



**ST ALOYSIUS COLLEGE  
(AUTONOMOUS)  
MANGALORE 575 003**

DEPARTMENT OF  
POSTGRADUATE STUDIES  
IN  
**CHEMISTRY**

Offers  
Online Certificate Courses  
In

1. **SPECTRAL INTERPRETATION OF ORGANIC COMPOUNDS**
2. **CULINARY CHEMISTRY - EVERYDAY CHEMISTRY OF COOKING**
3. **COSMETIC CHEMISTRY**
4. **REAGENTS IN ORGANIC SYNTHESIS**
5. **MOLECULAR SPECTROSCOPY - A THEORETICAL APPROACH**
6. **SEPARATION TECHNIQUES IN CHEMICAL ANALYSIS**

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## 2.Culinary Chemistry - Everyday Chemistry of Cooking

**Course Coordinator : Ms Jyothi Vaz**

**Objectives :** Culinary Chemistry-Everyday chemistry of cooking is a 30 hours Certificate online course aims to explore basic chemical concepts of everyday used materials in kitchen. Students will be able to relate food and related topics to various chemistry concepts and understand the Chemical reactions, processes of cooking. This is an interesting and applicable course which encourages the students to explore science, specially Chemistry in everyday life.

**Eligibility :** All B.Sc/M.Sc students who have studied chemistry at PUC level

**Contents:** Taste and Flavor : Sense of taste and smell, Chemical reactions in cooking, Maillard reactions. Foams: Egg Foam, Fat foam, Gluten foam, Sugar foam, Gelatin foam – bread recipe, leavening alternatives. Protein Chemistry: Amino acids, Denaturing proteins, milk, egg, meat, enzymes, glutamate and cheese. Emulsions: Emulsifying agents, Gum stabilizers. Colloids, Gel and suspensions: Water based colloids, Starches, Agar and agarose, pectin and protein gels. Oils and Fats: Saturated fats, Monosaturated fats, polysaturated fats, Omega-3 and Omega-6 fats, trans fats. Solutions: Syrups and broth, candy and liquors. Crystallization: Sugar crystals and controlling the size of the crystals. Heating: Browning reactions, Protein denaturing, volume reducing and drying, flavour producing, carcinogens, colour changes, nutrition changes and leavening. Acids and bases: Cooking with acids and cooking with bases. Oxidation and Reduction: Apples, Avacados and lemon juice, Vinegar from wine, antioxidants. Boiling and Freezing: Raising the boiling point, Pressure cookers; Lowering the freezing point, making ice cream. Chemistry of yeast, yogurt, buttermilk, wine and beer. Cooking utensils: Methods and gadgets

**Learning outcomes:-** After successful completion of this course candidate will be able understand the chemistry of food products, chemical reactions involved in cooking and understand the right use of various gadgets and utensils used in kitchen.

**Timings :** 5.00 to 6.30 pm (Once in a week)