

REPORT  
ON  
EXTENSION  
AND  
OUTREACH  
ACTIVITIES  
2021-2022

**CCC 1 World Youth Parliament and CLC - Visit Infant Jesus Orphanage Konchady on the 27<sup>th</sup> of March 2022**



Visit the various charitable organization for street children, helping them redefine the idea of kindness. The interaction with the underprivileged and distributing goodies too such organizations gives our students an ability to sense the true meaning of being kind. As a part of SAHAAYA exposure Centre for Cultural Concern (CCC 1) organized Visit to Infant Jesus Orphanage Konchady on the 27<sup>th</sup> of March 2022. During the visit, students of the World Youth Parliament and CLC performed various cultural programs and conducted recreational activities for the children of the orphanage. Students were also helped to arrange the firewood, clean the garden, and nurture the plants in the orphanage. Ms. Philomena Fernandes, Ms. Jenissa Cinora, and Ms. Priya George of World Youth Parliament and CLC accompanied 35 students from both associations.

## CCC 1 Al Care - Visit Olavinahalli Old Age home on the 2<sup>nd</sup> of April 2022



The outreach programs developed and enhanced the subject's academic skills, leadership qualities, self-confidence, communication skills, managerial skills, and responsibilities toward the rural community. As a part of SAHAAYA exposure Centre for Cultural Concern (CCC 1) organized Visit to Olavinahalli Old Age home on the 2<sup>nd</sup> of April 2022. Students assisted caretakers at the institution during the visit in different routines and entertained the inmates with cultural programs and games. Students were also helped to arrange the firewood in the orphanage. Ms. Philomena Fernandes, Ms. Kavitha B, and Mr. Jessin Baby accompanied 32 students of Al Care and 13 students of WYP and CLC Associations.

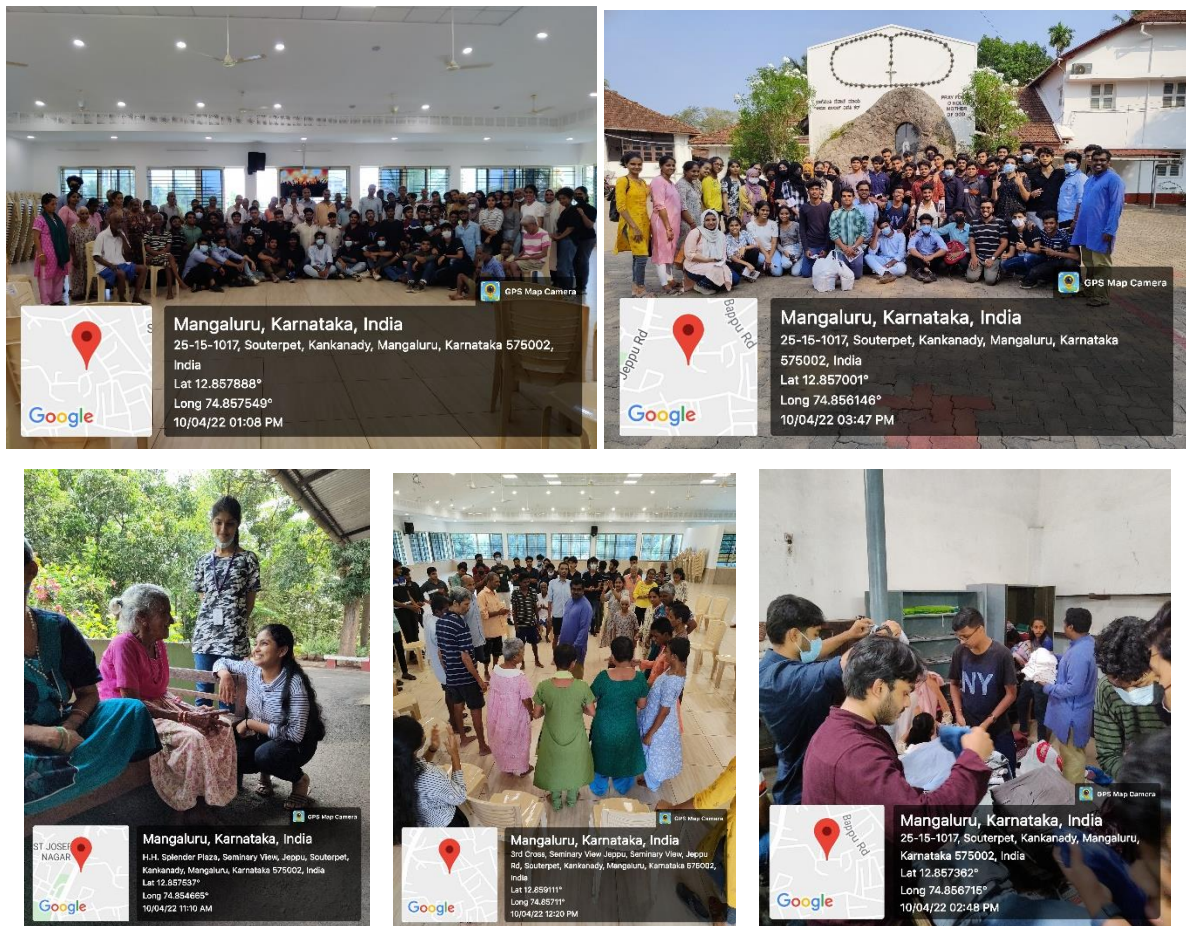


## CCC 1 AI-fine Arts - Visit to Seon Ashram Gandibagilu, Ujire on the 3<sup>rd</sup> of April 2022



Believing in a greater cause and fulfilling a greater purpose are strong morals. Putting these into action, many consider helping others in their ways. Being socially aware, an overwhelming number of groups opt to provide support through an outreach program. As a part of SAHAAYA exposure Centre for Cultural Concern (CCC 1) organized a Visit to Seon Ashram Gandibagilu, Ujire on the 3<sup>rd</sup> of April 2022. A total of 51 students of the AI-fine Arts Association took part in the exposure. The students interacted with the inmates in the institution in different routines and entertained the inmates with cultural programs and games. Items collected from students handed over to the management by our staff and students. Ms. Philomena (CSC), Ms. Karuna, and Ms. Suchithra of AI fine Arts Association accompanied the students in the endeavour.

## CCC 1 Al Madhyam – Visit St Antony Poor Home Jeppu on the 10<sup>th</sup> of April 2022



Students have learned that true happiness comes from giving. Helping others along the way makes you evaluate who you are. Being able to help is a privilege for our students for it teaches us how to become concerned with those who are in need, it helps to understand the spirit of compassion and to share what we have to, and abolish the selfishness hidden deep within us. As a part of SAHAAYA exposure Centre for Cultural Concern (CCC 1) organized Visit to St Antony Poor Home on the 10<sup>th</sup> of April 2022. During the visit, students of the Al Madhyam Association performed various cultural programs and conducted recreational activities for the elders of the orphanage. Students were also helped to segregate the clothes and folded and kept neatly in the given space. Ms. Philomena Fernandes (CSC), Ms. Bharathi, and Ms. Bhavya Shetty of Al Madhyam Association accompanied 40 students from Al Madhyam association, 6 students from al Care Association, and 4 students from Al Fine Arts Association.



