held on Jan. 8th & 9th 2022, at Swarna Bharathi Indoor A/C Stadium, Visakhapatnam, A.P., India and was placed First / ~~Second~~ / ~~Third~~ and won the Gold / ~~Silver~~ / ~~Bronze~~ Medal in the Individual Kumite / Kata Event for Sub Junior/ Cadet / Junior / Senior Men/ Women 18+ Age / Weight Category.




P.G.V.R. NAIDU (GANABABU)
MLA - Visakha West
Chairman, Org. Commt.


Hanshi BHARAT SHARMA
Mentor Karate India
Technical Commission Member WKF




Kyoshi M.M. HYDER ALI
President- USK India


Dr. MD. TAJUDDIN BABU
Organizing Secretary