**CCC 1 Music Association – Visit Krista Sevaki Ashram Parpale, Karkala on the 10<sup>th</sup> of April 2022**



The purpose of this visit was to make the students realize their social responsibilities toward Senior Citizens. Such visits also activate the student's thought process to realize the agony and pain that the people go through in their old age while living away from their dear ones. As a part of SAHAAYA exposure Centre for Cultural Concern (CCC 1) organized Krista Sevaki Ashram Parpale, Karkala on the 10<sup>th</sup> of April 2022. During the visit, Students actively participated in the shramadana, interaction with inmates, and music performance. Dr. Florin Shelomith Soans accompanied 53 students from Music associations.

**CCC 1 Dance and Dramatics Association - Visit to Seon Ashrm, Gandibagilu, Ujire on the 1<sup>st</sup> May 2022**



Visit the various charitable organization for street children, helping them redefine the idea of kindness. The interaction with the underprivileged and distributing goodies too such organizations gives our students an ability to sense the true meaning of being kind. As a part of SAHAAYA exposure Centre for Cultural Concern (CCC 1) organized Visit to Seon Ashram, Gandibagilu Ujire on the 1<sup>st</sup> May 2022. During the visit, students of the Dance and Dramatics Association performed various cultural programs and conducted recreational activities for the inmates of the institution. Ms. Philomena Fernandes, Dr Dinesh Nayak, Mr Avinash N, Ms Sandhya Sirsikar, Ms Claret Dsouza and Ms Divya Deepthi accompanied 100 students from both associations.



**CCC 1 Heritage Club, Dance Association & Music Association visited Snehalaya  
Psycho-Social Rehabilitation Centre Majeshwara on 3rd May 2022**



Members of Heritage Club, Dance Association & Music Association altogether 50 Students from St. Aloysius College Mangalore, along with the Management Association visited Snehalaya under SAHAYA programme on 3rd May 2022. They were accompanied by Dr. Aruna Kalkur, Ms Anvitha Jain, Ms Rashmi Amin & Ms. Philomena Fernandes from Centre for Social Concern.

Ms Savitha PRO of Snehalaya given the orientation about Snehalaya Psycho-Social Rehabilitation Centre for Men, Women and old age home and the other social activities of Snehalaya Charitable Trust. Students had interaction and conducted cultural activities.

In the afternoon session, all the students actively participated in garden maintenance and broomstick making as a Sahaya activity. All the students and the inmates enthusiastically participated in the activities. Students shared their experiences and thanked Brother Joseph Crasta, Founder of Snehalaya for giving an opportunity for this exposure and experience.



## CCC 1 SAHAAYA exposure at De Merced Orphanage Paneer on 15<sup>th</sup> May 2022



On 15<sup>th</sup> May 2022 as a part of SAHAAYA exposure, the Centre for Cultural Concern organized an exposure visit and work at De Merced Orphanage Paneer Deralakatte for the mentees of different associations of CCC 1. Sr Luciyana, Superior of the orphanage briefed about the institutions. After the orientation students were divided into groups and assigned different work as service to the institution. Students helped them to clean the surroundings, cut the firewood, and arranged them in the assigned place. Different cultural programs and games were conducted for the children of the institution. It was a good day for our 50 students and they spend their valuable time with the vulnerable children of the orphanage. Mentors of CCC1 Ms Binni Chan, Ms Vijayalaksmi, Ms Valerie Cardozo, and Ms Philomena Fernandes- Coordinators of Centre for Social Concern accompanied the students.

## CCC 1 SAHAAYA exposure at Mount Rosary Old Age Home on 15<sup>th</sup> May 2022



On 8<sup>th</sup> May 2022 as a part of SAHAAYA exposure, the Centre for Cultural Concern organized an exposure visit and work at Mount Rosary Old Age Home, Alangar, Moodbidri for the students of Forum – The Speakers Club. It was an amazing day for our 50 students and they spend their valuable time with inmates of the institution by interacting with them. The superior of the orphanage was briefed about the institutions. After the orientation students were divided into groups and assigned different work as service to the institution. Students helped them to pick the cashews from the field and arranged the firewood in the said place. Different cultural programs and games were conducted to the children of the institution. Mentors of Forum – The Speakers Club Ms Crystal Menezes, Mr Manoj Fernandes, Mr Ajith accompanied the students.



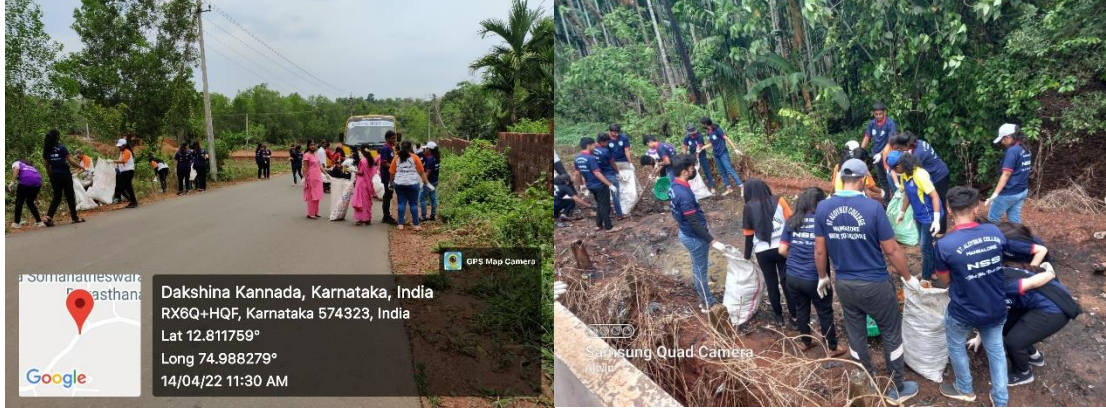
## Distribution of Saplings on the occasion of “World Environment Day” at DKZP Higher Primary School Kinnikambala on 10<sup>th</sup> June 2022



MSW field work trainees of the Centre for Social Concern of St Aloysius College, Mangalore organized a Sapling distribution program and a talk on Environment for the students of DKZP Higher Primary School, Kinnikambala. The program was inaugurated by planting a sapling in the school premises. The resource person for the program was Ms Rohini, Deputy Range Forest Officer, DK Zilla Panchayath Mangaluru. The Headmistress of the DKZP Higher Primary School, Kinnikambala Mrs Pushpalatha, SDMC Vice President Mrs. Vidya, and the Co-ordinators of Centre for Social Concern Ms Philomena were present on the dais. During the talk resource person on the program spoke about the importance of the environment, how to protect the environment, and also the importance of World Environment Day.

A total of 95 saplings were distributed among the students of the school's 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> standards. Students of the school evoked God's blessing through a prayer song. Ms Diya welcomed the gathering, Mr Joel Joseph MSW field work trainees of Centre for Social Concern delivered vote of thanks. Ms Teacher of DKZP Higher Primary School, Kinnikambala compared the program.

**ಬಯಲು ಕಸ ಮುಕ್ತ ಗ್ರಾಮ ಅಭಿಯಾನ – Clean Drive program at Ira on 14<sup>th</sup> April 2022**



Centre for Social concern, NSS, and Youth Red Cross of our college in collaboration with Ira Gram Panchayath organized ಬಯಲು ಕಸ ಮುಕ್ತ ಗ್ರಾಮ ಅಭಿಯಾನ – Clean Drive program at Ira on 14<sup>th</sup> April 2022. The program was inaugurated by B R Ambedkar's floral tribute as the day was marked as Ambedkar Jayanthi. Students including community people cleaned the places in the village. Mrs. Akshitha K. – Panchayath Development Officer, Mrs. Agnes Dsouza – Panchayath President, Secretary, Mr Alwyn Dsouza – NSS Officer, Ms. Philomena Fenandes – Coordinator Centre for Social Concern, 40 students from NSS and Youth Red Cross, ASHA workers, panchayath members and staff were present throughout the program. NSS volunteer Sweedal Lobo compared the program.



## Career guidance session at Govt Pre-University College Gurupura



On 6th April 2021, Centre for Social Concern organised "Career Guidance" session for 2nd PU students at Government Pre-University College, Gurupura which is one of the adopted village of the college under the project of Unnat Bharath Abhiyan (MHRD, Government of India). Dr Caroleena Jenifer (Commerce), Mr Avinash N (Economics) and Mr Rakesh (Botany) from UG Dept. were the resource persons of the session. Around 81 students got benefited.

## **One day Shramadan at DKZP Higher Primary School Kinnikambala**

Centre for Social Concern and NSS unit of St. Aloysius college (Autonomous), Mangalore organised One Day Camp at Dakshina Kannada Government Higher Primary School, Kinnikambala on 13/03/2021. Mr. Harsh Kumar, SDMC president, Government School, Kinnikambala inaugurated the camp by planting the sapling. Mr. Gopal, PET, Government School, Kinnikambala welcomed the gathering. Ms. Pushpalatha S, Headmistress of the School, Mr. Alwin D Souza, NSS program officer, Ms. Preema Tauro, NSS programme officer, Ms. Carrel Sharel Pereira, Assistant NSS programme Officer, Ms. Gopika and Ms. Phillomena Fernandez, Coordinators, Centre for Social Concern were present during the inauguration. During the Camp NSS Volunteers helped the school in cleaning the school garden and ground. 30 NSS volunteers took part in this program.



**Renovation of Toilet, donated cupboard, lap equipment and classroom furniture to  
Government Pre-University college Gurupura**



As Institutional Social Responsibility (2020-21), St Aloysius College (Autonomous) Mangalore donated Lab equipment, cupboard, and also renovated girls toilet worth Rs. 1,19,128.00 to Government PU College, Gurupura DK, Karnataka. As part of the Institutional Social Responsibility (2020- 21), The Centre for Social Concern, St Aloysius College Autonomous Mangaluru, donated 60 sets of benches and desks to Government PU College Gurupura DK, Karnataka.

### **A webinar on “The Rights and Challenges of Sexual Minorities in India”:**

“I have worked for 23 years for the rights to claim the identity, now success feels around the corner” said Dr. Akkai Padmashali As a part of the SAHAAYA exposure, the Centre for Social Concern organized a webinar on “The rights and challenges of sexual minorities in India” on November 13, 2021. Dr. Akkai Padmashali (Founder – Director – Trustee – Ondede Organization and a Transgender Rights Activist from Bengaluru was the eminent speaker of the day. Dr. Akkai explained the different challenges and difficulties faced by the third gender in the current scenario. After the session, breakout room discussions were held on different topics and each group was given 5 minutes to give present their view on the topic allotted and to analyze on the same. Rev. Dr. Praveen Martis SJ (Principal), Ms Jenifer Ida Mascarenhas (Dean – Extension services), Ms Ashitha Pinto and Mr Manuel Dsouza CSC - SAHAAYA Coordinators, Mentors and 330 student participants were present during the webinar. Kushi Chowta welcomed the gathering, Kevin evoked gods’ blessings, Cleona delivered vote of thanks, Ms Grace (Dept of BBA) moderated the break out room analysis session and Viola compared the program. E-Certificates were issued to all the participants.

**ಇರುವುದೊಂದೇ ಭೂಮಿ ಗಿಡ ನೆಡುವ ಮತ್ತು ಗಿಡ ವಿತರಣಾ ಕಾರ್ಯಕ್ರಮ**  
**SAPLING DISTRIBUTION AND PLANTATION PROGRAM KANDAVARA,**  
**GURUPURA**



World Environment Day was first celebrated in the year 1974. This day has created a platform to raise awareness that the world is facing problem such as air pollution, plastic pollution, global warming and sea level increasing day by day. The theme of this year's World Environment Day, "Only One Earth", is a simple statement of fact. Our only home is this world. So, it is vital to safeguard the health of its atmosphere, the richness and diversity of life on Earth, its ecosystems and its finite resources.

On 19th June 2020, the fieldwork trainees of the Centre for Social Concern organized a community program in one of the adopted villages Kandavara, Gurupura. The program was on environment protection with the theme of ಇರುವುದೊಂದೇ ಭೂಮಿ followed by planting and distribution of the sapling with regard to World Environment Day in collaboration with Kandavara Grama Panchayat, Sri Rama Sevanjali, Vidhatri Kalavider Kaikamba, Self Help Groups, Vijaya Kesari Mahila Ghataka, Thanimaniga Seva Samithi, Mundal Samaja, Bannada Jural Creations, Vijaya Kesari Friends And Ambedkar Bhavana Development committee. The program was inaugurated by Mr. Suresh Sapaliga informal leader of the community. Mr. Nagaraj Coordinator of Hasiru Dala Mangalore was the resource person for the program, Mr. Umesh Moolya the President of the Panchayat, Ms. Geeta head of SHG and leaders of different social groups were part of the program Ms. Philomena Fernandes co-ordinator of Centre for Social Concern welcomed the gathering. Ms. Jalajakshi Panchayath Secretary delivered the vote of thanks. Mr Sathish Shetty compared the program. 41 community people participated in the program followed by 30 students from St. Aloysius College Mangalore. Out of 100 saplings 35 saplings were planted in Ambedkar bhavan and the rest were distributed among the community people.



## Leadership Training Programme 17<sup>th</sup> and 18<sup>th</sup> of March 2022



Centre for Social Concern and Centre for Environmental Concern, St Aloysius College (Autonomous) Mangalore in collaboration with Samvada Youth Resource Centre organised Leadership Programme on 17<sup>th</sup> and 18<sup>th</sup> of March 2022. The programme was organised for the Commerce and Humanities students belonging to the volunteer group namely We care and Eco corner. A total of 45 students participated in the programme

Rev Dr Praveen Martis SJ, Principal, St Aloysius College (Autonomous), inaugurated the programme with his inspiring words. Ms Jennifer Mascarenhas, Dean, Extension Services, Dr Alwyn D'sa, Registrar were present for the programme.

**On the first Day, issues regarding Human rights were discussed among the students through various activities.** On the second day, why we need to raise our voice against any injustice **was discussed.** Also, some essential attributes of leaders were covered via games and activities such as team spirit, observation skills, and creativity. The programme was coordinated by Ms Jennifer Mascarenhas, Dean of extension services, Ms Philomena, Coordinator, Centre for Social Concern. Ms k Gopika, Coordinator, Centre for Social Concern and Ms Bindiya Shetty, Programme coordinator of Centre for Environmental Concern.

## **“POCSO ACT” ON 25TH NOVEMBER 2021 AT OUR LADY OF POMPEI ENGLISH MEDIUM SCHOOL KAIKAMBA**

Children as one important marginalized group who, in lieu of being carefully playing in the sun and going to school, quite often suffer from various types of maltreatment, exploitation mostly sexual. Thus, they are marginalized not only in terms of their access to basic human needs but also in expressing freely their views and getting this properly accepted on the issues vital to them.

Centre for Social Concern organized a session on the “POCSO Act” on 25th November 2021 at Our Lady of Pompei English Medium School Kaikamba. The program helped the students to clarify their doubts on POCSO Act, Safe triangle, good touch vs Bach touch, and the 5-finger system.

Ms Gopika (Coordinator of CSC) and Ms Philomena Fernandes (Program Coordinator) were the resource persons of the program. MSW fieldwork trainees of Centre for Social Concern assisted the resource persons to execute the session smoothly.

## **“POCSO ACT” SESSIONS AT ROSA MYSTICA INSTITUTIONS KINNIKAMBALA**

Centre for Social Concern organized a session on the “POCSO Act” sessions at Rosa Mystica High School Kinnikambala.

03.06.2021 and 03.12.2021 Rosa Mystica Higher Primary School, 05.12.2021 Rosa Mystica High School. The program helped the students to clarify their doubts on POCSO Act, Safe triangle, good touch vs Bach touch, and the 5-finger system.

Ms Gopika (Coordinator of CSC) and Ms Philomena Fernandes (Program Coordinator) were the resource persons of the program. MSW fieldwork trainees of Centre for Social Concern assisted the resource persons to execute the session smoothly.

## **VISIT TO CARE AND SUPPORT CENTRE**

As a part of SAHAAYA exposure, Centre for Social Concern organized visits to different institutions in and around Mangalore, from 02<sup>nd</sup> April to 8th May 2022 which are working with different target groups. Ozanam-Kalyanpur, Seon Ashram- Gandibagilu, Balashram -Kutthar and Link De-Addiction Centre- Bajal are the institutions visited by students. Students were oriented, interacted with the inmates of these NGOs, assisted to their day-to-day activities and conducted recreational activities. This exposure was useful in developing concern for the marginalized. From Kinkani Sangh, Al-Lure, Commerce Association, Hindi Sangh and Management association around hundred and sixty students actively participated. Ms Casteino, Mr Olwin Dsouza, Ms Severine Pinto, Ms Sharol Rodrigues, Ms Saritha, Mr Arwin Sandesh Dsouza, Ms Deshel Levines Fernandes, Ms Poojary Nisha Gopal, Joyce Muriel Mascarenhas, Ms Ruth Samatha Stephen Almeida, Dr Mamatha, Dr Zeena Dsouza, Dr and Ms Roicy Rekha Braggs faculty from different department along with Ms K Gopika Coordinator of Centre for Social Concern accompanied the students.



## VISIT AND WORK IN A FOREST NURSERY.



On 10th April 2022, the Centre for Social Concern organized a visit and work in the forest nursery at Shamboor in collaboration with Forest Department. Mr. Rajesh, Range Forest Officer oriented on activities undertaken in forest nursery and process of recruitment later it weeding. Mr. Preetham, Deputy Range Forest Officer explained the Variety of species available in the nursery. A total of 56 students from different streams actively took part. Joyce Muriel Mascarenhas, Ms. Ruth Samatha Stephen Almeida, and Ms. Roicy Rekha Braggs faculty from different departments along with Ms. K Gopika Coordinator of the Centre for Social Concern accompanied the students

**‘BEAUTIFUL LENGTHS’ HAIR DONATION DRIVE HERE AT ERIC MATHIAS  
HALL ST ALOYSIUS COLLEGE ON TUESDAY DECEMBER 21**



Centre for Social Concern (CSC) at St Aloysius College, Indian Catholic Youth Movement, central council, diocese of Mangalore, Caritas India, CODP Sparsha - Campaign Against Cancer and Mercy Beauty Academy organised ‘Beautiful Lengths’ hair donation drive here at Eric Mathias hall St Aloysius College on Tuesday December 21. As many as 53 donors aged from 12 to 70 donated their hair.

Addressing the gathering, Fr Melwin Pinto, Rector, St Aloysius Institutions said, “We should actually honour the donors who have come forward to donate their hair for those who are suffering from cancer.” Fr Dr Praveen Martis, Principal, St Aloysius College, said, “This is a good initiative. We always need to give something who are in need and this is the best way to help someone who is suffering.”

Irene Pinto, a 60-year-old hair donor from Padavinangady said, “I have seen my sister in hospital suffering from cancer. She was worried about hair fall. Hence, I decided to donate hair. I grew my hair and donated it.”

Tapasvi from second year BA from St Aloysius College said, “This was in my mind from long ago. I started growing my hair for this day. I feel really happy to donate my hair for cancer patients.”

Aishwarya from 2nd year Masters in St Aloysius College said, “Being a biology student, I read about the cancer where they will have hair fall. So I decided to donate my hair to cancer patients.”

Lenet Gonsalves, Programme Manager, CODP, Fr Ashwin Cardoza, Director, ICYM Mangalore Diocese, CODP Programme Coordinator Shilpa, President of ICYM Mangalore Diocese Jaison Crasta, Veena D’Souza from Mercy Beauty Academy and Oncologist Dr Karthik was also present.

Jennifer Mascarenhas, Dean, Extension Services, St Aloysius College welcomed the gathering,

Coordinator of Centre for Social Concern Philomena Fernandes proposed the vote of thanks and Mazel Fernandes compered the event.

**“WOMEN SAFETY AND RIGHTS” HELD ON 28TH SEPTEMBER 2021 AT  
KANDAVARA PANCHAYATH HALL**



Centre for Social Concern, St Aloysius College (Autonomous) Mangalore in collaboration with Kandavara Grama Panchayath and Bajpe Police Station organized a program on “Women safety and Rights” on 28th September 2021 at Kandavara Panchayath hall. The program was inaugurated by lighting the lamp. Mr Poovappa, Police Sub Inspector, Bajpe Police Station and Dr Shwetha Rasquinha, HOD, PG Social Work, St Aloysius College (Autonomous) Mangalore were the resource persons for the program. Both the resource persons addressed the gathering saying that crimes against women occur every minute in India. Women are not safe, whether it is in their houses, public places or at the workplace. But every woman should be brave enough to fight for their rights also with courage and understanding, every woman should protect herself and become a role model and equality can be achieved in society if all men and women are treated equally.

Mr Umesh Moolya - President of Kandavara Panchayath, Mr Yashawanth Belchada-Panchayath Development Officer, Mrs. Jalajakshi – Secretary Kandavara Panchayath were present on the dais. Joel Kundukulam - Field Work trainee prayed, Mr Yashawanth Belchada-Panchayath Development Officer welcomed the gathering, Ms Philomena Fernandes - Program Coordinator- Centre for Social Concern, compared the program and Ms Gopika - Centre for Social Concern delivered the vote of thanks. Anganwadi teachers, ASHA workers, Panchayath members, community people participated in the program.



## VISITS TO CARE AND SUPPORT CENTRES

Collaborating agency : - Snehalaya and Seon Ashram

Dates of the activity : 31.10.2021 to 01.11.2021

No. of students participated: 100



As a part of SAHAAYA exposure, Centre for Social Concern organized visits to different institutions in and around Mangalore, from 31<sup>st</sup> October to 01<sup>st</sup> November 2021 which are working with different target groups. Snehalaya- Manjeshwar and Seon Ashram- Gandibagilu are the institutions visited by students. Students interacted with the inmates of these NGOs and conducted recreational activities. This exposure was useful in developing concern for the marginalized. Dr Vishanz Pinto, Ms Ruth, Ms Karuna Lobo, Mr Ayush Kottary and Naveen D Almeida faculty from different department along with Ms K Gopika and Ms Philomena Coordinators of Centre for Social Concern accompanied the students.

## **SAC OBSERVED NATIONAL GIRL CHILD DAY & LAUNCHED BLOOD DONATION PORTAL**

Centre for Social Concern, Youth Red Cross and Students Council of St Aloysius College (Autonomous) Mangalore observed National Girl Child Day on 26th January 2022 in the College Auditorium. On this occasion, Blood Donation Portal was officially launched.

Rev Fr Melwin Pinto SJ, Director of Centre for Social Concern and Rector St Aloysius Institutions, Rev Dr Praveen Martis SJ, Principal, St Aloysius College (Autonomous), Vijoy Cardoza, President, Student Council, Ms Jennifer Mascarenhas, Dean, Extension Services, Mr Ayush Kottary, President Youth Red Cross, Mr Jaison Crasta, President, ICYM, Ms Vishma DCunha, General Secretary, Volunteer groups, We Care and Eco Corner, members of Youth Red Cross and office bearers of Students Council were present for the inauguration.

**“National Girl Child Day Celebration” with the theme ‘Girls of today, leaders of tomorrow’**

Centre for Social Concern along with ‘We Care’ volunteers observed “National Girl Child Day”. Ms Rejina, Counsellor of St Aloysius College was the resource person for the program. She explained about the different problems faced by women or girl children in India and the laws related to the same. Also she inspired the girls to become a good leader in the future.

Students were divided into 8 groups and different competitions & cultural programs were also organized by the volunteers such as:

1. Quiz competition
2. Drawing competition on “Girl Child”
3. Tongue twister
4. Spot games

At the end from each group students themselves chose a “Best Performer of the event”. Mishel, Preema and Shaina, II B. Com conducted the program. Altogether 75 Students from Aloysius College hostel and “We Care” volunteers took part in the program.

### **St Aloysius College Blood Donation portal**

With the initiative of student’s council and Youth Red Cross of the college in association with “We Care” social concern volunteer group, launched Blood Donation Server, in the Student

Connect App. The college President, Vijoy Ashwin Cardoza briefed the purpose to the students.

Blood Donation portal is designed for the following purpose:

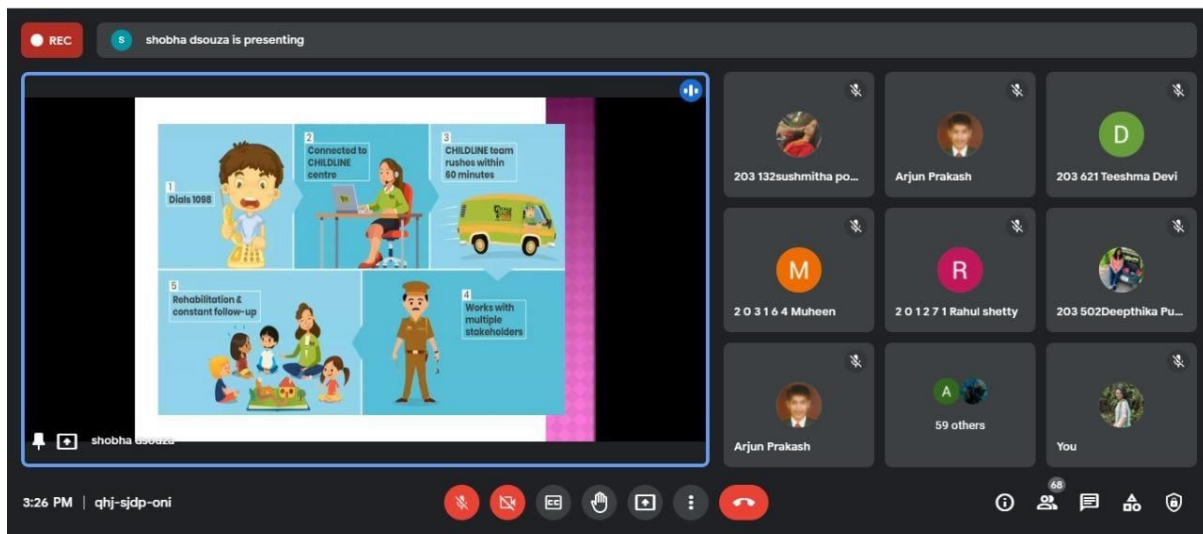
- Posters of blood requirements will be posted under the Red Drop app and also in the web portal.
- This portal will help the youth to find out those in need of blood and to move forward with blood donation and to encourage others to donate blood as well.

As the web portal was being launched, Tania Pinto – Youth Red Cross member of the College and Blairil Vishma DCunha, General Secretary of ICYM, Mangalore Diocese briefed the audience about the Blood Donation and Red Drop App and its uses. This is indeed a great initiative by ICYM and St Aloysius College by launching a web portal and addressing the problem of blood shortage in Mangalore.

Glavin DSouza, II BA compered the programme. Nigel Rodrigues and team evoked Gods' blessings, Ms Philomena Fernandes, Program Coordinator of Centre for Social Concern welcomed the gathering and Ms Jennifer Mascarenhas delivered the vote of thanks.



## ONLINE SAHAAYA- ORIENTATION, INPUT SESSION POSTER MAKING, COLLAGE MAKING, VERTICAL GARDENING AND PLANTATION



Covid-19 has now been a part of our lives for more than a year. Even though it has affected people across the globe in several ways, it has drastically altered the lives of students, causing deterioration in their physical and mental health. Amid the pandemic, schools and colleges in India have been functioning virtually, severely disrupting the social skills and overall development of students. College students have been missing out on their joyous campus life, which has a key role to play in preparing them for the future. This tremendous shift in academic structure has triggered an increased sense of anxiety, stress, anger, and loneliness in students, leaving them in a state of confusion and vulnerability.

In order to cope effectively with the changing environment, Centre for Social Concern organized virtual activities for 1<sup>st</sup> year SAHAAYA students and they have actively participated in SAHAAYA activities to help maintain an everyday balance and bring a sense of perspective.

In order to brief and make the students understand the objectives and purpose of SAHAAYA, Orientation sessions were conducted in the month of May 2021. Students were divided into different groups and oriented by different faculty members and a good number of 429 students actively participated and completed their orientation.

In collaboration with Sanjeevani Life Beyond Cancer, Centre for Social Concern organized a session on “Cancer Prevention-Healthy life style and COVID-19” on 27<sup>th</sup> July 2021 by Ms Sumki Begum, Program Coordinator, Senjeevani Life Beyond Cancer. An additional session was also conducted on 22<sup>nd</sup> May 2021 on the topic “Role of Child Welfare Committee in the care and protection of children” by Ms Shobha Dsouza, Faculty of Social

Work Department, School of Social Work Roshni Nilaya, Mangaluru. A total number of 425 students actively participated the sessions.

To make students more creative and active Centre for Social Concern organized 04 different types of activities such as Sapling Plantation, Vertical Gardening, Cloth bag stitching and Poster or Collage making on different themes. Students were given options to choose any two among 4 activities mentioned above. Around 401 students' activity participated, completed and experienced the virtual activity.

This wouldn't have been successful without the support of Coordinators, Association Presidents, Mentors and each student. Centre for Social Concern would like to extend our heartfelt gratitude and thanks to each and every one who made all the activities successful.

## **COVID 19 FOOD KIT DISTRIBUTION**

On 25<sup>th</sup> of June 2020 Centre for Social Concern and Mangalore Jesuit Educational Society (MJES) supported 40 families of unorganized laborers in the city of Mangalore who were in economic crisis due to Pandemic. Through socio economic survey, Centre for Social Concern identified needy families in the city who were engaged in domestic work and daily wage work.

The kit of essentials contained Red Chilly, Sugar, Salt, Tea powder, Refined Oil, Green gram, Coriander Seeds, Tamarind, Boiled Rice, Bathing Soaps, Detergent Soaps, Colgate Toothpaste, Pine Oil and Sanitary Napkin.

Mr Bharath Kumar, Corporator of Suterpete and with the help of scholastics of Asha Kiran along CSC Coordinators distributed the provision kits in Asha Kiran Jesuit formation house, Mangalore.

## **COVID 19 RELIEF KITS DISTRIBUTION FROM CENTRE FOR SOCIAL CONCERN**



On 15<sup>th</sup> of May 2020 Centre for Social Concern distributed food grains and essential items to the families of Kandavara adopted village and they were helped to cope with the ongoing lockdown.

The kit of essentials contained Rice, Dal, Chilly Powder Papad, Mutter, Garbanzo beans and beans seeds. Around 09 families got benefited.

Mrs Vijayalaxmi President of Kandavara gram panchayath, Ms K Gopika, Ms Philomena from Centre for social Concern visited the houses to distribute the kits.



## **VISITS TO VARIOUS CARE AND SUPPORT CENTRES**

Collaborating agency : - Snehalaya, Paschim Trust and Link-De-Addiction

Dates of the activity : 18.10.2021 to 20.10.2021

No. of students participated: 122

As a part of SAHAAYA exposure, Centre for Social Concern organized visits to different institutions in and around Mangalore, from 18<sup>th</sup> October to 20<sup>th</sup> October 2021 which are working with different target groups. Snehalaya- Manjeshwaar, Paschim Trust- Ullal and Link De Addiction-Bajal are the institutions visited by students. Students interacted with the inmates of these NGOs, conducted recreational activities and also assisted in day today work. This exposure was useful in developing concern for the marginalized. Ms Vinitha and Ms Rishal faculty from B. Com department along with Ms K Gopika Coordinator of Centre for Social Concern accompanied the students.

## **BEACH CLEANING AT THANNIRUBAVI**

**Collaborating agency : - Forest Department of Mangaluru Range**

**Date of the activity : 20.10.2021**

**No. of students participated: 52**

To clean the surroundings of the beach and create awareness among the students Centre for Social Concern organized beach cleaning at Thannirubavi beach, in collaboration with Forest Department Mangaluru. Around 52 SAHAAYA students actively participated in the program. Large number of plastic covers, bottles and wastage were collected and handed over concerned authority. Mr Dinesh kumar, Deputy Conservator of Forests (DCF) Mangaluru addressed the students and appreciated their work, Mr Sanjay, Deputy Range Forest Officer guided the team. Ms Pooja and Mr Arjun along with Ms K Gopika Coordinator of Centre for Social Concern accompanied the students.

## A WEBINAR ON “DEALING WITH THE CRIMES AGAINST CHILDREN AND THE IMPORTANCE OF SEX EDUCATION FOR STUDENTS”

For the teachers of schools and colleges from adopted villages.




**St Aloysius College  
(Autonomous) Mangaluru  
Karnataka-575003**

**Centre for Social Concern**  
under the project of Unnat Bharat Abhiyan  
Organizes  
A webinar on  
“Dealing with the crimes against children  
and the importance of Sex Education for  
students”  
for the teachers of schools and colleges from adopted villages

**2nd September 2021  
Thursday  
Time: 10:00am-11:30am**

**Resource Person**



**Dr Deena DSouza**  
HOD  
UG Department of Social Work  
St Aloysius College  
(Autonomous) Mangaluru

Rev. Dr Praveen Martins SJ  
Principal

Anusree Natakal & Joel Joseph  
Interns  
Centre for Social Concern

Coordinators  
Centre for Social Concern

**E-Certificates will be provided to all the participants.**

Meet link:  
<https://meet.google.com/vvy-knru-uxq>

Registration link:  
<https://forms.gle/6aMn1MdE8sUHPXbYA>

As a part of the internship, interns of the Centre for Social Concern organized a webinar on 2nd September 2021 (10:00 am - 11:30 am). The webinar was organized for the teachers of the adopted villages and teachers from other schools had also participated in the webinar. The webinar was on the topic ‘Dealing with the crimes against children and the importance of Sex Education for students.’

Mr Joel Joseph and Ms Anusree Natakal, interns of Centre for Social Concern hosted the session by briefing about sex education. There were around 35 participants in the webinar scheduled on the Google meet platform.

The resource person, Dr Deena Dsouza Head of UG Social Work began the session by sharing about the role of a teacher in a student’s life and how to understand if a student is having trouble. The resource person explained the importance of sex education for the upcoming generation and included incidents of children who experienced abuse, which cases she handled. Explained some methods for the teachers to identify child abuse and to deal with these children. Some of the methods mentioned below:

- Creating a safe environment for children.
- Giving individual attention for children.
- Informing the parents and police.
- Providing sessions on sex education and POCSO.
- Providing counselling and emotional support for overcoming abuse to avoid future consequences.

The session was concluded by a brief explanation of menstrual hygiene followed by a Q&A session. The interns delivered the vote of thanks and provided E-Certificates for the participants.



## STATE LEVEL WEBINAR ON “CLAIMING YOUTH SPACES FOR THE WELL-BEING OF THE PLANET AND IT’S PEOPLE”

**ST ALOYSIUS COLLEGE (AUTONOMOUS)**  
**MANGALURU,**  
**KARNATAKA - 575003**

On the occasion of International Youth Day 2021  
Centre for Social Concern  
organizes  
A State Level Webinar on

**"CLAIMING YOUTH SPACES FOR  
THE WELL-BEING OF THE  
PLANET AND IT'S PEOPLE"**  
dialogue with youth

**12th August 2021  
2:30pm-4:00pm**

Meeting ID: 83187443133  
Passcode : 5948  
<https://us02web.zoom.us/j/83187443133?pwd=NHRLcW4wdjgrblFR3JlY2kxUGhNZz09>

**MR JANARDHANA KESARGADDE**  
Convener of Youth Work Resource  
Center, Samvada, Bengaluru

Rev. Dr Praveen Martis SJ  
Principal

Rev. Fr Melwin Pinto SJ  
Director  
Centre for Social concern

Ms Philomena Fernandes  
Convener & Coordinator  
Centre for Social Concern

e-certificate will be provided to all the participants

"THE FUTURE OF A NATION DEPENDS UPON THE YOUTH OF THE COUNTRY"  
BEST WISHES ON INTERNATIONAL YOUTH DAY TO THE YOUNG BRAINS AND MINDS  
OF OUR NATION

On the occasion of International Youth Day, Centre for Social Concern organized a state level webinar on “Claiming youth spaces for the well-being of the planet and it’s people” on 12<sup>th</sup> August 2021 (2.30pm-4.00pm). The webinar saw the participation around 120 participants scheduled on Zoom platform.

Ms Philomena Fernandes, Coordinator of Centre for Social Concern welcomed the eminent resource person, dignitaries and participants also formally introduced the resource person Mr Janardhan Kesargadde, who is working as youth work resource centre Samvada Bengaluru and engaged in youth sensitization, leadership and alternative livelihood training but also in advocating and campaigning for youth rights at national level.

Rev Fr Melwin Pinto SJ Director of Extension Centers of the college addressed the gathering and urged the youth to involve in the nation progress activities in order to build the healthy nation.

Ms Bindiya Shetty Coordinator of Centre for Environmental Concern moderated the Q&A session and delivered vote of thanks. Ms K Gopika Coordinator of Centre for Social Concern compared the program.

## SAC OBSERVED INTERNATIONAL WOMEN'S DAY



Centre for Social Concern and Centre for Environmental Concern, St Aloysius College (Autonomous) Mangalore observed International Women's Day on 10th March 2022 in the College Auditorium for non-teaching staff.

Rev Fr Melwin Pinto SJ, Director of Centre for Social Concern and Rector St Aloysius Institutions, Rev Dr Praveen Martis SJ, Principal, St Aloysius College (Autonomous), Ms Jennifer Mascarenhas, Dean, Extension Services, Dr Alwyn D'sa, Registrar, Fr Vincent pinto SJ, Finance officer, Dr Dinesh Nayak, HR and Mr Donnet Dsouza were present for the programme.

**“International Women's Day” with the theme ‘Gender equality today for a sustainable tomorrow’**. Tharikitakalammatta and their team were the resource persons for the program. They explained about the different problems faced by women in India through performing drama and songs. Also, they enlightened the women audience to become strong against abuses. Second part of the day was felicitating supportive staff along with maintenance officer of the college by Ms Bindiya Shetty, Coordinator, Centre for Environmental Concern. Rev Fr Melwin Pinto SJ, Director of Centre for Social Concern and Rector St Aloysius Institutions, Rev Dr Praveen Martis SJ, Principal, St Aloysius College (Autonomous) appreciated their service rendered to the institution.

For the audience Quiz competition held by Ms Philomena, Coordinator, Centre for Social Concern. Ms k Gopika, Coordinator, Centre for Social Concern welcomed the gathering and Ms Jennifer Mascarenhas, Dean of extension services proposed vote of thanks.

## “CHINNARA KARANJI” AT GOVT HIGHER PRIMARY SCHOOL, MADVA, VAGGA



Date: 26/5/22 and 27/5/22

Time: 10:00 AM- 4:00 PM

### **Objectives:**

- To develop competence in life skills
- To make them aware about their own abilities and to benefit from meaningful participation

The Social Work Trainees of the Centre for Social Concern, St Aloysius College (Autonomous), Mangaluru, conducted a two-days of "Chinnara Karanji" programme for the children of Govt. Higher Primary School Madva, Vagga. On the first day, the programme began with the inauguration and the planting of a sapling. After that, an inaugural speech was given by Mr. Chandra Shekar, a member of the Kavalapadur Panchayath. Through motivational words, Mrs. Bhavani, the Head Mistress of the school, inspired the gathering.

The resource person of the day was Mr. Dinesh Holla, who is a well-known international artist, author, and environmentalist. He taught the students an easy method of craftwork skills. Different kinds of activities were being carried out with the use of craft papers. In the second session, handwriting improvement techniques were taught to the students. In order to sensitise the crowd about environmental conservation, he enlightened them by telling short stories along with folk songs and dance.

On the second day, Ms. Sweedal D'Souza, a counsellor at St. Aloysius College (Autonomous) Mangaluru, was the resource person where different activities based on life skills were being

taken up. The main aim of teaching life skills to the children was to make them aware of the potential they have and also make them aware of all the skills like leadership skills, decision-making skills etc. In the afternoon session, Ms Janpeni Patton, Ms Ibalabet Syiem, and Ms Wilma Viyola Lobo, social work trainees of the Centre for Social Concern, took up the lead in teaching the children different traditional dances and songs of Nagaland and Meghalaya states. Around 40 children actively participated, and the best students were recognised and appreciated.

Ms Jennifer Mascharanas, Dean of Extension Services and Ms K Gopika, Coordinator of the Centre for Social Concern, guided and accompanied the trainees. Ms. Wilma Viyola Lobo, Social Work Trainee, welcomed the gathering.



## CLEAN DRIVE PROGRAMME



On 2nd April 2022 under the Unnat Bharat Abhiyan project, the Centre for Social Concern conducted a clean drive program in collaboration with NSS and Kavalapaduru Grama Panchayath at Kavalapaduru village. The volunteer helped in cleaning the blackspots which are filled with plastics, medical waste, and plastics. The volunteers segregated the waste as wet and dry. Around seventy-five NSS volunteers and community members participated and made this program successful.

Mrs. Rajani, a member of the Panchayath addressed the gathering, and social work trainees of the Centre for Social Concern along with Mr. Alwin D'soza, Ms. Preema Tauro, and Mrs. Carrel Sharel guided and accompanied the students.

**AWARENESS AND PLANTATION PROGRAM IN KADABETTU GOVT.  
PRIMARY SCHOOL, VAGGA**



Date: 17 June 2022

Day: Friday

Time: 10AM-4PM

17th June, 2022 Social Work Trainees of the Center for Social Concern, St Aloysius College (Autonomous), Mangaluru in collaboration with Forest Department, Bantwal conducted an awareness and plantation program at Govt. Primay School, Kadabettu, Vagga.

Mr. Rajesh, Range Forest Officer at Bantwal Range resource person, sensitized the students about the importance of forest and the planting of saplings. After the session inauguration was done by planting the sapling. Mrs. Harinakshi teacher of the school spoke about importance of preserving the environment. Later each student planted a sapling; they were the one responsible for nurturing those plants by providing water and fertilizer. This concept may develop among students concern towards nature. Around 45 students actively participated and benefitted from it. Along with the resource person, Mr Gajanana, President of SDMC, members of and the teachers of the school were present.

Ms K Gopika, Coordinator of the Centre for Social Concern, guided and accompanied the trainees. Ms. Janpen, Social Work Trainee, welcomed the gathering. Other social work trainees helped the students plant the saplings.

## REPORT ON RADIO PROGRAMME



Date: 13 May 2022

Time: 11 AM- 12PM

Venue: Radio Sarang St Aloysius College

Objectives:

- To aware people about self-employment
- To inculcate knowledge to people to generate their own income

On 13/5/22 Social Work trainees, Centre for Social Concern of St Aloysius College conducted a Radio Programme on “Self-Employment “at Radio Sarang 107.8 FM. The Resource person Mrs Shobha who is a Block Resource Person of Bantwal Taluk, interviewed on self-employment. National Rural Livelihood Mission (NRLM) was being emphasized about scheme, eligibility criteria, benefits and techniques for investment.

Resource person mentioned about NRLM objectives, functions procedure and skills required to start a self-employment. The main objective of NRLM scheme is to help an individual to generate own income as well as to improve standard of living condition.

Ms Shobha shared her opinion that the benefit of working in group is much more beneficial and effective than working as an individual. team work brings more progress and development helps improve one’s skills and abilities.

**SAPLING DISTRIBUTION FOR THE STUDENTS OF ROSAMYSTICA KANNADA  
MEDIUM SCHOOL KINNIKAMBALA**



On 3rd June 2022, on the occasion of World Environment Day, field work trainees of Centre for Social Concern organised a program on Sapling Distribution for the students of Rosamystica Kannada Medium School Kinnikambala. Mr B Jagaraj (DRFO Mangalore), was the resource person for the day. Sr. Leera Maria Manager Rosamyatica Institutions, Sr Lilly Dsouza - Headmistress Rosa Mystica Higher Primary School, PTA Vice President Mrs. Geetha, Ms. Jennifer Mascarenhas Dean of Extension Services, St Aloysius College Mangalore, Ms Philomena Fernandes and Ms Gopika of CSC were present. 90 saplings were distributed to the 7th standard students of the school. Ms Philomena Fernandes Coordinator CSC, Ms Gopika Coordinator CEC and field work trainees were also present.



## STUDENTS OF COMMERCE ASSOCIATION PARTICIPATED IN VOLUNTEER SERVICE IN GOVERNMENT PU COLLEGE GURUPURA



As an SAHAAYA exposure, on 1<sup>st</sup> November 2022, as the occasion of Kannada Rajyothvasa, 90 students of Commerce Association actively participated in shramadan held at Government PU College Gurupura. It's a college located in one of the adopted villages of the college. Commerce Association students helped in cleaning the playground of the college. Ms Viola – Lecturer welcomed the students. Dr Zeena, Ms Renita, Ms Sharol, Ms Rutha, Ms Joyce, Ms Nisha of Commerce Association accompanied the students.

**DONATED DESK AND BENCHES TO DIFFERENT GOVERNMENT AND AIDED SCHOOLS IN DAKSHINA KANNADA**

On order to help the needy government schools our college in assistance with Centre for Social Concern, has donated desk and benches to the different schools. Details of the schools are below:

1. Dikshina Kannada Zilla Panchayath Higher Primary School Kinnikambala – 19.02.2021 – 21 sets
2. Government Composite Pre-University College Gurupura – 23.02.2021 – 60 sets
3. Dikshina Kannada Zilla Panchayath Higher Primary School Madhva – 15.02.2022 – 8 sets
4. Dikshina Kannada Zilla Panchayath Higher Primary Urdu School Kavalakatte – 15.02.2022 – 18 sets
5. Dikshina Kannada Zilla Panchayath Higher Primary School Pudu – 17.03.2022
6. Dikshina Kannada Zilla Panchayath Higher Primary School Baikampady – 08.03.2022 – 7 sets
7. Dikshina Kannada Zilla Panchayath Higher Primary School Marakada – 11.02.2022 – 10 sets
8. Dikshina Kannada Zilla Panchayath Higher Primary School kavalamuduru – 02.02.2022 – 10 sets

2nd July 2022  
World Drugs Day

On the occasion of International Anti-Drug Addiction and Prevention of Illegal Trafficking 200 volunteers from YRC, NSS & NCC of our college participated in the awareness program on "Drug awareness and humanitarian crises" on 2nd July 2022 organised by District Panchayat, District Health and Family Office, Metropolitan Police in association with St Aloysius College ( Autonomous) Mangaluru.

The inaugural ceremony was presided by Dr Rajendra K V, IAS Deputy Commissioner DK, Rev Dr Praveen Martis S J, Principal St Aloysius College (Autonomous) Mangaluru, Dr Kumar C O, IPS Police Commission Mangaluru, Dr Kishor Kumar District Health Officer DK, Dr Jagdish, District Surveillance Officer DK, Dr Sujay Kumar, Taluk Health Officer Mangaluru and Dr Alwyn DSA, Registrar St Aloysius College (Autonomous) Mangaluru as chief guests. The resource person for the day was Dr Sharanya Shetty (Mental Health Physician, Assistant Professor KMC Hospital Mangaluru).



## I Year Members

SI No	Reg. No	Student Name
1	210008	LAXMISHA N SHETTY
2	213130	WILVIYA MIRANDA
3	213441	MITHALI U
4	213553	RELVIN PETER D SOUZA
5	213558	SANJANA ANCHAN
6	213728	LENISHA MALAIKA MORAS
7	213729	LEORA SANIA RODRIGUES
8	213910	RASHMI DSOUZA
9	213911	SHANNON.BENEDICT
10	213957	RIPSON LOBO
11	214201	AKHILESH J BANGERA
12	2110602	AKSHATHA K
13	2112219	NABEEHA FATHIMA
14	2115502	AKHINESH A
15	2120909	STEVE JOE PERES
16	2121110	SAYOOJYA AJAI KUMAR

## II Year Members

SI No	Roll No	Student Name
1	201113	MACWIN DSOUZA
2	201120	REOIN RICHARD BARNES
3	202306	ROSHNI C J
4	203224	AUSTIN MELROY DSOUZA
5	203312	P DEEKSHITH BHAT
6	203313	MAHAMMAD RAZMAN
7	203409	SHAHAANK B J
8	203445	MUHAMMED HASAN SULAIM
9	203459	SAMUEL SAMSON KUNDER
10	203510	SINCHANA K S